

Susie De Pavia  
quotes 2015



You deserve a life full  
of happiness,  
satisfaction and  
triumph.

Find this in everything  
that you  
do!

Susie De Pavia



**APPRECIATE WHO YOU ARE,  
WHAT YOU HAVE ACCOMPLISHED,  
AND THE CAPACITY YOU HAVE  
TO ACHIEVE MORE.**

*Susie De Pavia*

BELIEVE IN YOURSELF  
AND EVERYTHING YOU  
HAVE DREAMED OF  
BECAUSE YOU CAN MAKE  
IT A REALITY.

*Susie De Pavia*

A photograph of a stone archway leading to a bright sunset over a field. The archway is made of dark, textured stone. The sun is low on the horizon, creating a large, bright orange and yellow glow that fills the archway. The sky is filled with soft, white clouds. In the foreground, a gravel path leads through the archway. To the left, there is a small wooden fence and a tree. To the right, there is a metal gate. The overall scene is peaceful and hopeful.

*A negative mind*  
can not create a positive life

*Susie De Pavia*


In order to achieve great things  
you can't just plan and dream

You must also act and believe that you can do it!



DREAMS

Susie De Pavia



Look to the future without letting your  
past mistakes hold you back.

Learn from them, forgive yourself,  
and move forward

Susie De Pavia



Learn something new  
every day. Take  
interest in others

---

and what you can  
learn from them

Susie De Pavia






Do not be afraid of adversity.

Instead, face each challenge with courage

Susie De Pavia



You have the power to  
overcome any obstacle

What are you waiting  
for?

Do it!

Susie De Pavia



Stop looking  
for approval  
from others

Approve of who you  
are and what you do  
with pride and  
satisfaction

Susie De Pavia

The answers lie within you  
when you truly trust in your strenght  
and confidence



Susie De Pavia

Inside your mind lies the  
purpose  
and direction of your life.

You can find it listening to all  
knowledge you possess inside  
yourself.

Susie De Pavia



You can come to realize at  
any given moment that  
you have the

*capability of making a better  
future*

★  
Susie De Pavia

When you believe in  
everything that you are  
and everything you can  
be, your fears and doubts  
will disappear

Susie De Pavia

A scenic view of a snowy mountain range with a winding road in the foreground, overlaid with a circular graphic containing text.

Trust even when you  
feel weak, keep on going  
without giving up

Everything is temporary,  
nothing is permanent

Susie De Pavia



Recognize every resource available  
within yourself

and make every aspect of your life

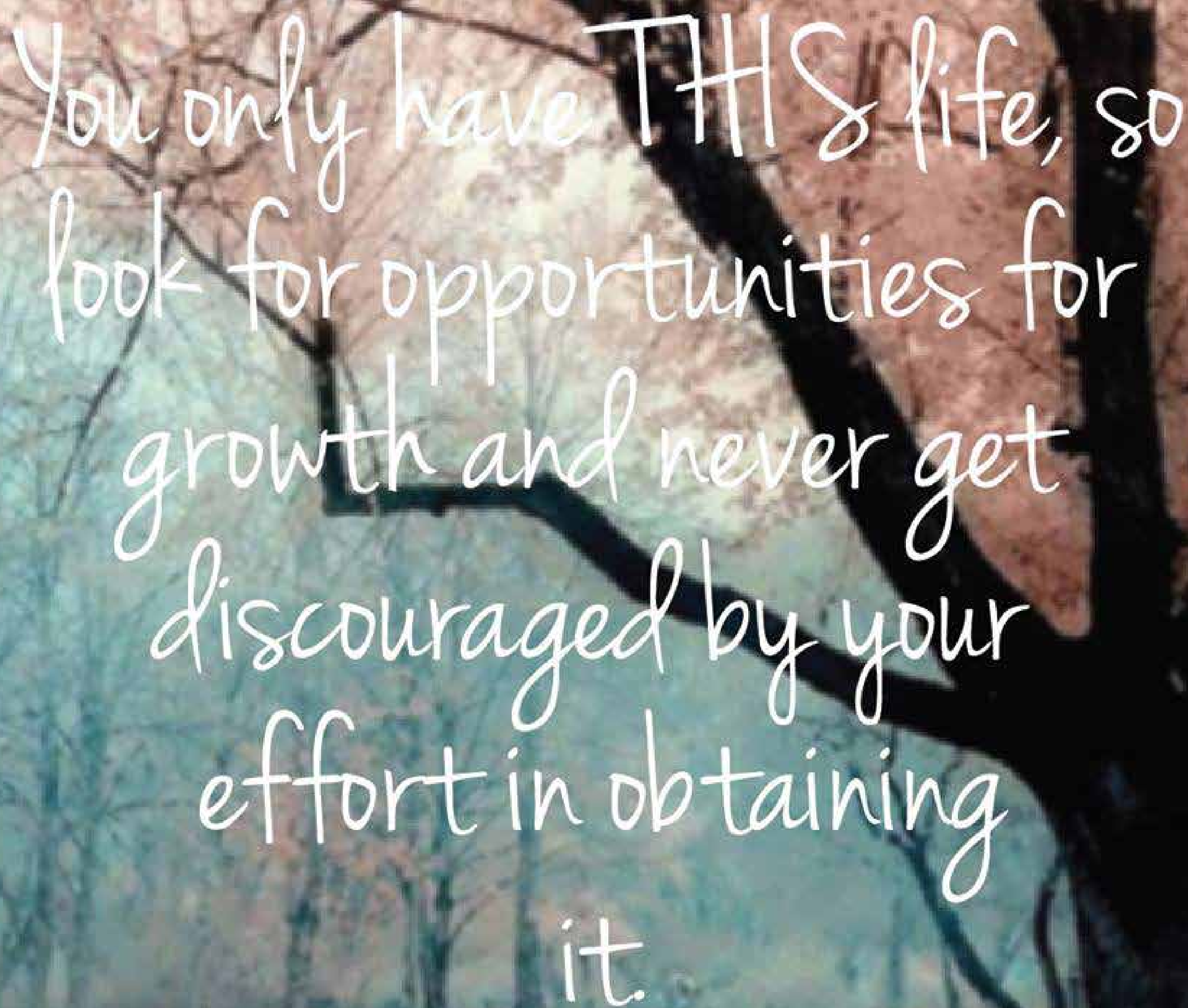
a victory!

Susie De Pavia

When you believe you are *creating*,  
so *accept* that by believing in yourself  
you can *creat* what ever *you want*.



Susie De Pavia

A painting of a park scene. A large, dark tree trunk is on the right side, with its branches spreading out. In the foreground, a dark wooden bench sits on a path. The background is a soft, hazy landscape with more trees and a light sky. The overall color palette is muted, with greens, browns, and greys.

You only have THIS life, so  
look for opportunities for  
growth and never get  
discouraged by your  
effort in obtaining  
it.

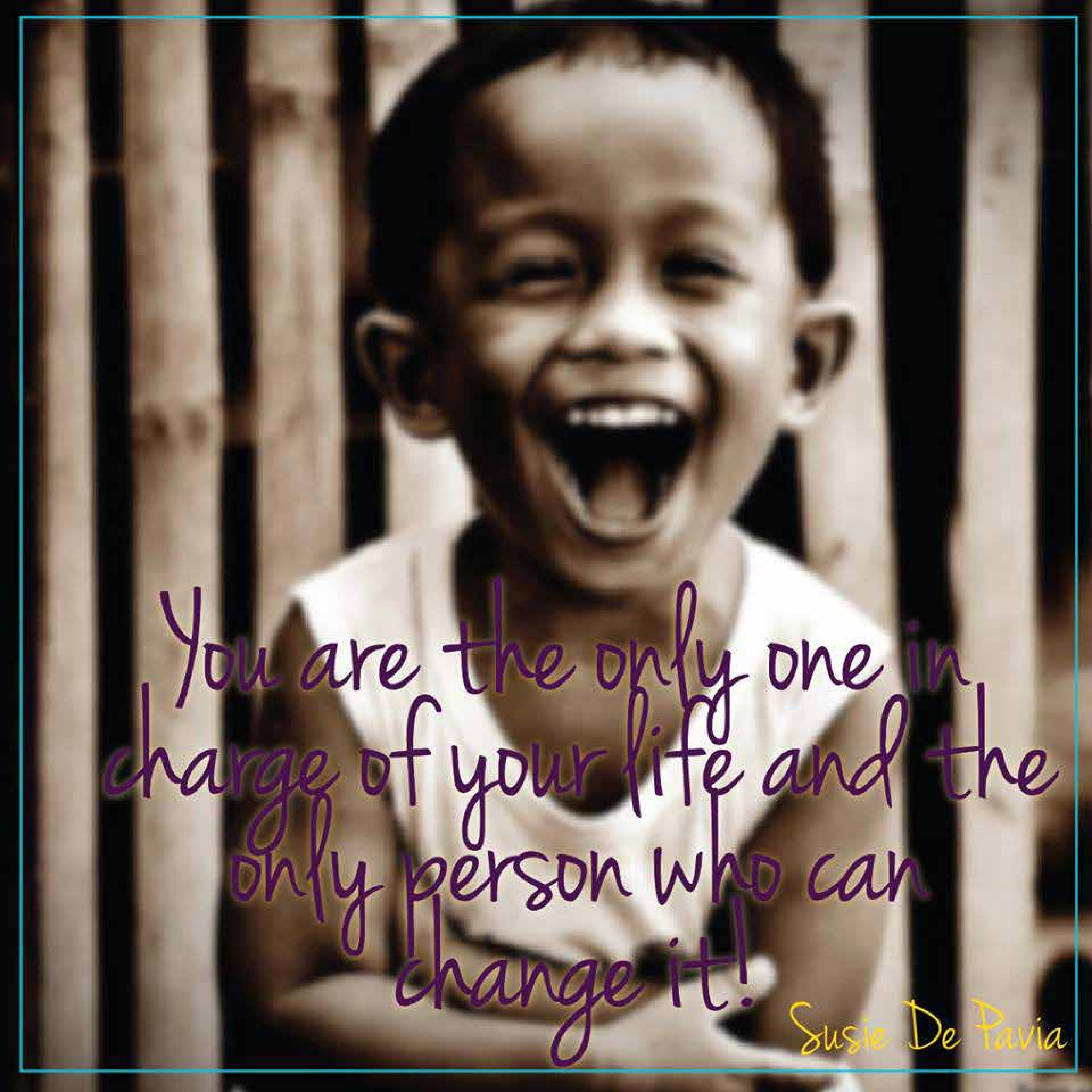
Susie de Pavia

Hope is knowing that  
marvelous  
opportunities exist  
and that they can  
manifest  
themselves

Susie De Pavia

Start each day focused  
on all that is good and  
you will find yourself in  
the best position to  
manage anything that  
comes into your life.

Susie De Pavia

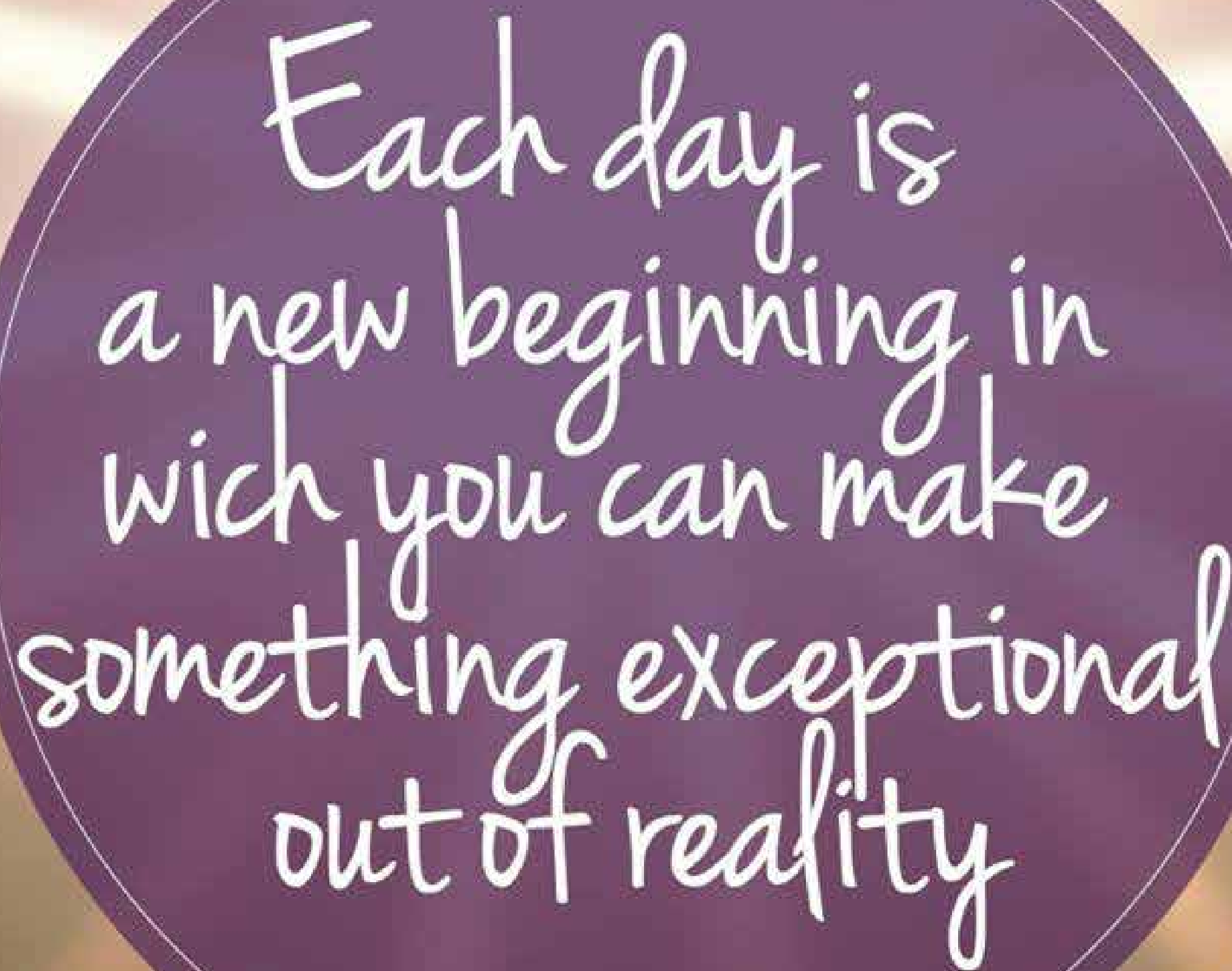


You are the only one in  
charge of your life and the  
only person who can  
change it!

Susie De Pavia

Your future is determined by  
the good and proper decisions you  
make today and you will  
find yourself  
living with happiness and  
fulfillment.

Susie De Pavia



Each day is  
a new beginning in  
which you can make  
something exceptional  
out of reality

Susie De Pavia



Recognize all the

MARVELOUS

things that surround you

and enjoy them without

FEAR

OR


GUILT

• • •

Susie De Pavia



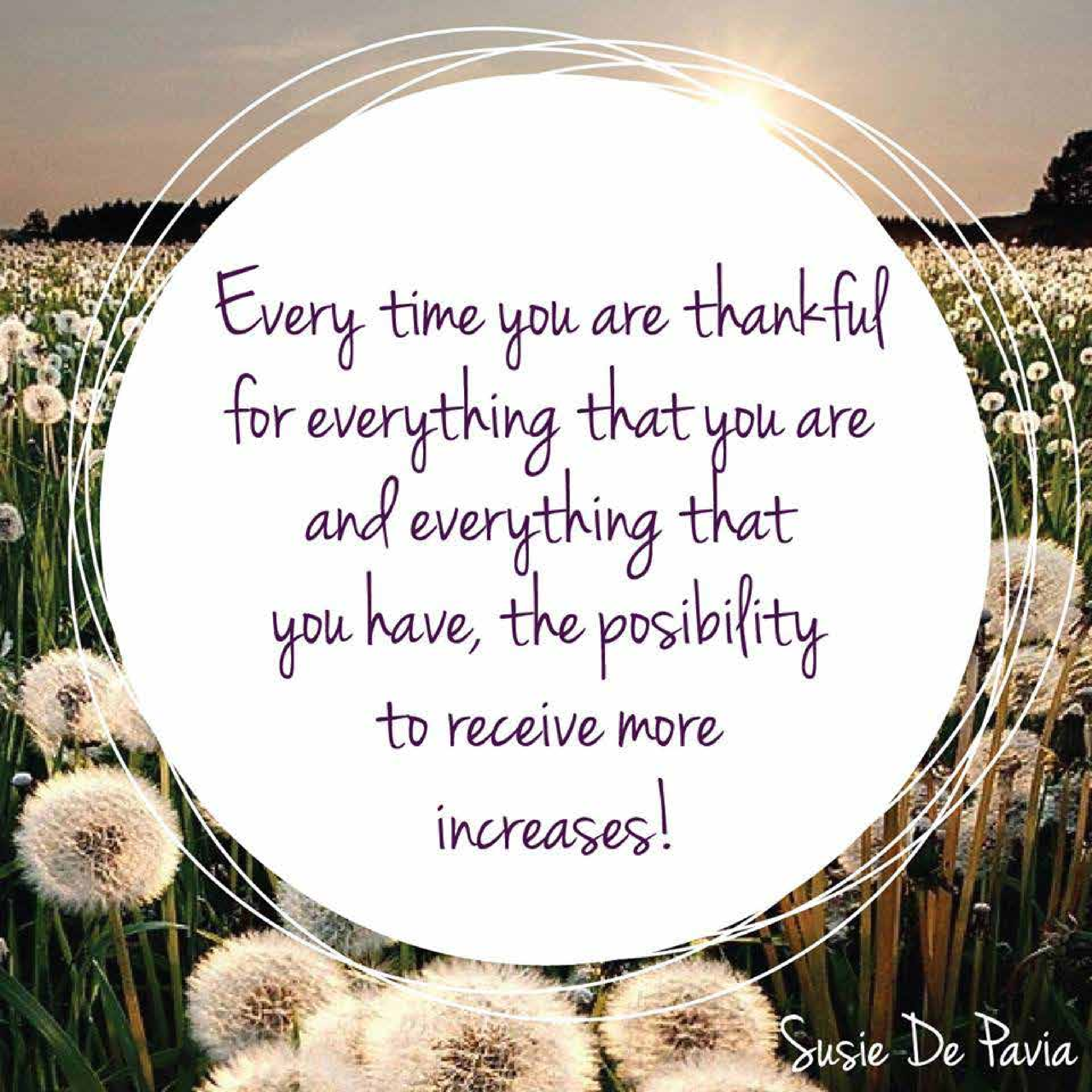
Be loyal to your dreams and  
ambitions!



Find a way  
make them  
a reality!

Do it!

Susie De Pavia

A field of dandelions in bloom, with a white circular graphic overlay in the center. The text is written in a purple, cursive font. The background shows a field of dandelions under a soft, golden light, possibly at sunset or sunrise. The circular graphic is composed of several overlapping white lines.

Every time you are thankful  
for everything that you are  
and everything that  
you have, the possibility  
to receive more  
increases!

Susie De Pavia

A collage of three photographs. The top-left photo shows two women hugging warmly. The top-right photo shows a group of people dancing with their arms raised in a social setting. The bottom-left photo shows a person sitting on a wooden chair outdoors. The background of the entire image is a soft, light purple and blue gradient.


Appreciate every person that comes  
in to your life.

You will be appreciated by the

.....  
SAME MEASURE  
.....

you give out.

Susie De Pavia

A photograph of several pink roses in a clear glass vase. The roses are in various stages of bloom, with some fully open and others as buds. The background is a soft, out-of-focus light color. A semi-transparent yellow rectangular box is overlaid on the right side of the image, containing handwritten text.

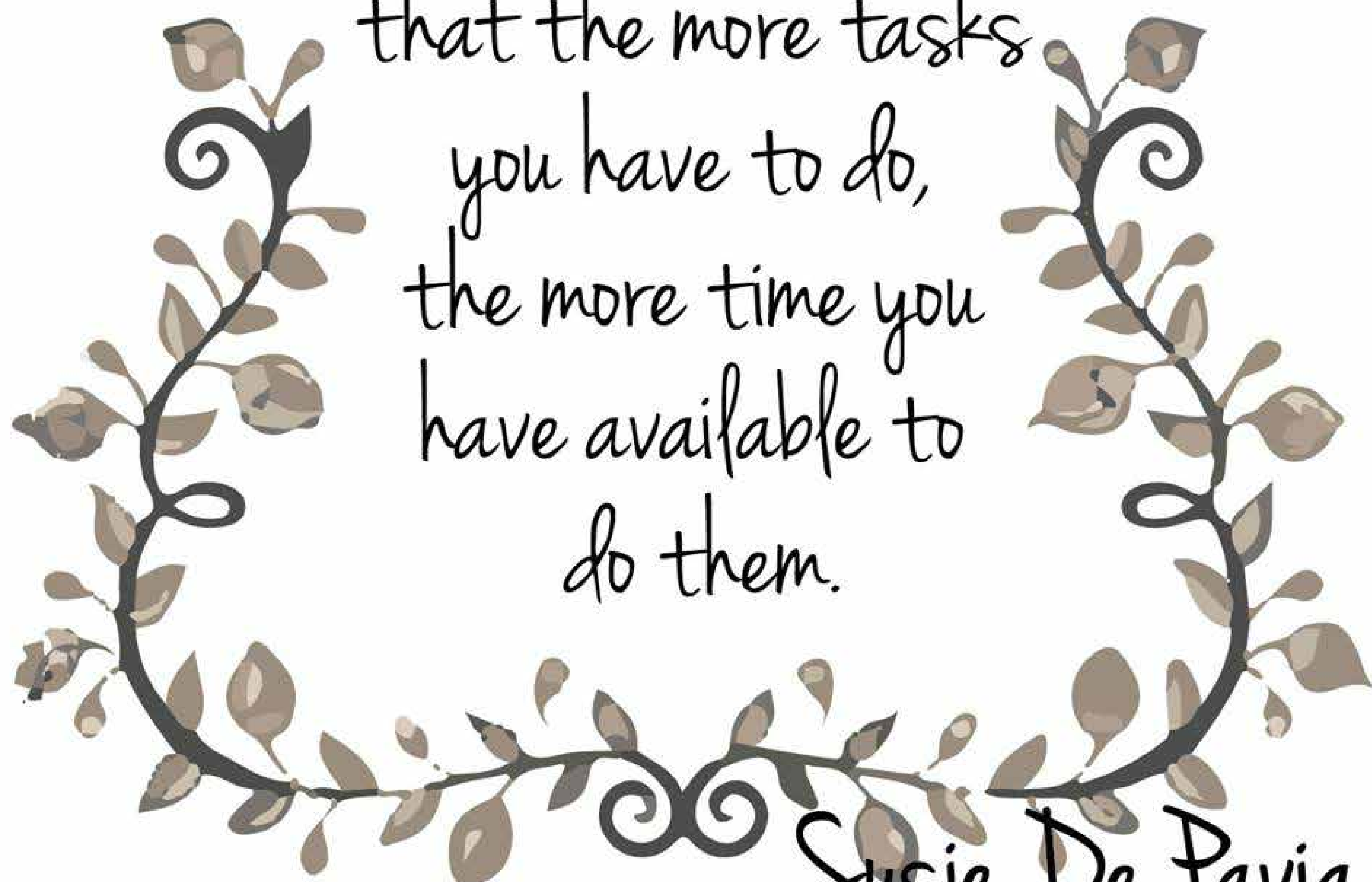
Be honest with yourself,  
do not try to fool yourself.  
learn to confront any  
circumstance in your life!

Susie De Pavia



Accept

and believe



that the more tasks  
you have to do,  
the more time you  
have available to  
do them.

Susie De Pavia

You are a perfect creation, and as such,  
take care with what you give yourself  
so that each day is better  
and you feel better.



Susie De Pavia

When you close your eyes and imagine  
what you want,

feel it a reality as you imagine it

and it will  
go into motion and manifest itself

Susie De Pavia



You are the only one that puts  
limitations on your  
life.



Open your consciousness and  
receive all that is valuable  
right before your  
eyes



Susie De Pavia

Look at the people around you as if they were the treasures of your life and the happiness that you share with them is the true richness.



Susie De Pavia

Each day is like a blank page  
in the diary of your life.

Write in each page the best  
story with the most beautiful  
feelings and thoughts that  
you can possibly have.

Susie De Pavia



Write down all your  
GOALS

and that way you will  
PUT THEM INTO

movement and manifest  
them with the  
universe.



Susie De Pavia

Wake up each  
morning declaring all  
your intentions for the  
day and giving thanks  
that you have already  
received them.

Susie De Pavia

Focus on what you  
want to manifest  
instead of what you  
are lacking.

Susie De Pavia


The intention you use behind  
the way you handle anything

is very powerful

Use it in a positive  
way for your benefit and

.....  
THOSE AROUND YOU  
.....

Susie De Pavia



We need to vibrate in  
the frequency of gratitude  
in order to receive  
what we desire.

Susie De Pavia



When you see what you want to  
acheive as dificult or unobtainable

take things step  
by step

and before you  
know it...

YOU WILL HAVE OBTAINED  
YOUR GOAL!

Susie De Pavia

EVERYTHING IS POSSIBLE!  
IF YOU BELIEVE IN YOURSELF  
AND YOUR DREAMS

*You can make them reality!*

*Susie De Pavia*

Live

WITHOUT FEAR

of making mistakes

Live

LEARNING

from every situation

Life is one great lesson

Susie De Pavia



Love the virtues  
in others  
and learn to  
understand their faults.



Susie De Pavia




When you are calm  
and confident you

ALIGN YOURSELF IN HARMONY

with the universe.

Susie De Pavia



Take advantage of EVERY  
opportunity that presents  
itself to you.



There is a good reason  
it has entered your life.

Susie De Pavia

When it takes a while to  
attract and manifest  
something in  
particular



Be aware that  
the universe is  
working  
to help you

Susie De Pavia

What does it mean  
to be successful?

Being successful means  
helping others become  
successful

Susie De Pavia



Everytime we have a  
triumph in our lives,  
we must

celebarate it,  
share it,  
and enjoy  
it.



Susie De Pavia

Everytime you think about tomorrow,  
anticipate it with optimism,

knowing that the  
best is coming.

Susie De Pavia

We all have a great

POWER WITHIN US.

Find it, appreciate it,

AND USE IT IN THE MOST

effective manner.

Susie De Pavia



Live in the moment, enjoy each day  
one by one without resetting the  
past or worrying about the future

Susie De Pavia



SMILE :)!

It takes 17 muscles  
to smile and that smile may  
make someone's day!

Susie De Pavia



Appreciate  
everyone around  
you. Show them  
and let them  
know

*they are important to you*

*Susie De Pavia*



Be honest with yourself,  
accept what you can  
and want to do with your life  
and do it!

Susie De Pavia



Accept that you  
are **unique** and  
**special**.

Find your strengths  
and use them in  
the most **positive**  
**favorable** way.

Susie De Pavia



*Focus on the most important*  
thing you want to achieve  
be honest and find

within you that you have

**EVERYTHING**

*it takes to do it.*

*Susie De Pavia*

# Gratitude!

It is so beautiful to feel  
gratitude and appreciation

When we focus on that  
it allows us to

receive

for  
which

to be thankful

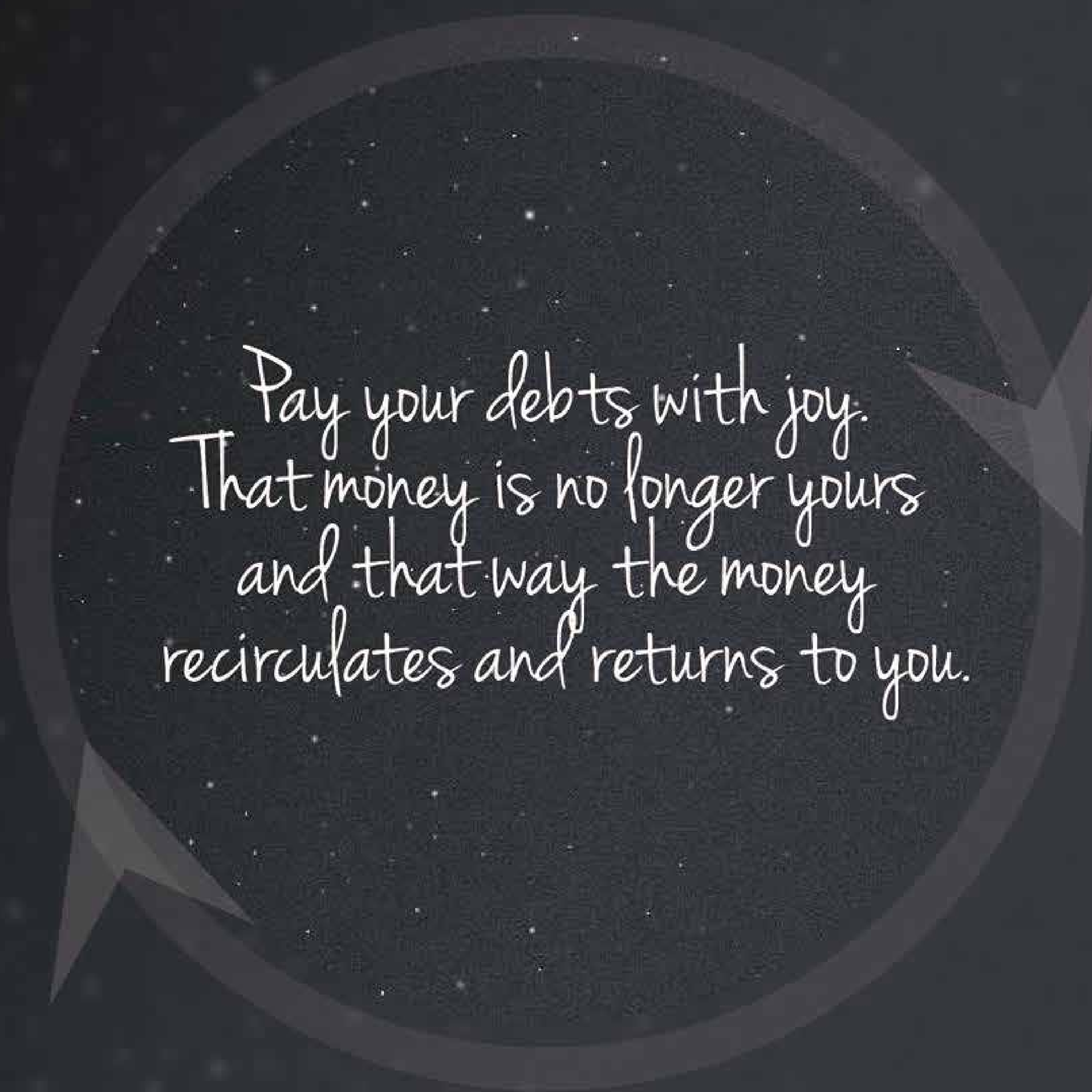
**MORE**

Susie De Pavia

A background image of a sunset over a body of water. The sun is low on the horizon, creating a bright orange and yellow glow. The water is dark blue. In the foreground, there is a silhouette of a person's head and shoulders, looking towards the sunset. The overall mood is peaceful and contemplative.

**Use all your  
intention to make  
marvelous things  
happen with the  
certainty that  
they will develop  
in the most  
amazing  
maner.**

*Susie De Pavia*



Pay your debts with joy.  
That money is no longer yours  
and that way the money  
recirculates and returns to you.

Susie De Pavia



Everything can change in an instant!

Choose to have the best expectations in order to transform things into what you really want.

Susie De Pavia



Love with all your  
heart and soul  
and open yourself  
to the idea that  
others will love you  
in the same  
manner.

*Susie De Pavia*

The brain takes everything literally in the way you say or think things, so think and order your brain to think the best with certainty and confidence.

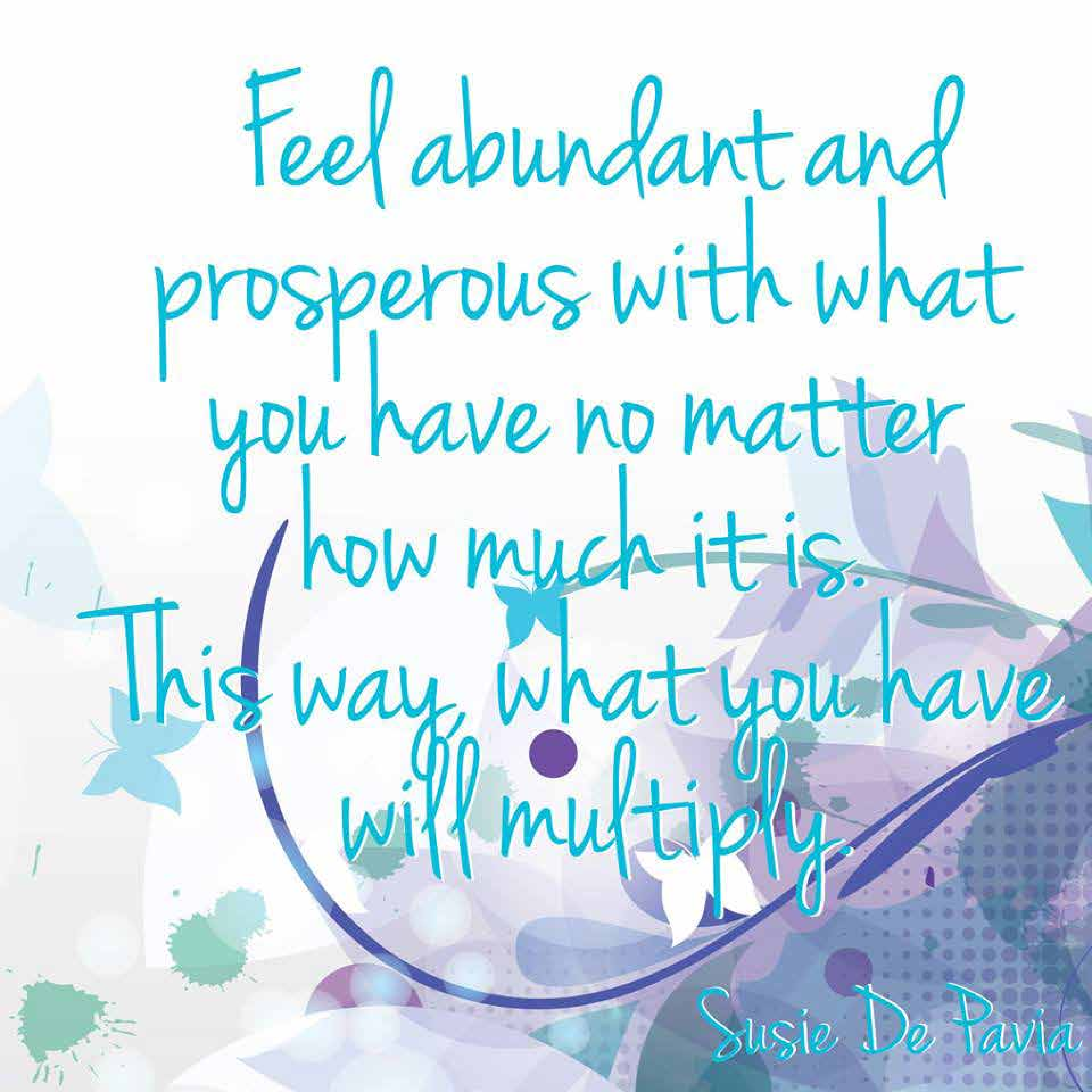
Susie De Pavia



Live life with excitement  
and be excited with  
everything good and  
beautiful that presents  
itself to you.

Susie De Pavia

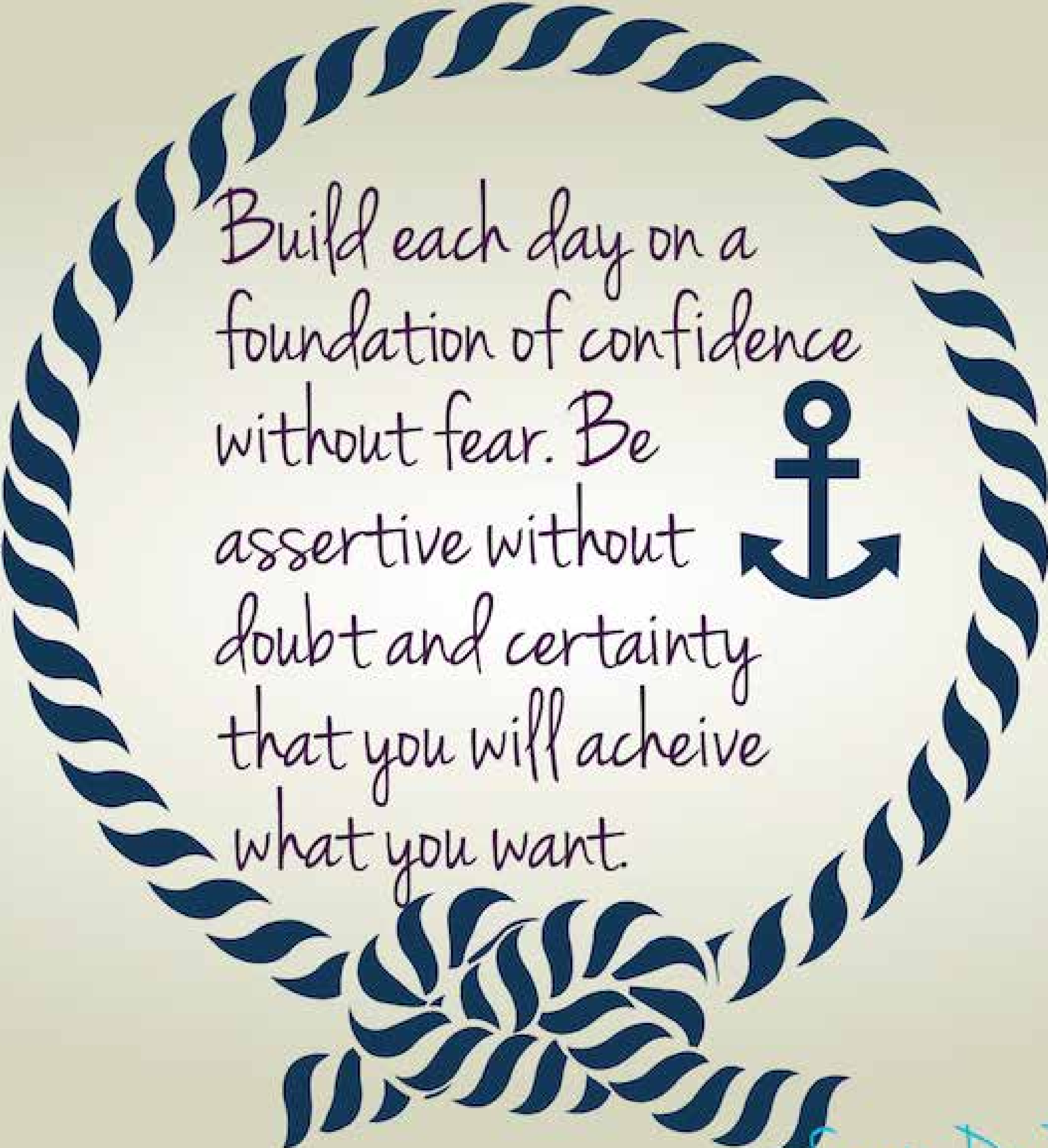





Feel abundant and  
prosperous with what  
you have no matter  
how much it is.

This way, what you have  
will multiply.

Susie De Pavia



Build each day on a  
foundation of confidence  
without fear. Be  
assertive without   
doubt and certainty  
that you will achieve  
what you want.

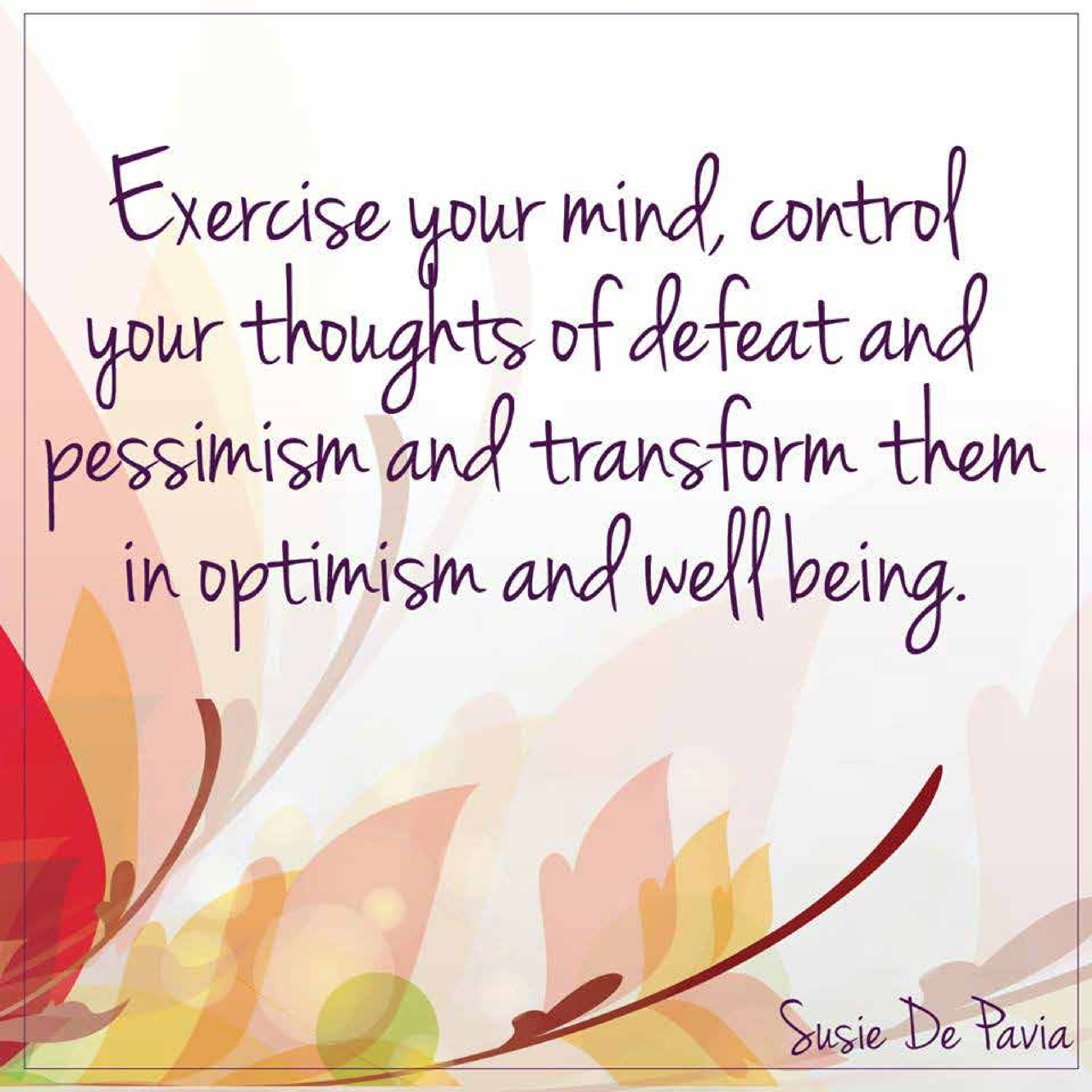
Susie De Pavia

Success is a complex word. Each one of us is

successful when we decide to appreciate everything

we have accomplished.

Susie De Pavia



Exercise your mind, control  
your thoughts of defeat and  
pessimism and transform them  
in optimism and well being.

Susie De Pavia

Stop looking for perfection  
and seek to do everything  
you want with excellence

*Susie De Pavia*

Have a great day today and  
everyday knowing that each  
act has a benefit and  
significance for you.

Susie De Pavia

Be congruent  
with what you say  
and think, in this  
manner you will  
acheive what  
you truly want.



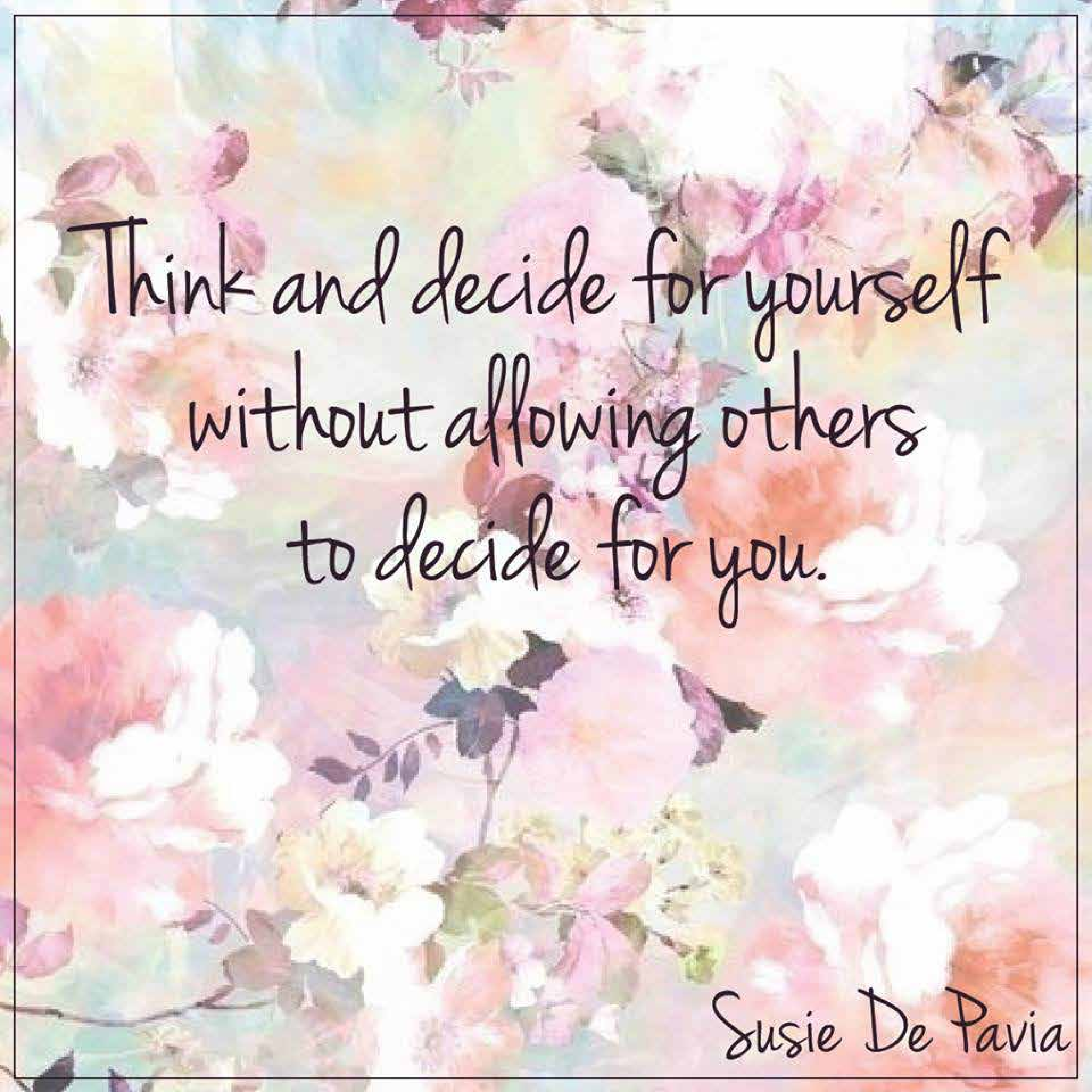
*Susie De Pavia*

Have the courage to live life to the fullest,  
without fear or reserves, enjoy the simple  
fact of being alive.



Susie De Pavia





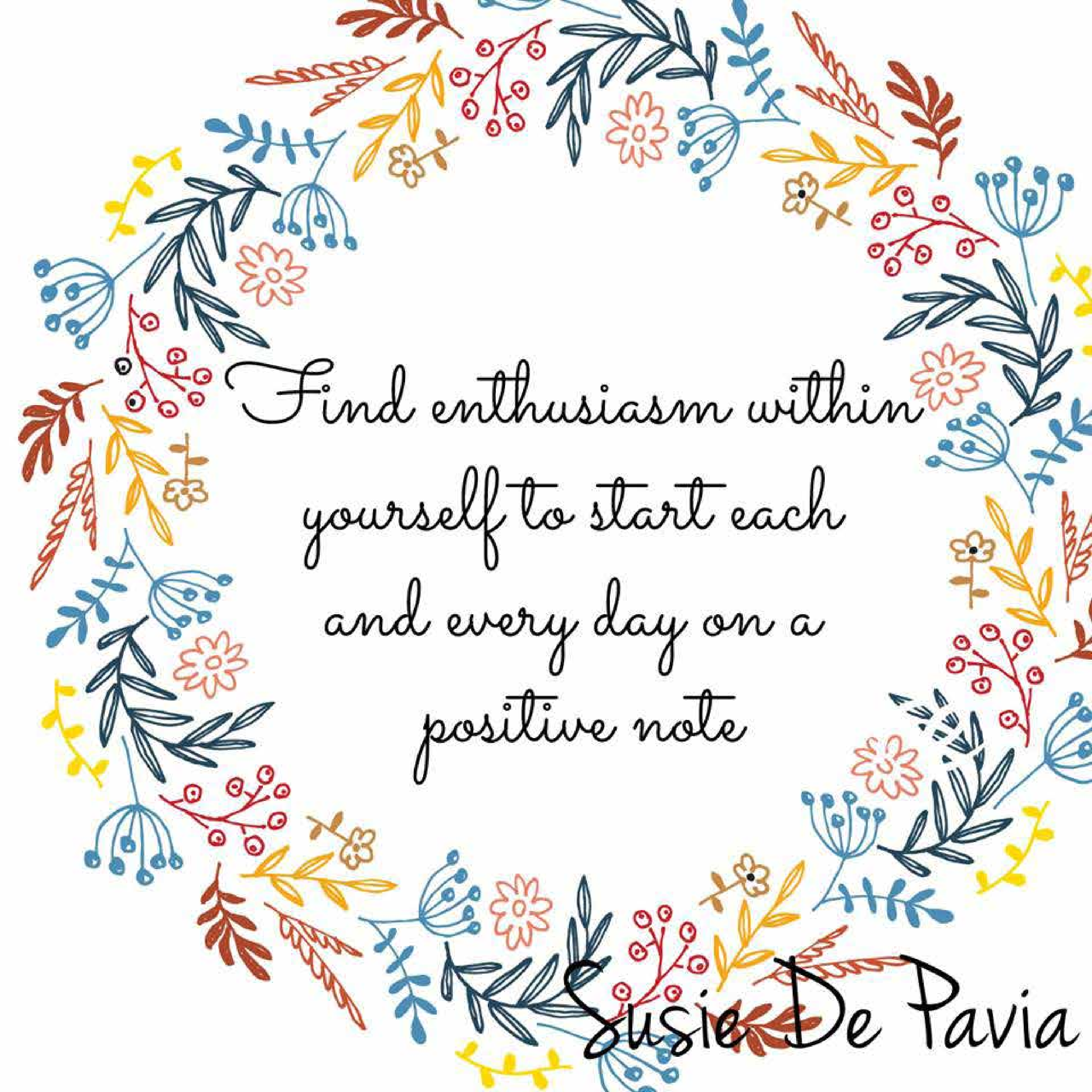
Think and decide for yourself  
without allowing others  
to decide for you.

Susie De Pavia

Have patience with others.

You have no idea what they have  
gone through or are going through.

Susie De Pavia



Find enthusiasm within  
yourself to start each  
and every day on a  
positive note

Susie De Pavia

When it feels like EVERYONE  
has turned their back on you,  
remember that you  
always have your inner  
strength to help you get  
through things.

Susie De Pavia

Be determined in what  
you propose for yourself,

---

---

YOU ARE THE ONLY ONE

---

---

who can manifest it into reality

—Susie De Pavia—

*Allow yourself to enjoy the moment.*  
give yourself permission to enjoy the here and now  
*without worrying about tomorrow.*

*Susie De Pavia*



"Let the beauty of everything that surrounds us such as the sun and nature to feed your soul and fill you with life."

Susie De Pavia



You

have the opportunity to  
*give the best of yourself*  
Don't hold back and show it!

Susie De Pavia ★



Concentrate on everything that you have

**APPRECIATE IT**  
*and improve upon it with*

**the certainty that you can achieve it!**

*Susie De Pavia*

Feel the joy of being alive and having

THE OPPORTUNITY

to reinvent your life.

Susie De Pavia

| Ivy Weddings |





Put your mind in order and

*you will achieve*

order in your life

*Susie De Pavia*

Expect what you need  
to happen

Susie De Pavia

knowing that it is  
done and is simply materializing itself



RECEIVE EACH DAY

WITH THE BEST DISPOSITION  
so that you can make  
EACH DAY EXTRAORDINARY

*Susie de Pavia*



*Trust, have faith*

*and believe!*

*feel it and express  
it!*

*Susie De Pavia*

# Be yourself!

In whatever you do express your essence,  
your worth

*and individuality!*


*Susie De Pavia*



FEEL HAPPINESS AND JOY  
IN WHAT YOU DO  
COMPLETING IT TO  
YOUR SATISFACTION

*Susie De Pavia*





Whenever you feel  
lost not knowing where  
to go, stop and open  
yourself to the wisdom



OF THE UNIVERSE

so you can receive  
ITS GUIDANCE.

Susie De Pavia

Occupy yourself with what  
you can do without worrying about  
what you **CANNOT** do.

Susie De Pavia

Learn to live without fear  
and instead live feeling certain that



at the best time and the best  
situation for you

— Susie De Pavia —  
\*

*Believe and accept that everything*

IS POSSIBLE WHEN YOU PUT ALL OF YOUR DISPOSITION

*and all of your heart into it.*

*Susie De Pavia*



Recognize when

you make a mistake  
and avoid making it again



this is the only way  
to truly learn.

Susie De Pavia



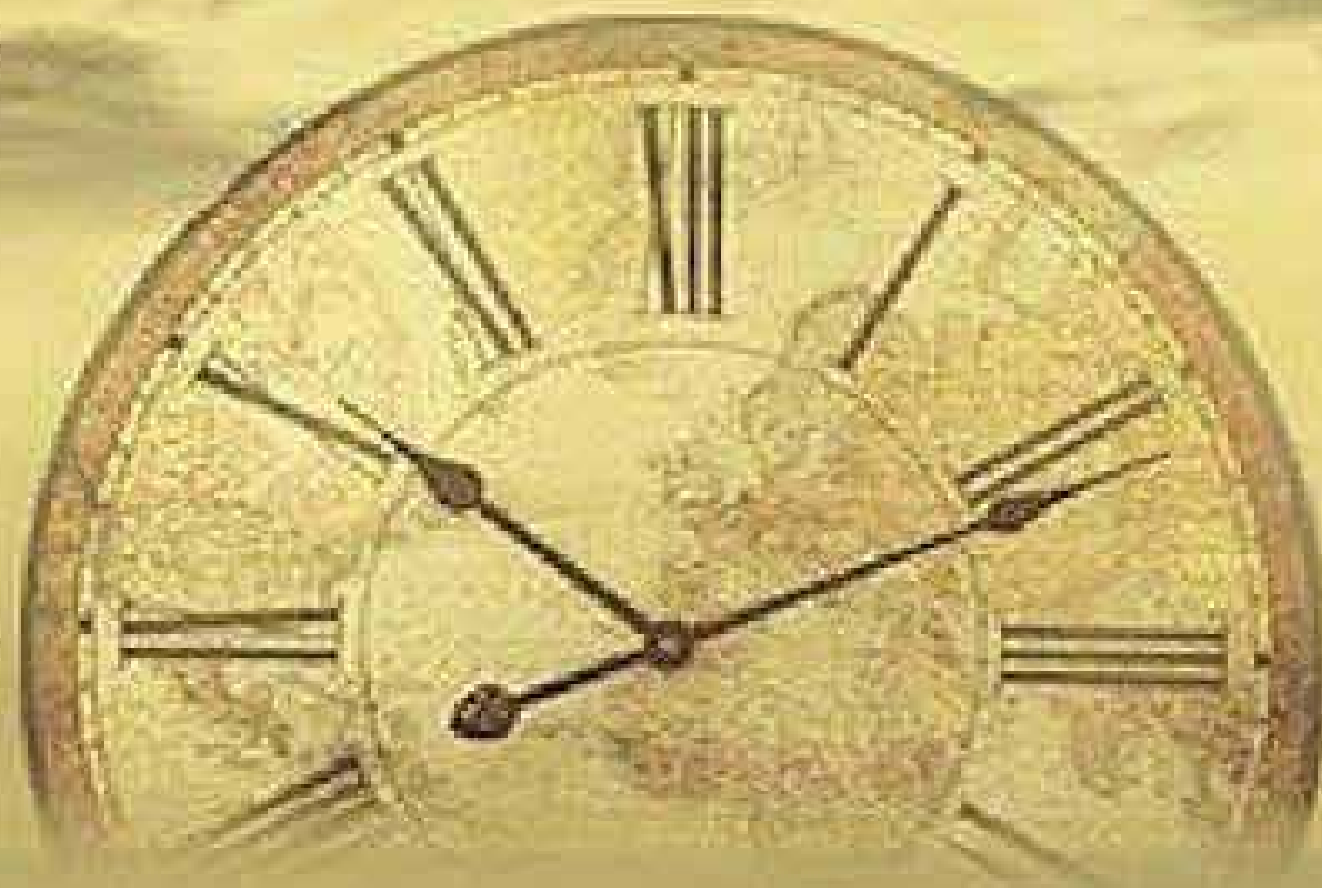
# Love & Gratitude

**We are made up of 85% water  
and you can transform water  
into crystals of love and gratitude  
by living it to yourself.**

*Susie De Pavia*

Make time your friend,  
*flow with it without feeling*

*hurried*



*since everything  
comes  
at its own time*

*Susie De Pavia*



*There is an  
order in the  
universe,  
accept it,  
make it yours,  
and vibrate with it.*

*Susie De Pavia*





*Stop and enjoy*

**and**

**the most simple**

**beautiful things**

*this are the most gratifying*

*Susie De Pavia*

BE PRUDENT!  
THINK ABOUT HOW MUCH  
YOU CAN HURT SOMEONE ELSE  
IF YOU LET YOURSELF GET CARRIED  
AWAY WITH YOUR ANGER OR EMOTIONS.

*Susie De Pavia*

Thank you  
thank you  
thank you!

**Feeling grateful about our lives  
makes them richer  
and more fulfilling, giving us  
that much more to be  
thankful for.**

*Susie De Pavia*

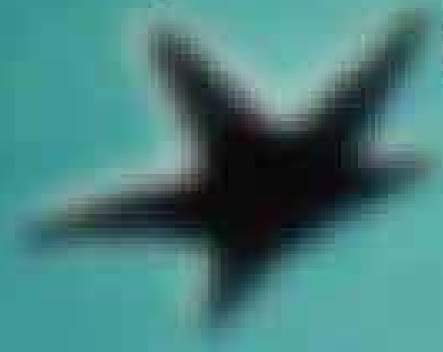


# Believe!

It feels so good when we believe  
in ourselves, in others, and in what we want  
to achieve.

Susie De Pavia

Let go of the fear of losing things  
or not to obtain them



this only delays you  
in getting them.

Susie De Pavia



When you express

# Appreciation

to someone or something, you give  
... them the opportunity to ...  
show their potential

Susie De Pavia

*Be  
choose to be  
and decide to be*

# happy

Find happiness within you and project it!

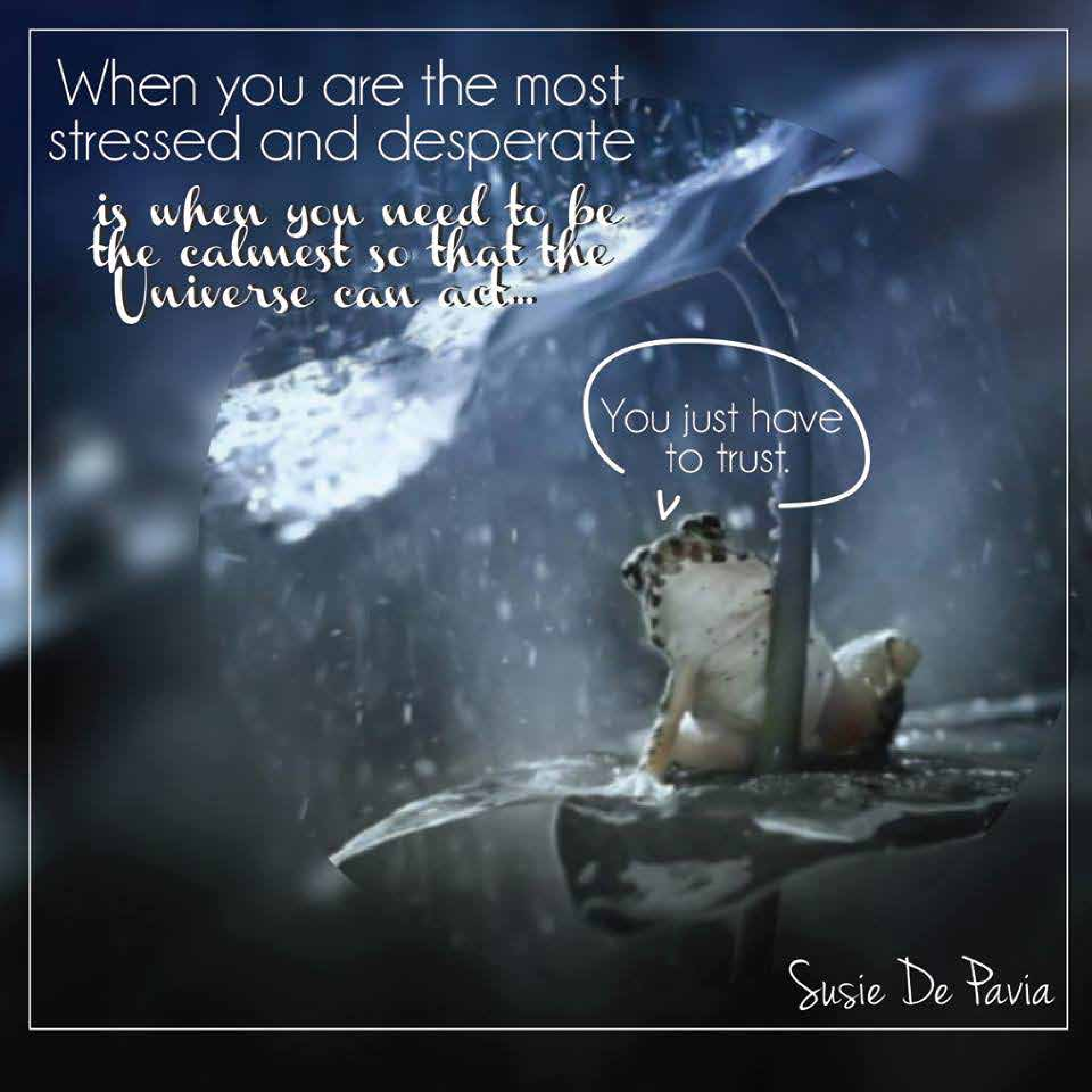
*Susie De Pavia*



**ACCEPT THAT EVERY DREAM YOU HAVE CAN  
BECOME A REALITY**

*Susie De Pavia*



A small, spotted frog is perched on a dark, wet rock. The background is dark and rainy, with water droplets visible in the air. The overall mood is somber and contemplative.

When you are the most stressed and desperate is when you need to be the calmest so that the Universe can act...

You just have to trust.

Susie De Pavia

EVERYTHING YOU DESIRE

*can manifest itself*

IF YOU ARE IN SYNCHRONICITY WITH IT.

*Susie de Pavia*

VIBRATE IN HARMONY,

PEACE, AND GRATITUDE

*and everything good will multiply.*

Shirley D. P. Davis



EACH DAY  
is a new opportunity  
to be better  
take advantage of it!

Susie De Pavia

live YOUR life with

JOY AND PASSION

for everything that you can and are

achieving

Susie De Pavia

Happiness is  
**CONTAGIOUS**

Feel it, express it, and share it.

Susie De Pavia



A close-up photograph of a person's hand, wearing a dark leather bracelet with gold studs and rings. The hand is positioned in the foreground, with fingers slightly spread. In the background, another hand is visible, reaching out towards the first hand. The setting is an outdoor field with tall grass and a bright, hazy sky. The overall mood is serene and contemplative.

CREATE YOUR TOMORROW

*with yesterday's lessons  
and today's experience.*

*Susie De Pavia*

AMY YOUNG  
PHOTOGRAPHY

YOU ATTRACT WHAT YOU ARE VIBRATING,  
FEELING, AND THINKING,  
SO CHOOSE WHAT YOU TRULY WANT  
TO ATTRACT.

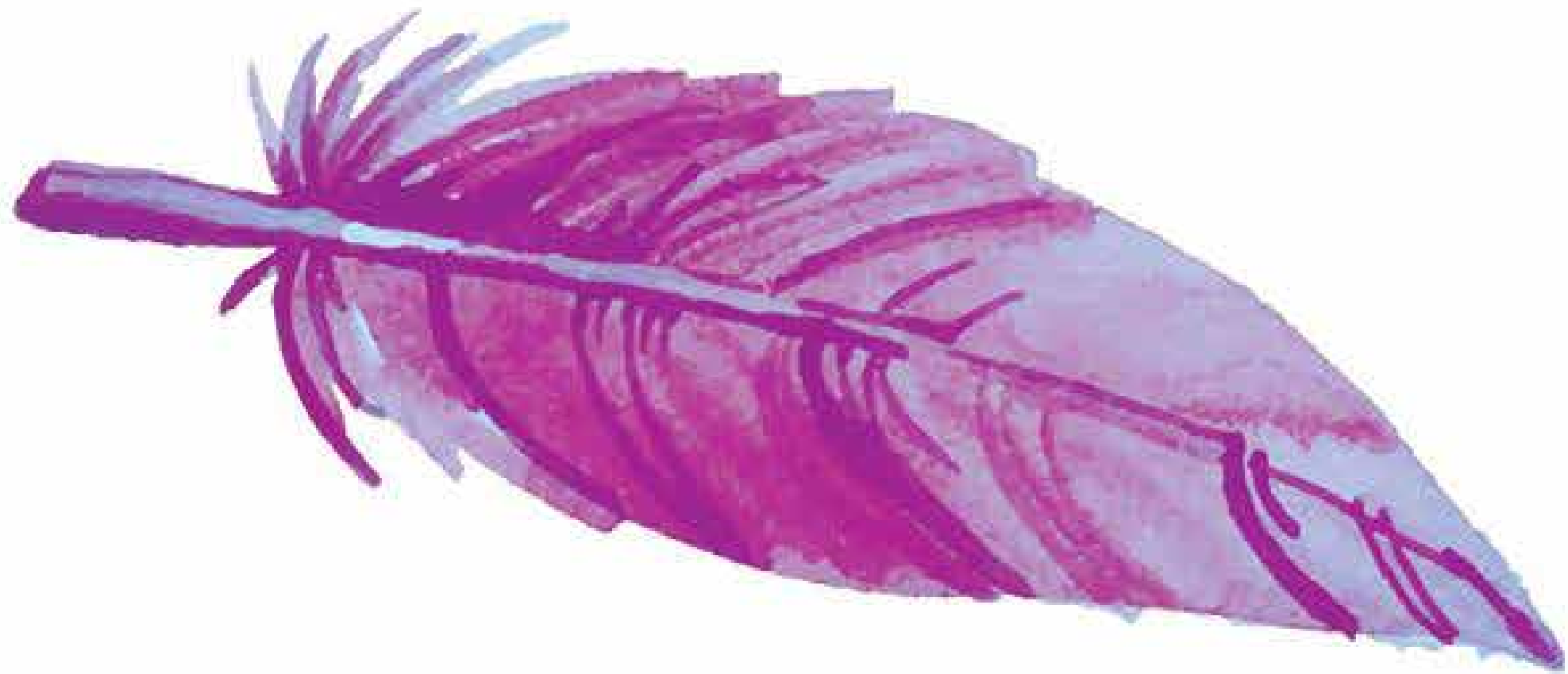
*Susie De Pavia*



Avoid deciding how you want  
things to happen.

let the Universe surprise you  
with the best strategy.

Susie De Pavia



Ask for, believe in, and feel that you have already received it!

*These are the steps to create what you desire!*

Susie De Pavia



*Believing without doubt*

**TRANSFORMS**

**EVERYTHING**

*so you can achieve it...*

*Susie De Pavia*

Connect yourself to the great infinite power  
*and attract all that is valuable;*  
happiness, harmony, and abundance.

*Susie De Pavia*

Act with decisiveness in everything...

be determined

and make it reality!

Susie De Pavia

A woman in silhouette is running on a beach at sunset. She is holding a bunch of red balloons. The sun is low on the horizon, creating a warm, golden glow. The ocean is visible in the background.

*if you feel satisfied*

with some aspect of your life,

**give it recognition,**

and this will allow it to be  
reflected on others.

*Susie De Pavia*



**BE THE OWNER OF**

your thoughts and emotions

**IN ANY CIRCUMSTANCE**

*Susie de Pavia*

**IF YOU WANT TO**  
**change your world,**  
**START BY CHANGING**  
**your thoughts and**  
**YOUR FEELINGS.**

*Susie De Pavia*



**LEARN TO TRUST!**

because in the way you trust

**AND BELIEVE IN THINGS**

marks the course for things

**TO MATERIALIZE**

*Susie De Pavia*

All of your thoughts  
turn into things

generate something  
put things in motion  
manifest themselves

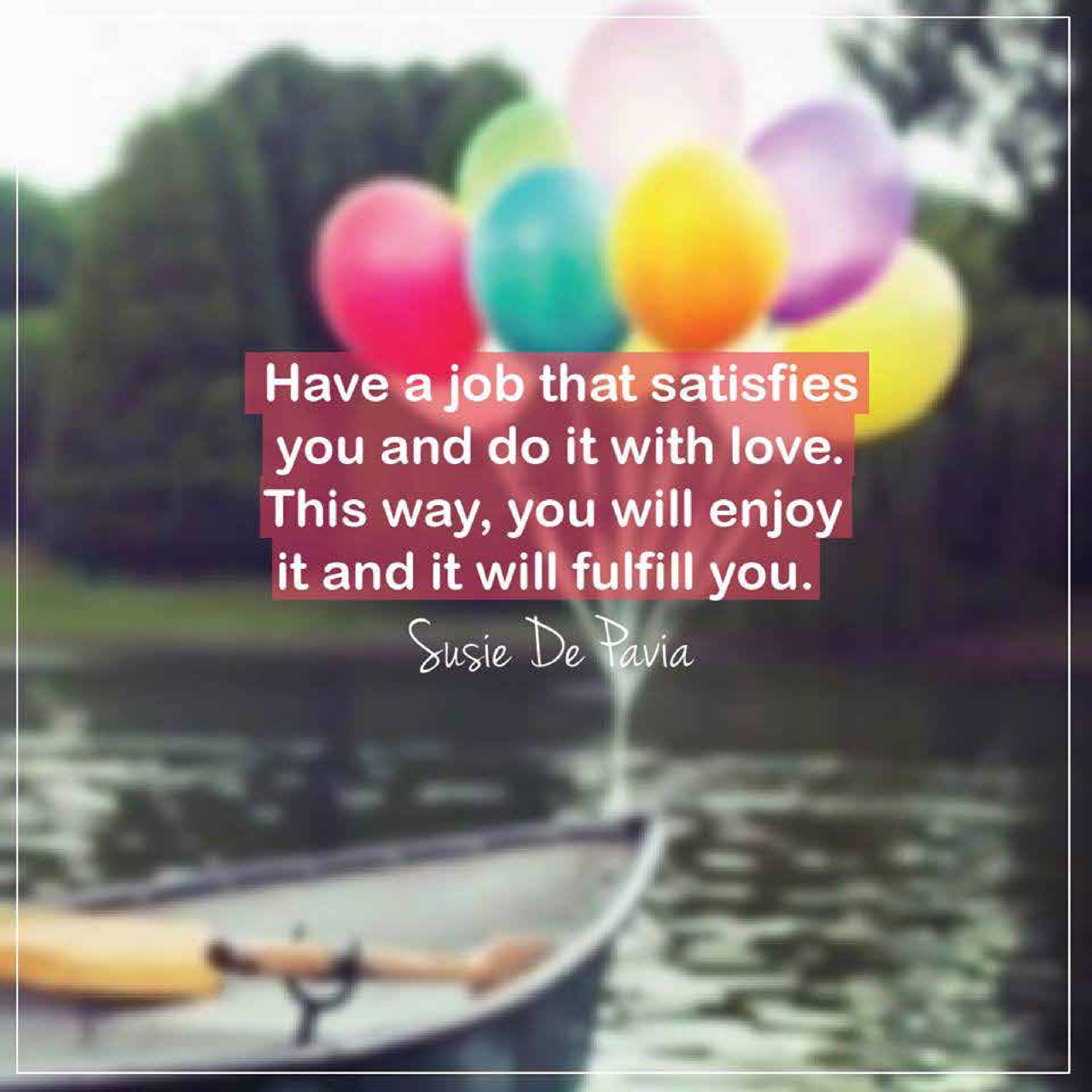
so be precise in what  
you think

—Susie De Pavia—  
★



**BEING ALIVE IS**

*amazing!*



Have a job that satisfies  
you and do it with love.  
This way, you will enjoy  
it and it will fulfill you.

*Susie De Pavia*



{ When you find yourself  
confused }

not knowing WHERE to go or

← # WHAT to do # →

~ **STOP** ~

- let everything go and let  
the answer manifest  
itself.

---

*Susie De Pavia*



Enjoy what you do and  
the work you do, so that  
the gains come easily  
and on their own!

Susie De Pavia

Stop  
complaining  
and thinking  
that your life is  
sad or lonely

*Instead,  
perceive it  
as how you  
would really  
like it to be.*


*Susie De Pavia*

*Live with your feet on the ground  
but simultaneously let your  
imagination soar so that you can  
create and make your  
dreams a reality.*

*Susie De Pavia*







anger only makes everything  
more difficult, for more obstacles  
to present themselves,  
for you to feel bad, and lose your  
body's internal balance.

So be  
*happy*  
always!!!

*Susie De Pavia*

**OPEN YOURSELF**

TO ALL THE ABUNDANCE THE UNIVERSE  
HAS FOR YOU

*just observe*

AND APPRECIATE ALL THE GOOD  
that surrounds you.

*Susie De Pavia*



THE MORE YOU TRUST AND LET THAT TRUST GROW

everything you want

COMES TO YOU AS QUICKLY AS POSSIBLE

SUSIE DE PAVIA



*Avoid being disappointed!*

HOPE & ILLUSION

fills the heart with what it is waiting for  
*and is manifesting now*

**RECEIVE IT!**

*Susie De Pavia*

ENVY makes you  
regress and  
admiration lets you  
**advance.** →



*Age is all  
in the mind...*

*Susie De Pavia*



If you change  
and improve yourself  
we will make  
humanity better

Susie De Pavia

SUSIE DE PAVIA



In order to criticize and judge another

YOU MUST FIRTS

*walk a mile*

in their shoes



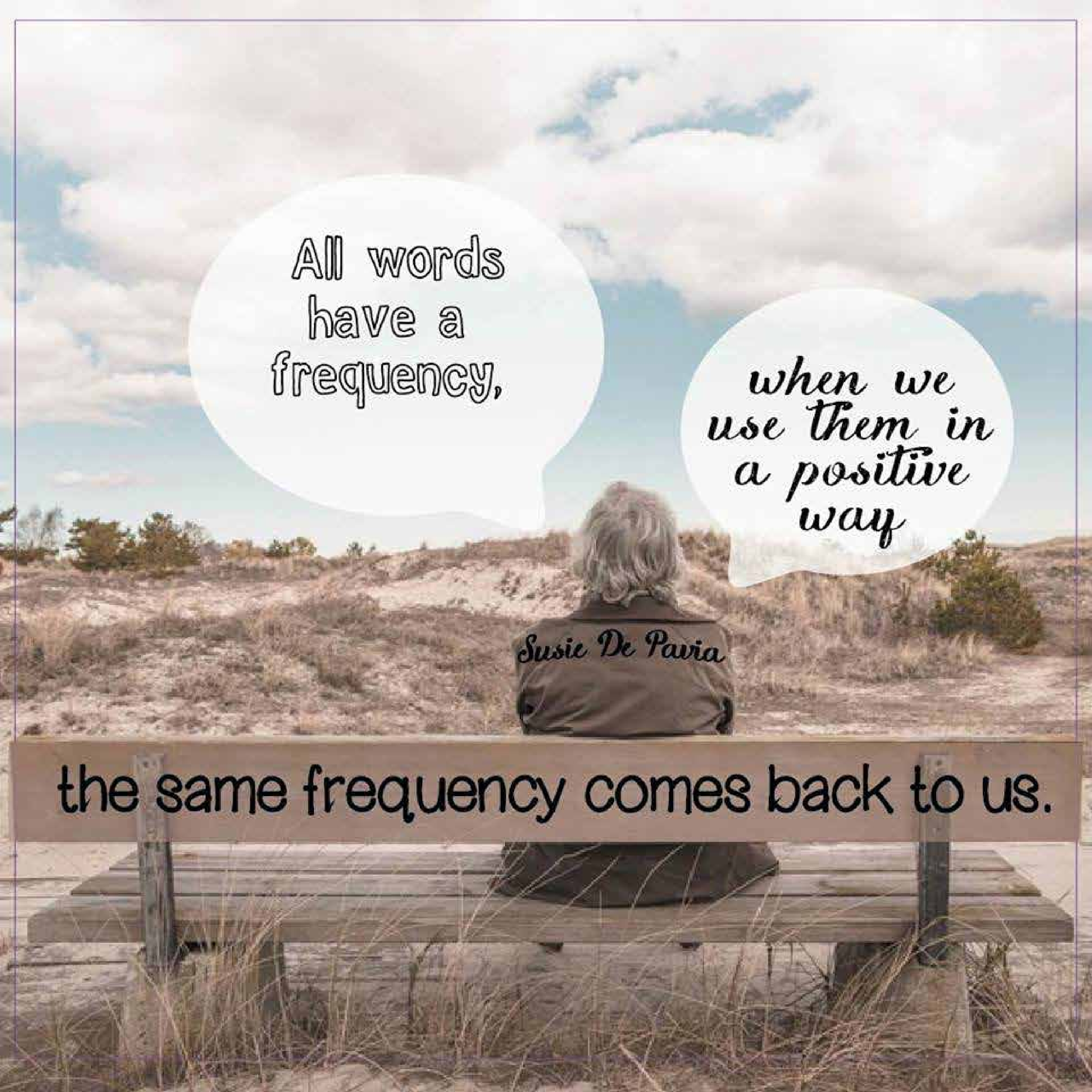


*If when you look at someone*

SUSIE DE PAVIA

*something about them bothers you*

LOOK WITHIN YOU TO SEE WHAT  
IS SIMILAR OR THE SAME  
IN YOU



All words  
have a  
frequency,

*when we  
use them in  
a positive  
way*

*Susie De Pavia*

the same frequency comes back to us.

Work hard on what you have  
decided, and realize that you have  
everything you need to make it happen!

— Susie De Pavia —



Accept  
yourself

appreciate your virtues

and your strengths.

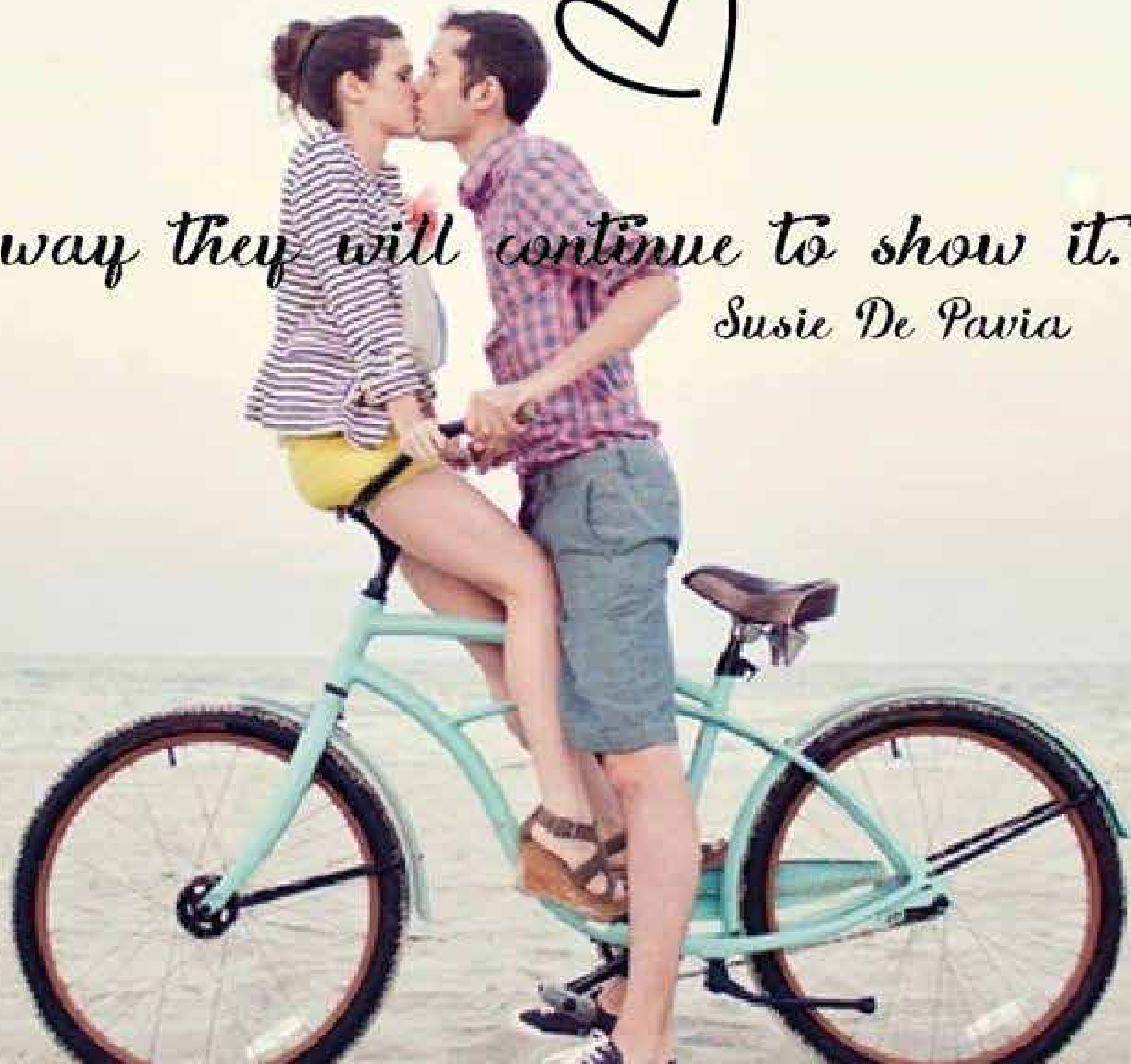
Susie De Pavia

*Focus on the good in each person,*



*this way they will continue to show it...*

*Susie De Pavia*



» It's important to »

*communicate in the best vibration/frequency*

so that we

*receive the same  
vibration / frequency  
toward us*

*Susie De Pavia*

A single daisy flower with a bright yellow center and white petals grows from a crack in a dark asphalt surface. The background is a blurred, sunlit asphalt road.

*Miracles exist*  
You are one of them!

Susie De Pavia

A person is shown from behind, sitting on a sandy beach in a yoga pose. Their right hand is raised in a mudra gesture, and their left hand is resting on their knee. The background is a soft, hazy sunset over the ocean.

Our body is a  
*perfect machine,*  
*complex, and self sufficient.*

Take care of it by giving it the best  
emotions, the best food, and  
spiritual nourishment

Susie De Pavia



*If you want to change your life*  
change the way  
you think.

Susie De Pavia



---

.....

**EVERYTHING HAS A SOLUTION.**



*search for it*

*wait for it,*



**open yourself to it so it  
can come to you on its own.**

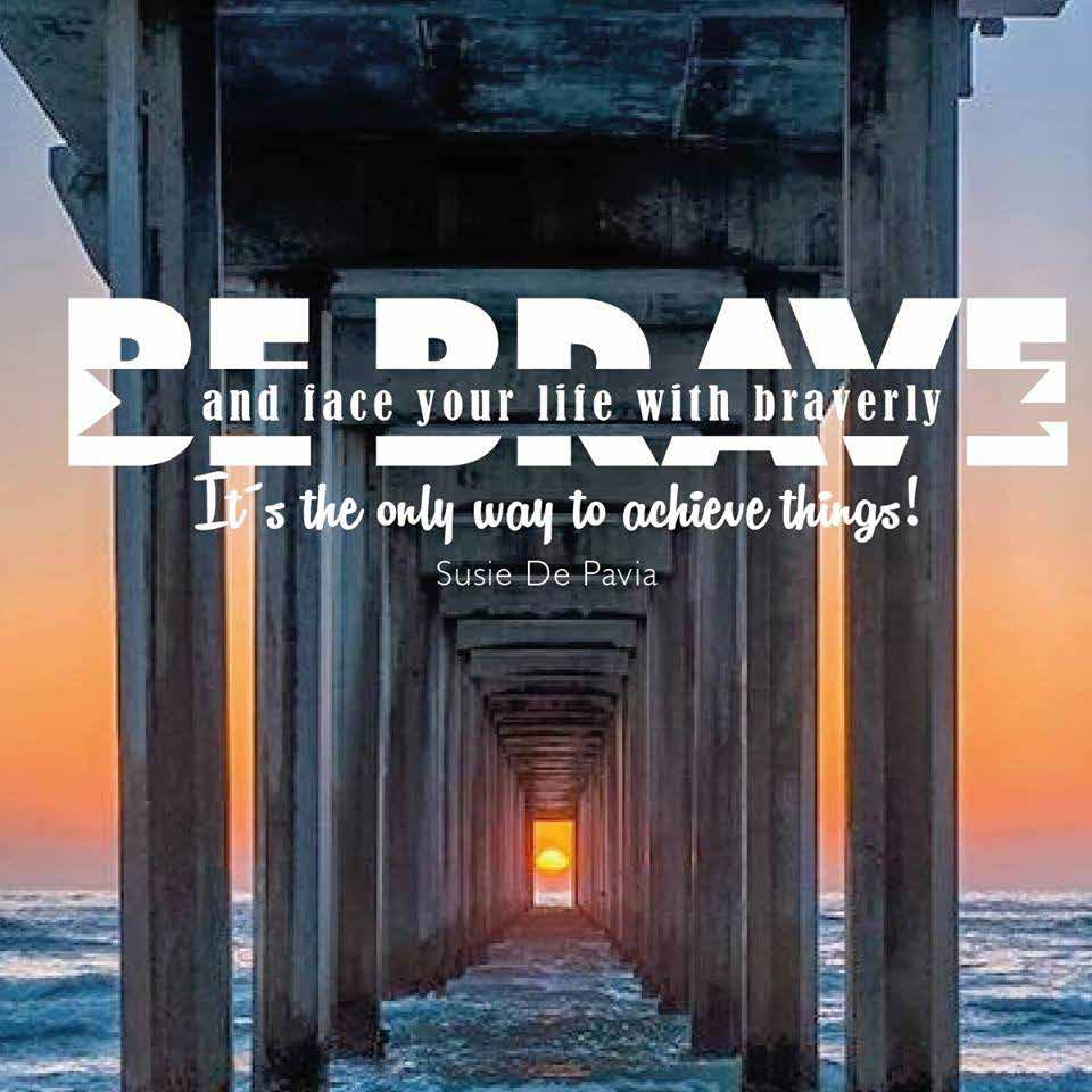
Susie De Pavia

# BE BRAVE

and face your life with bravery

*It's the only way to achieve things!*

Susie De Pavia





*Our words begin in*

*our minds through our thoughts*

*and when we speak*

*their energy is placed*

*into the world*

*Susie De Pavia*



WHEN YOU BELIEVE

you can do something, and do  
it with the certainty that you can

Susie De Pavia

YOU CAN ACHEIVE ANYTHING!

*Don't let fear paralyze you  
or stop you from achieving  
things.*

*Overcome your fear  
and find all the strength  
you need inside  
you*

*Susie De Pavia*

EVEN IN THE  
WORSE MOMENTS,  
IT'S IMPORTANT TO  
CONTINUE  
WITHOUT GIVING  
UP AND GIVING  
THE BEST OF  
OURSELVES

**Susie De Pavia**

*Take care of yourself*

**AND YOUR BODY  
resting and allowing  
your body**

*to regenerate and have  
well-being*

*Susie De Pavia*



A photograph of a wooden pier extending into a body of water. In the foreground, a wooden bench with metal armrests sits on the pier. The water is dark blue with white foam from a boat's wake visible in the background. The sky is not visible.

*No matter how difficult the  
situation may seem*

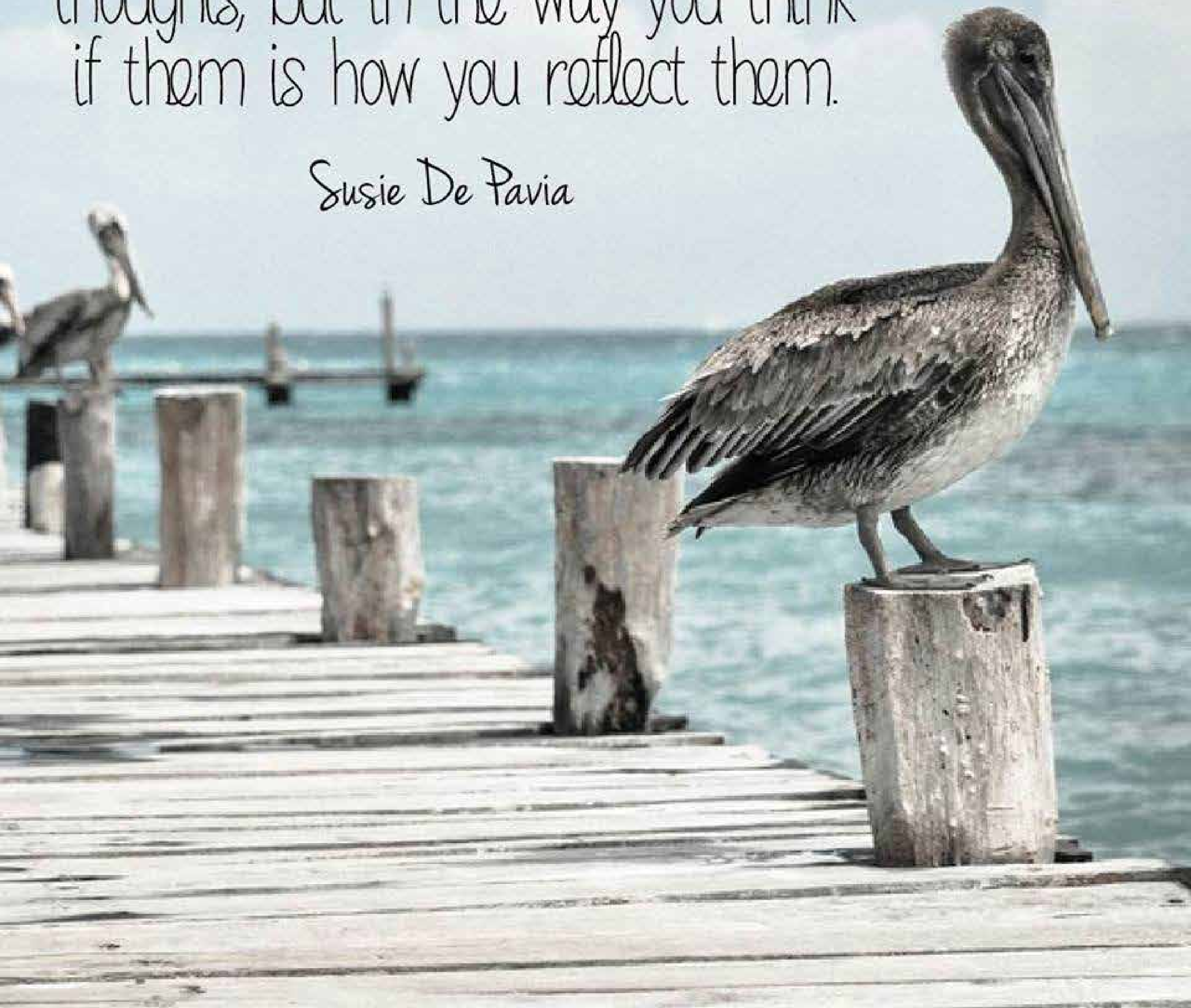
*don't get discouraged, realize that something good  
is materializing*

**JUST OBSERVE!**

*Susie De Pavia*

There will be positive and negative thoughts, but in the way you think of them is how you reflect them.

Susie De Pavia



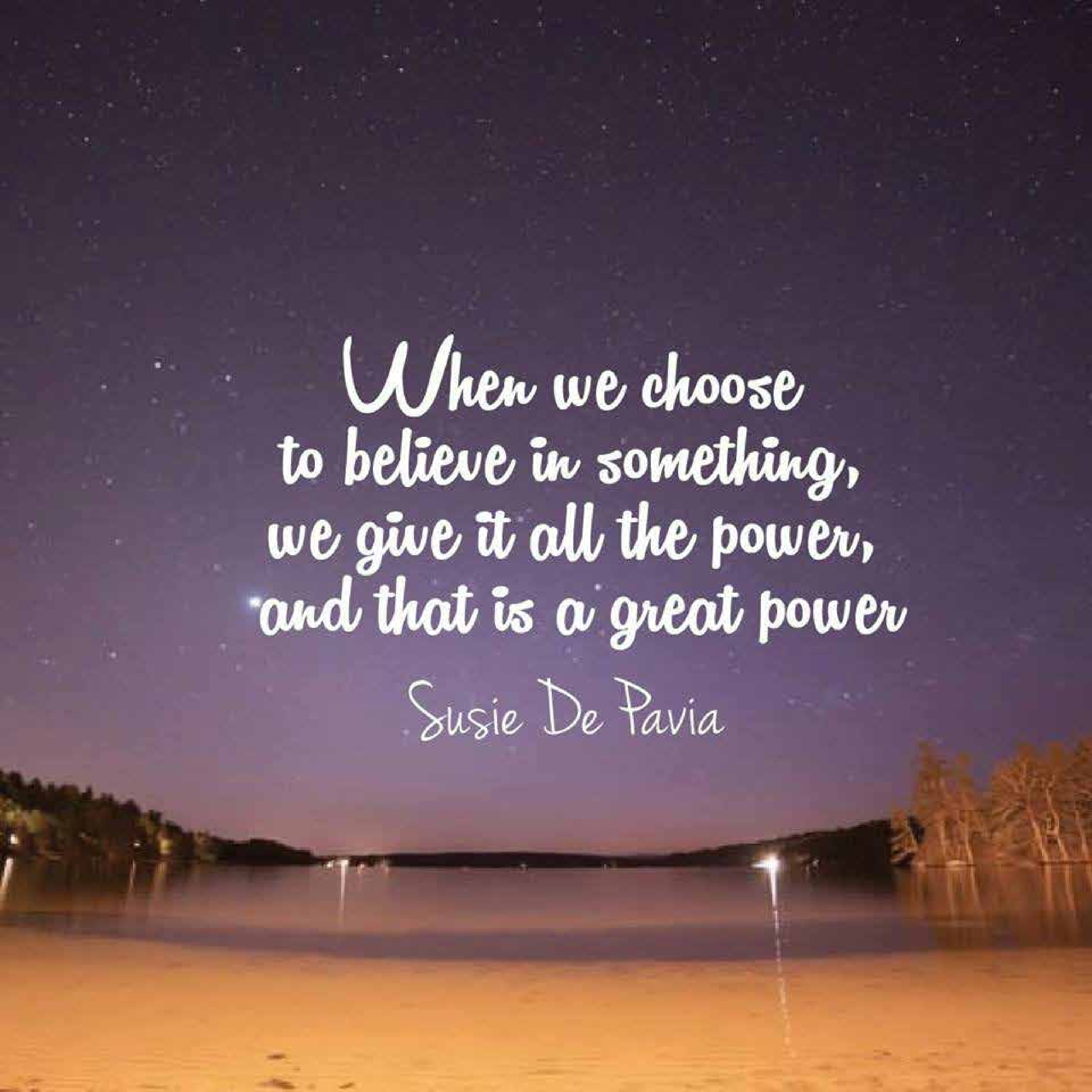
Receive each day with  
enthusiasm and receive  
each night with serenity

*Susie De Pavia*



*In the manner in which you  
think is the way you  
are in your heart*

*Susie De Pavia*

A night scene of a lake with water fountains and trees. The sky is dark with many stars. The water is calm, reflecting the lights from the fountains and the trees on the shore. The foreground is a sandy beach.

When we choose  
to believe in something,  
we give it all the power,  
and that is a great power

Susie De Pavia



---

---

OUR THOUGHTS

---

---

*create our reality*

*Susie De Pavia*

Words are very powerful  
they are created with the energy of our thoughts

**THE WORDS YOU USE WILL  
manifest themselves**

in the material world

Susie De Pavia



Pay attention to your  
own thoughts and put into  
motion the changes you can  
make for yourself.

Susie De Pavia





If we focus on faith,  
wisdom, strength, love,  
power, order, and  
enthusiasm we can  
expand their  
presence in our  
lives.

*Susie De Pavia*

*We can do everything*

**WE IMAGINE IF WE**

---

*value each thought as a*

---

creative tool to achieve it.

*Susie De Pavia*



# **FORGIVENESS**

FILLS US

WITH

*freedom*

Susie De Pavia



WHAT IS IN FRONT OF YOU & WHAT IS IN THE PAST

*is smaller*

---

THAN THE POWER

*that is within you.*

*Susie De Pavia*



THERE IS  
AN

INFINITE WISDOM

WITHIN US;

call upon it and connect to it.

Susie De Pavia

Love has

a great power

when we decide to

forgive and let go what

has been done to us.

Susie De Pavia

WE ARE THE AUTHORS OF WHAT WE THINK  
AND WHAT WE ALLOW OURSELVES TO FEEL.

*Susie De Pavia*

A person with blonde hair, wearing a dark, quilted winter jacket, is shown in profile, looking out over a city at sunset. The scene is framed by a large, semi-transparent circle with a white, hand-drawn scalloped border. The quote is centered within this circle.

WE CONTROL  
*our minds and  
the stories*  
we tell  
OURSELVES.

Susie De Pavia



Stop feeling

RESENTMENT

towards someone  
or something because

it is simply

RE-LIVING


what happened.

*Susie De Pavia*



**AFFIRMATIONS ARE  
LIKE SEEDS.  
PLANT SEEDS  
THAT ALLOW YOU TO  
APPROACH  
LIFE WITH  
CONFIDENCE  
AND TRUST.**

*Susie De Pavia*



Use your words  
to create exactly  
what you want  
to manifest in  
your life.

*Susie De Pavia*

We can choose  
to change our perspective  
towards improvement

*Susie De Pavia*



A photograph of a couple sitting on a wooden park bench. The woman on the left is looking at her smartphone. The man on the right is holding her hand and looking towards the camera. The background is a blurred forest. The quote is overlaid in the center of the image.

When you change,  
everything around  
you changes!


*Susie De Pavia*



When you ask the  
universe for something,  
have trust!!

If you worry or  
stress about when  
you are going to  
get it, its as if you  
canceled your order.

Susie De Pavia



Feel happiness,  
see and perceive  
your life with  
happiness. In  
doing so, you  
create more  
situations that  
will bring you  
happiness.

Susie De Pavia



Love is power!

*We have an  
unlimited amount  
of love inside us.*


---

**GIVE IT, SHARE IT, AND  
SHOW IT TO OTHERS.**

---

*Susie De Pavia*





**ACT WITH INTEGRITY  
SO THAT YOU LEAVE  
A MARK ON YOUR PATH**

*Susie De Pavia*

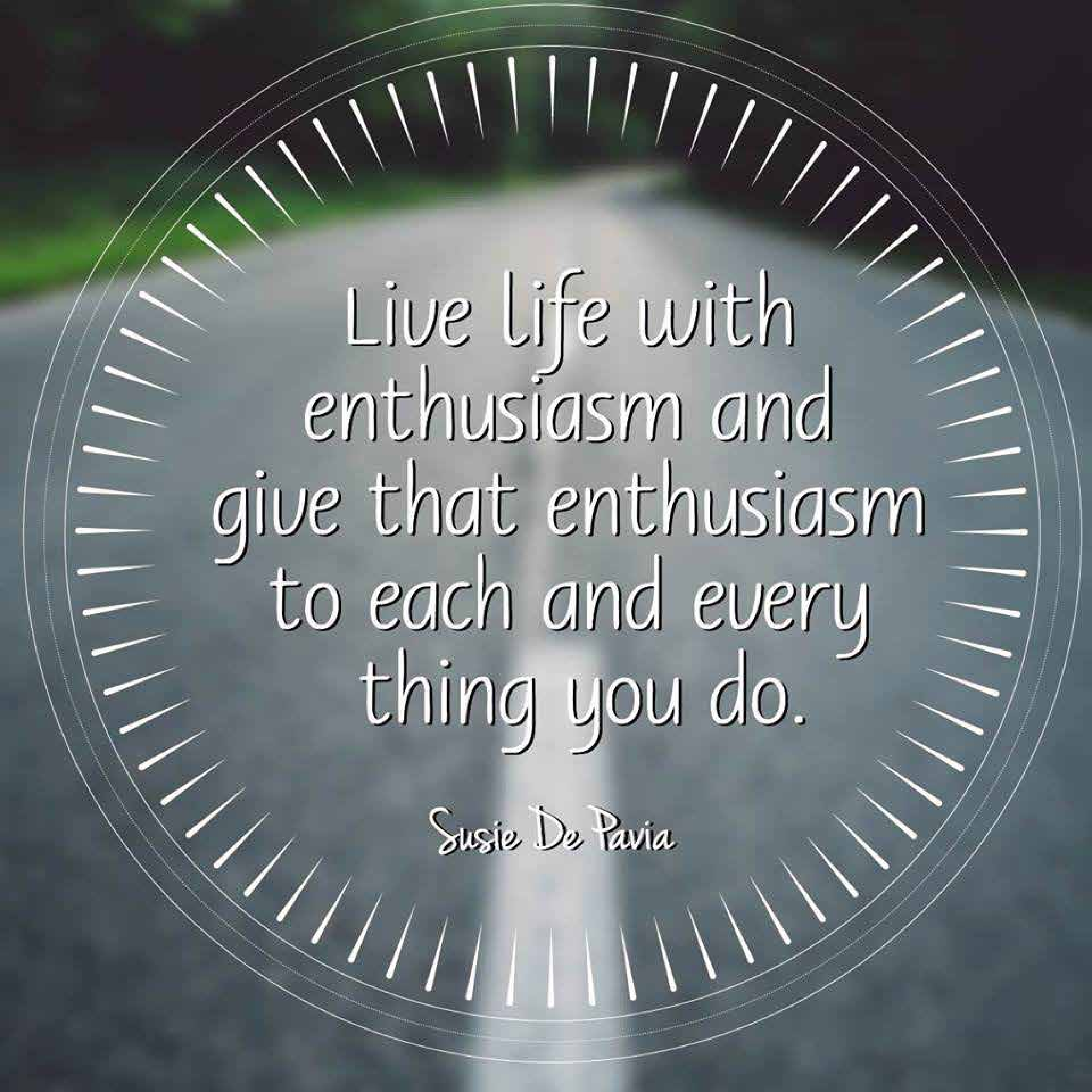


Today's thoughts and feelings

create a frequency that determines tomorrow.

*Make your future  
marvelous.*

Susie De Pavia

A circular graphic with a sunburst pattern around the text. The sunburst consists of many thin, white, radiating lines that create a glowing effect. The background is a soft, out-of-focus image of a landscape with greenery and a path.

Live life with  
enthusiasm and  
give that enthusiasm  
to each and every  
thing you do.

*Susie De Pavia*



*What you think,  
you attract.*

SUSIE DE PAVIA

Feel capable and with  
the ability to do something  
no matter how hard  
you may see it.

Give the best of yourself  
and believe in yourself.

Susie De Pavia

ALL THE CIRCUMSTANCES THAT WE ATTRACT  
HELP US GROW.


REALIZE THAT EVERYTHING IS  
FOR YOUR OWN GOOD.

*Susie De Pavia*

Feel the power of  
living in the now  
and enjoy it!

*Susie de Pavia*





Silence can  
prevent  
many  
problems...  
practice it!

*Susie De Pavia*



Each cell in your body vibrates  
with what you say; express health,  
vitality, and energy.

Susie De Pavia



A SMILE CAN  
BENEFIT ANY  
SITUATION.

*Susie De Pavia*

Smile!

DECIDE TO CHANGE  
YOUR ATTITUDE  
OR ACCEPT WHAT  
IS WITHOUT  
COMPLAINING.

*Susie De Pavia*

YOUR WILL IS A  
POWERFUL ACTION  
THAT HELPS YOU REACH  
WHAT YOU PROPOSE  
FOR YOURSELF.

---

*Susie de Pavia*



Stop suffering;  
look beyond what is  
in front of you and  
see the opportunity  
to redesign your life.

Susie De Pavia

The background of the image is white with numerous soft, pink, brushstroke-like shapes scattered across it. These shapes vary in size and orientation, creating a textured, artistic feel. The text is centered and written in a black, cursive script.

Give the best that is  
within you; only you have  
something unique  
and original to  
offer others.

Susie De Pavia



WANT, ASPIRE OR DESIRE  
WITH THE CERTAINTY THAT  
YOU HAVE BEEN HEARD.

Susie De Pavia





Have all the faith  
necessary to accomplish  
what has been born in  
your heart because it is  
good and wise.

*Susie De Pavia*



*Give your dreams a new  
beginning if they  
have hit a roadblock;  
something better  
will reveal itself!*




*Believe!*

*Susie De Pavia*

Don't let others determine  
your potential.  
Realize that you have what  
is necessary  
to succeed.

Susie De Pavia



*What happened in your past is not  
as important as what can happen  
in your future.*

*Susie De Pavia*



**SORROUND YOURSELF WITH  
OPTIMISTIC AND POSITIVE PEOPLE,  
THAT ENVIROMENT WILL FORM  
NEW EXPERIENCES**

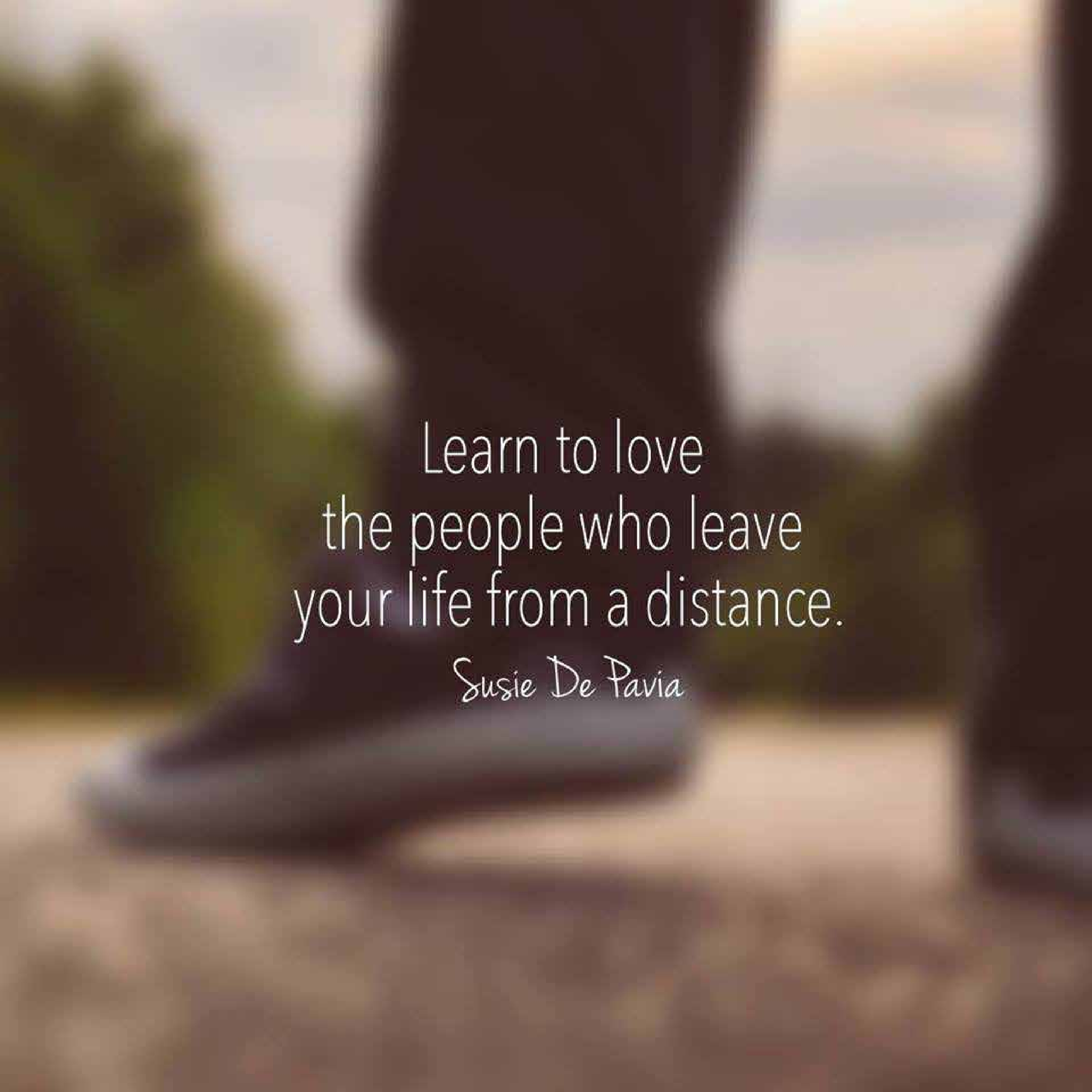
*Susie De Pavia*



The image features a motivational quote centered on a dark purple, brush-stroke-like graphic. The background is a soft-focus sunset over a body of water, with warm orange and yellow tones. The quote is written in a white, cursive font. The author's name, 'Susie De Pavia', is written in a smaller, white, cursive font below the main text.

Stop talking about how you  
are and instead talk about how  
you would like to be.

Susie De Pavia



Learn to love  
the people who leave  
your life from a distance.

*Susie De Pavia*

A blurred image of a person in a blue shirt running on a path, with a quote overlaid.

Don't settle for whatever,  
fight for what you  
really deserve.

Susie De Pavia

*You only have one life  
so try to make  
the best of it!*

*Susie De Pavia*





A scenic landscape featuring a sunset over a field. The sun is low on the horizon, casting a warm glow over the scene. A path leads from the foreground towards a large tree in the middle ground. The sky is filled with soft, colorful clouds. The overall mood is peaceful and serene.

**FEEL CONTENT WITH  
THE PERSON THAT  
YOU ARE AND ACCEPT  
ALL THE BEAUTY  
THAT IS WITHIN YOU.**

*Susie De Pavia*

**ALL THE FEELINGS/VIBES YOU SEND OUT**  
*are the same ones that return to you.*

*Susie De Pavia*



Allow your words  
to work for you  
and not against you!

Susie De Pavia

IF YOU CHANGE THE WAY  
YOU EXPRESS YOUR OWN THOUGHTS  
ABOUT YOURSELF,  
YOU CAN CHANGE YOUR LIFE  
AND YOUR ESSENCE.

*Susie De Pavia*

*Make positive  
declarations about  
your life and they  
will manifest quicker.*

*Susie De Pavia*

# All of our words

MARK THE DIRECTION OUR LIVES WILL TAKE.

SUSIE DE PAVIA



EACH DAY CHOOSE  
TO HAVE MORE CONFIDENCE IN YOURSELF  
AND IN YOUR PERSONAL DEVELOPMENT.

*Susie De Pavia*

A close-up photograph of a person's hands holding a lit sparkler. The person is wearing a grey, textured knit sweater. The sparkler is bright orange and yellow, with many sparks flying out. The background is a solid teal color. The text is overlaid on the left side of the image.

**ACCEPT  
THAT YOU HAVE  
SOMETHING TO OFFER  
THAT NO ONE  
ELSE DOES**

*Susie De Pavia*





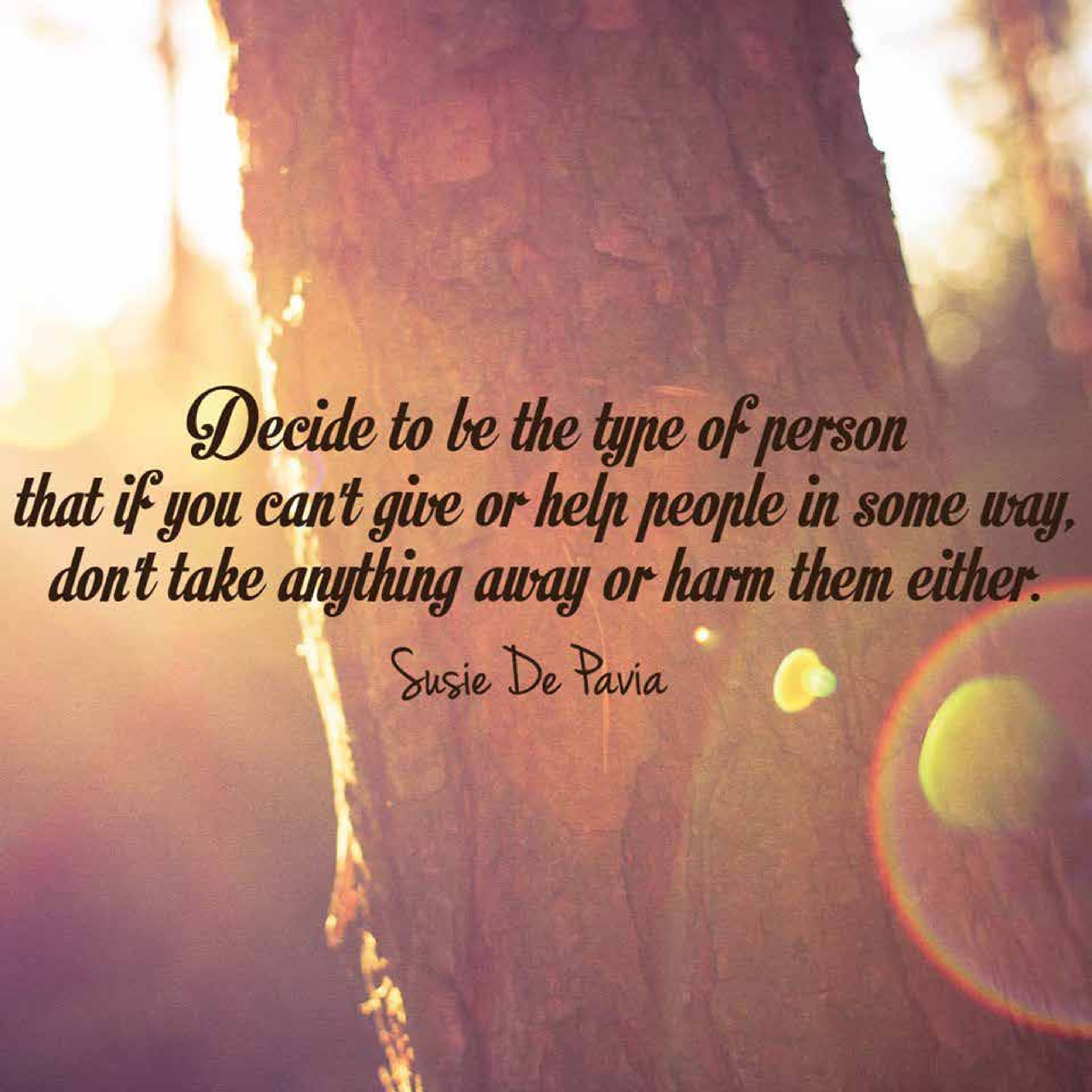
See the best in others  
and they will give  
you the best of  
themselves.

*Susie De Pavia*

*To get ahead in life,  
you must be on time!*

*Susie De Pavia*





*Decide to be the type of person  
that if you can't give or help people in some way,  
don't take anything away or harm them either.*

*Susie De Pavia*

**CELEBRATE EACH MOMENT,  
EACH INSTANT, AND THERE WILL BE  
EVEN MORE TO CELEBRATE!**

*Susie De Pavia*

FOCUS ON NOT ONLY  
BREAKING BAD HABITS,  
BUT ON REPLACING THEM  
WITH GOOD ONES!

*Susie De Pavia*



Happiness does not depend  
on the circumstances,  
but rather on us choosing it!

Susie De Pavia

**—DON'T MAKE—**

things bigger than they are

**—THERE IS—**

a greatness within you

*to help find the best solution.*

.....  
Susie De Pavia  
.....

The image features several pink orchid flowers with yellow and orange centers, set against a light pink background. The flowers are arranged in a way that they appear to be part of a larger bouquet or stem. The text is overlaid on this background.

# Stop thinking about your failures

and focus on what you are about  
to achieve and prove you can do.

*Susie De Pavia*





**Dont allow the negative criticism  
of others determine your destiny.  
Encourage yourself!**

*Susie De Pavia*

*Instead of making others happy  
or pleasing others,*

**start giving**

*more to yourself.*

*Susie De Pavia*



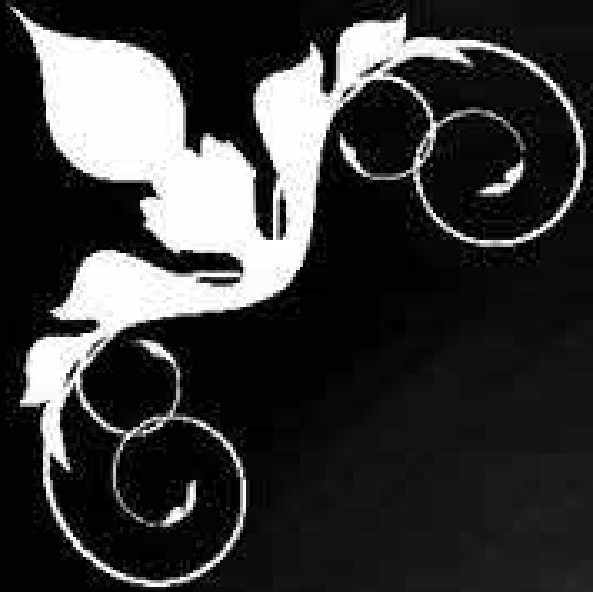
Appreciate the place and time  
you are in and from there,  
decide where you want to go!

Susie De Pavia


Sometimes  
our faith does not  
act immediately,  
but it helps us  
on our path to  
make our dreams  
come true.

*Susie De Pavia*





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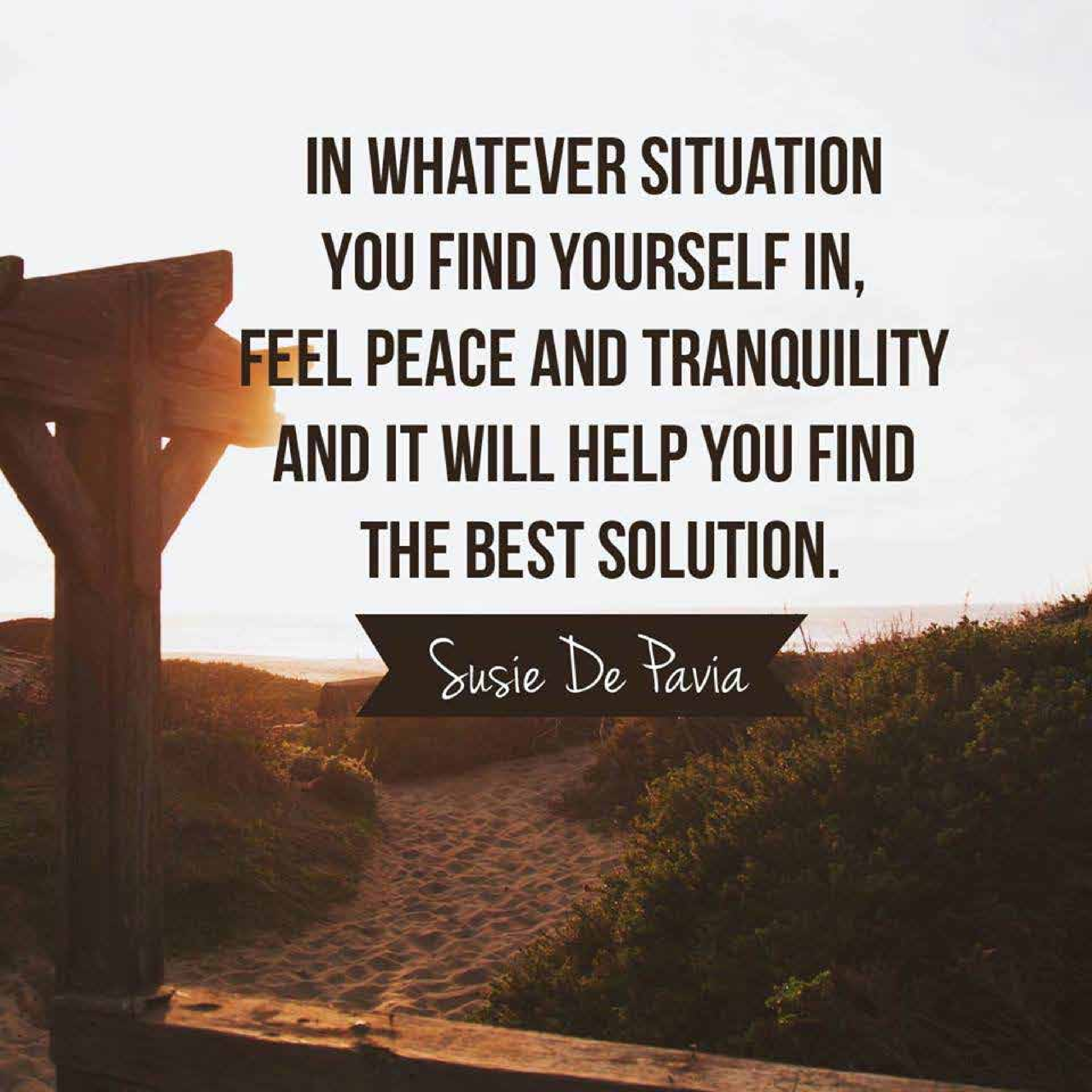
We must maintain  
the confidence that we  
will obtain what we have  
been fighting for without  
doubt or fear.  
This will make it manifest  
itself quicker.

Susie De Pavia



---



A scenic view of a coastline at sunset or sunrise. In the foreground on the left, there is a wooden structure, possibly a signpost or part of a building, with a warm, golden glow from the setting or rising sun. The background shows a vast expanse of water meeting a hazy, orange-tinted sky. The overall mood is peaceful and contemplative.

**IN WHATEVER SITUATION  
YOU FIND YOURSELF IN,  
FEEL PEACE AND TRANQUILITY  
AND IT WILL HELP YOU FIND  
THE BEST SOLUTION.**

*Susie De Pavia*



FORGET ABOUT WHAT YOU HAVE NOT ACCOMPLISHED,  
AND FOCUS ON WHAT YOU HAVE ACCOMPLISHED AND  
THE GOALS YOU HAVE REACHED!

*Susie De Pavia*

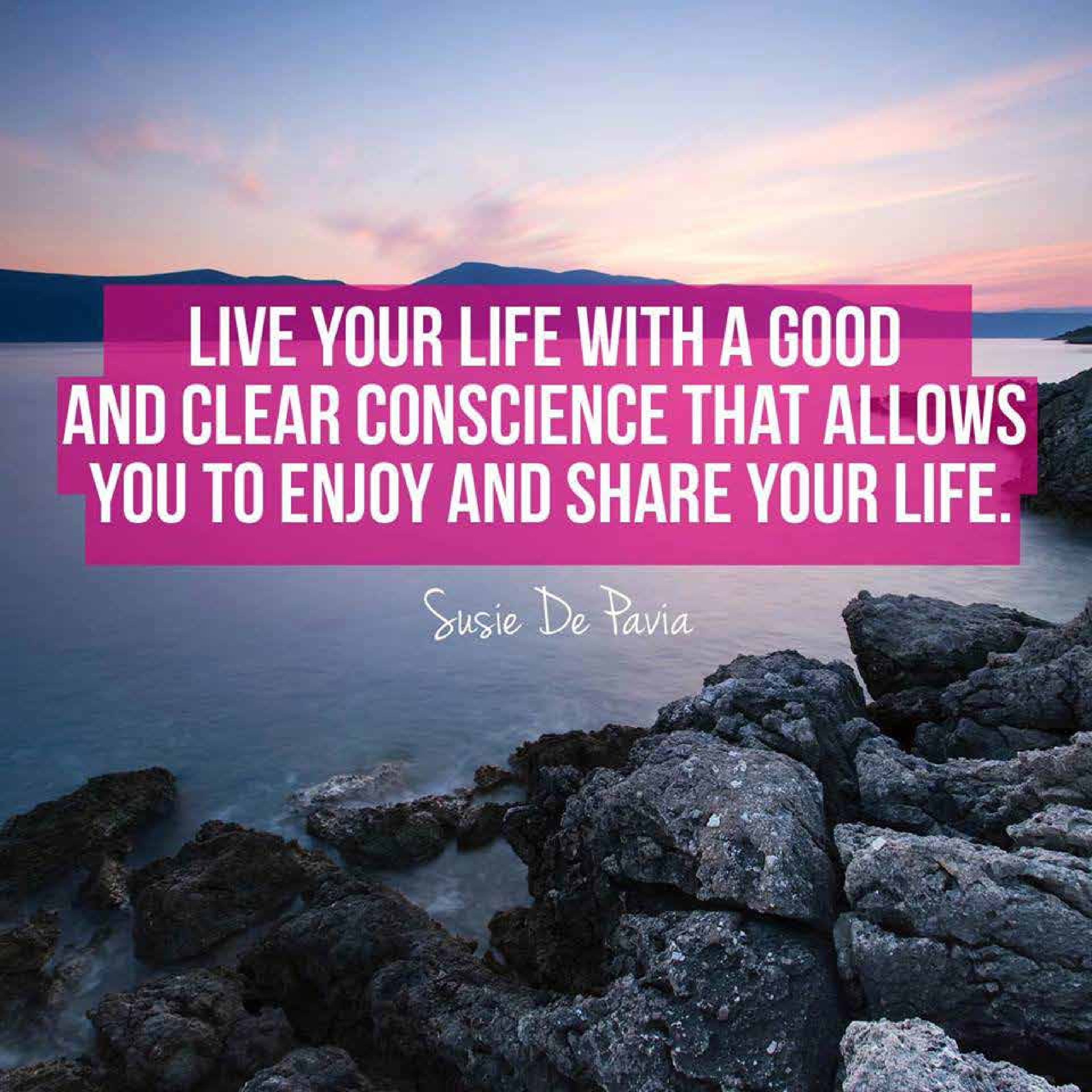


*Remember that there is a divine plan for you.*

*Listen, observe, and let it  
unfold in your life.*

*Susie De Pavia*






**LIVE YOUR LIFE WITH A GOOD  
AND CLEAR CONSCIENCE THAT ALLOWS  
YOU TO ENJOY AND SHARE YOUR LIFE.**

*Susie De Pavia*

Listen to your inner voice  
which is full of wisdom  
and lessons, and follow  
the opportunities  
that present themselves  
confidently.

Susie De Pavia





COUNT YOUR  
BLESSINGS AND YOU  
WILL REALIZE THAT  
THERE ARE MANY MORE  
THINGS TO BE  
GRATEFUL FOR.

*Susie De Pavia*

LIVE EVERY MOMENT  
OF YOUR LIFE PASSIONATELY,  
FOR THEY ARE IRREPLACEABLE.

*Susie De Pavia*


THERE IS A DIFFERENCE BETWEEN  
BELIEVING AND WAITING.

..... Susie de Pavia .....

BELIEVING IS MAKING IT A GIVEN  
THAT IT IS OR WILL BE DONE,  
AND WAITING IS DOUBTING IT.

STOP LOOKING AT  
THE BAD THINGS IN YOUR LIFE  
AND INSTEAD APPRECIATE AND GIVE THANKS  
FOR ALL THE GOOD THAT YOU HAVE.

*Susie De Pavia*



Every day that we live  
is a gift, and to live in the present  
is another gift.


Susie De Pavia



**WHEN YOU DO GOOD  
THINGS WITH  
GOOD MOTIVES,  
UNLIMITED GOOD  
THINGS WILL COME  
INTO YOUR LIFE.**

*Susie De Pavia*



A scenic landscape featuring a range of mountains under a dramatic sky at sunset or sunrise. The sky is filled with soft, golden light and scattered clouds, with the sun's glow creating a warm, orange and yellow hue. The mountains in the foreground are silhouetted against the bright sky, with some peaks appearing more prominent than others. The overall atmosphere is peaceful and inspiring.

*Show yourself as  
who you really are,*

NOT WHO YOU AREN'T.

*Susie De Pavia*

We always  
attract what

*Susie De Pavia*

we continuously  
think of.

Celebrating others' success  
opens the door for us  
to be the next recipients  
of success.

Susie De Pavia



Be good to others and treat them  
with respect and you shall receive  
the same in return.

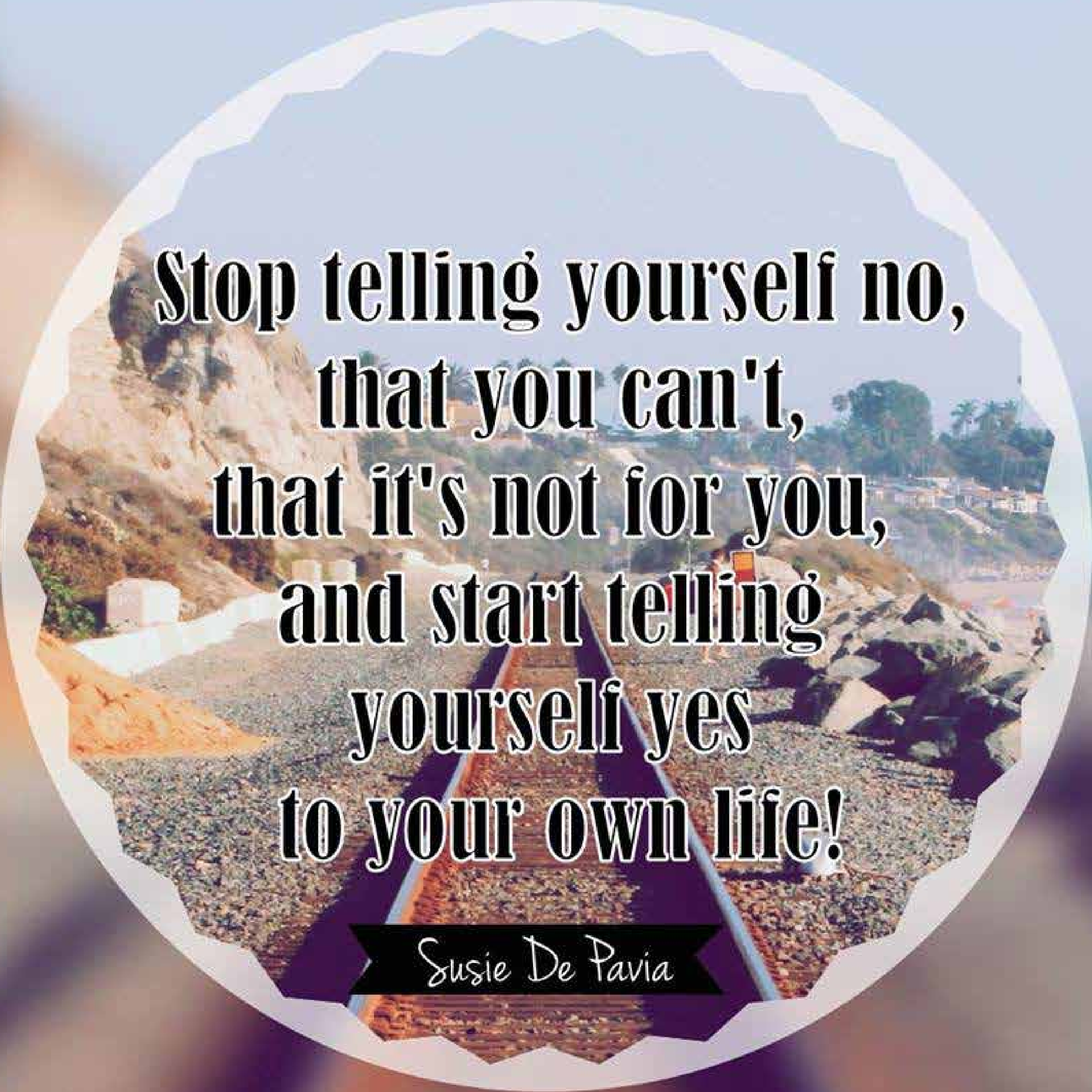
Susie De Pavia

STUDIES SHOW  
THAT WE MUST HEAR  
5 POSITIVE THINGS  
TO CANCEL OUT  
ONE NEGATIVE THING.

*Susie De Pavia*

**DO EVERYTHING THAT YOU DO  
IN LIFE AS IF IT WERE  
FOR YOU EVEN IF  
IT IS FOR OTHERS.**

*Susie De Pavia*

A circular graphic with a torn-paper edge. The background is a landscape featuring a dirt road that curves through a valley. To the left, there are steep, rocky hills. To the right, a river flows through the valley. In the distance, there are some buildings and trees. The overall scene is bright and clear.

**Stop telling yourself no,  
that you can't,  
that it's not for you,  
and start telling  
yourself yes  
to your own life!**

*Susie De Pavia*

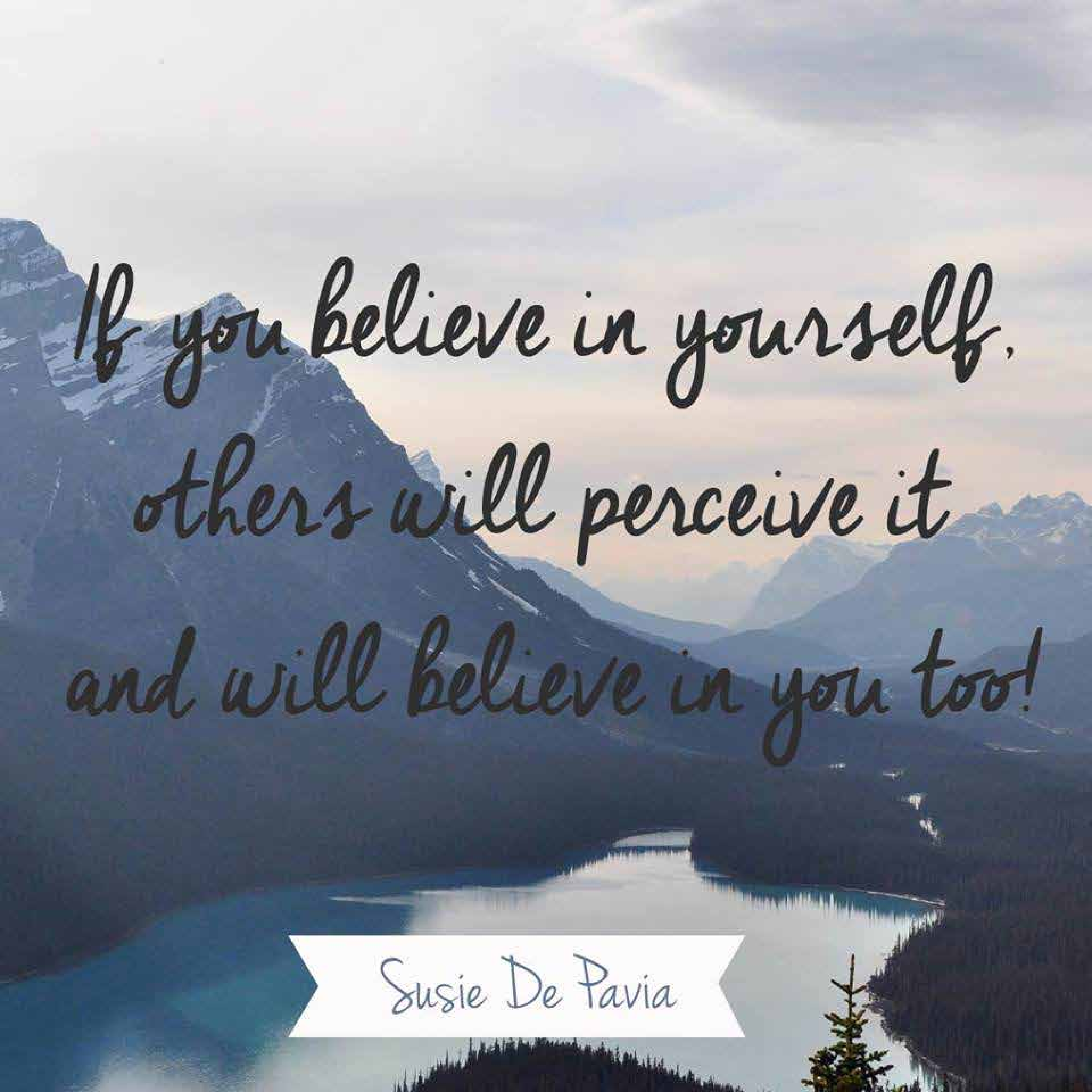
THE STABILITY OF A HOME  
DOES NOT RESIDE IN ITS FOUNDATION,  
BUT RATHER THE WOMAN THAT RESIDES IN IT.

*Susie De Pavia*



**We need to  
work together  
in the goal of  
obtaining what  
we want.  
being triumphant.  
and progressing.**

*Susie De Pavia*



If you believe in yourself,  
others will perceive it  
and will believe in you too!

Susie De Pavia

What you really want  
in life comes from a place  
where it is possible, so you CAN,  
and you WILL achieve it.

*Susie De Pavia*

*Maintain an attitude  
that it is going to happen  
because "I am going to make it happen  
and I'm going to see it  
become a reality."*

*Susie De Pavia*



*Throughout your life obtain  
the best you can out of every situation.  
By having a positive attitude  
you can achieve everything  
you propose for yourself.*

*Susie De Pavia*

IT'S EASIER TO SAY NO, THAT YOU CAN'T,  
TO DOUBT YOURSELF, OR TO EXPECT THE WORSE  
BECAUSE IF YOU FAIL YOU WON'T BE DISAPPOINTED.


DECIDE TO CHANGE THAT "NO" INTO A "YES"!

*Susie De Pavia*



Get out of your comfort zone  
and try something new  
even if you feel uncomfortable  
is valuable to try!

*Susie De Pavia*



Be the best  
version of  
yourself and  
show it  
to the world.

Susie De Pavia



DOUBTING YOURSELF  
ONLY DISTRACTS YOU  
FROM WHAT YOU  
REALLY WANT TO DO

*Susie De Pavia*

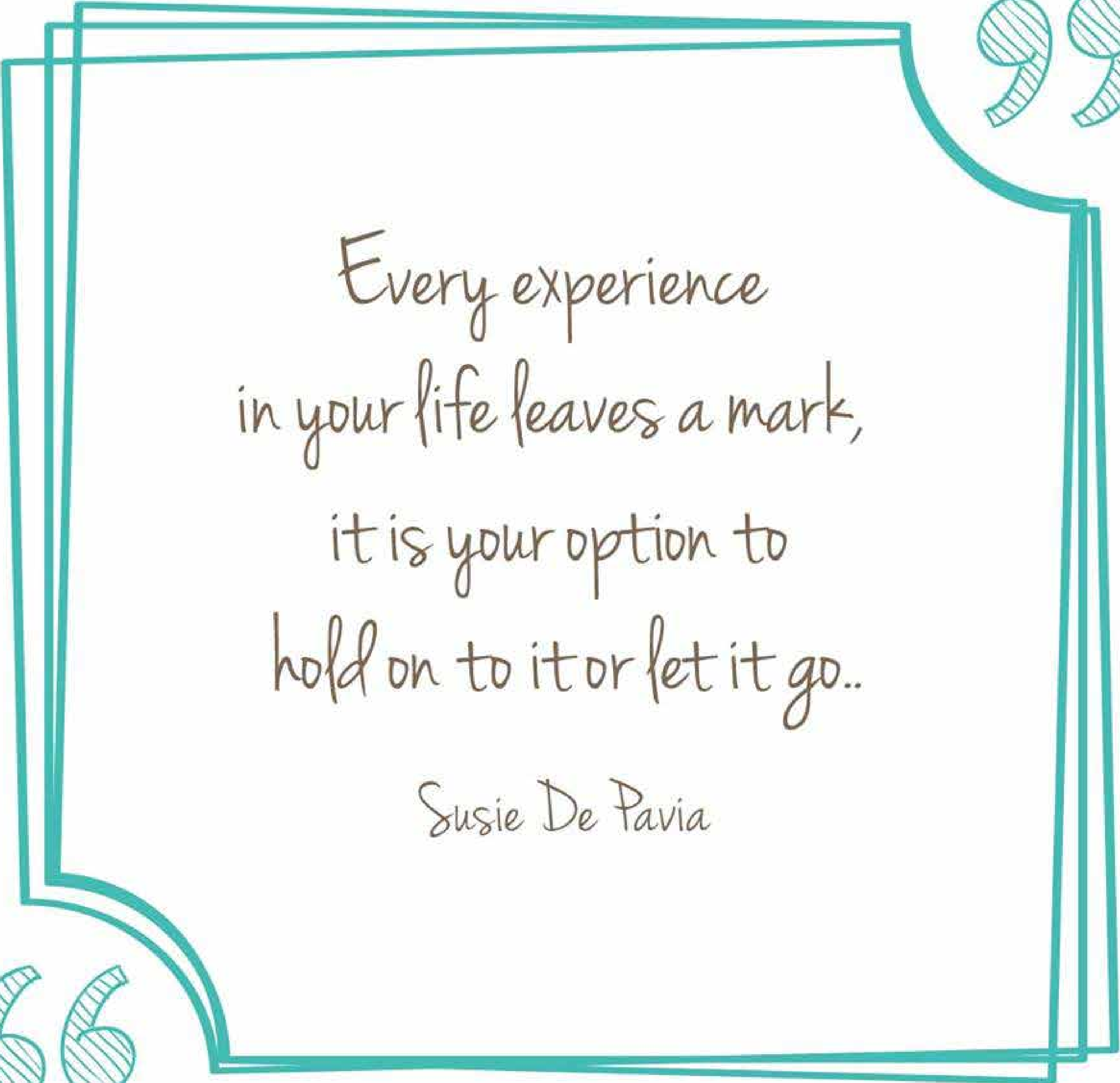


BREAK THE HABIT OF USING FEAR AS  
AN EXCUSE AND AS PROTECTION.  
THIS CAN HOLD YOU BACK IN YOUR  
PERSONAL DEVELOPMENT.

*Susie De Pavia*

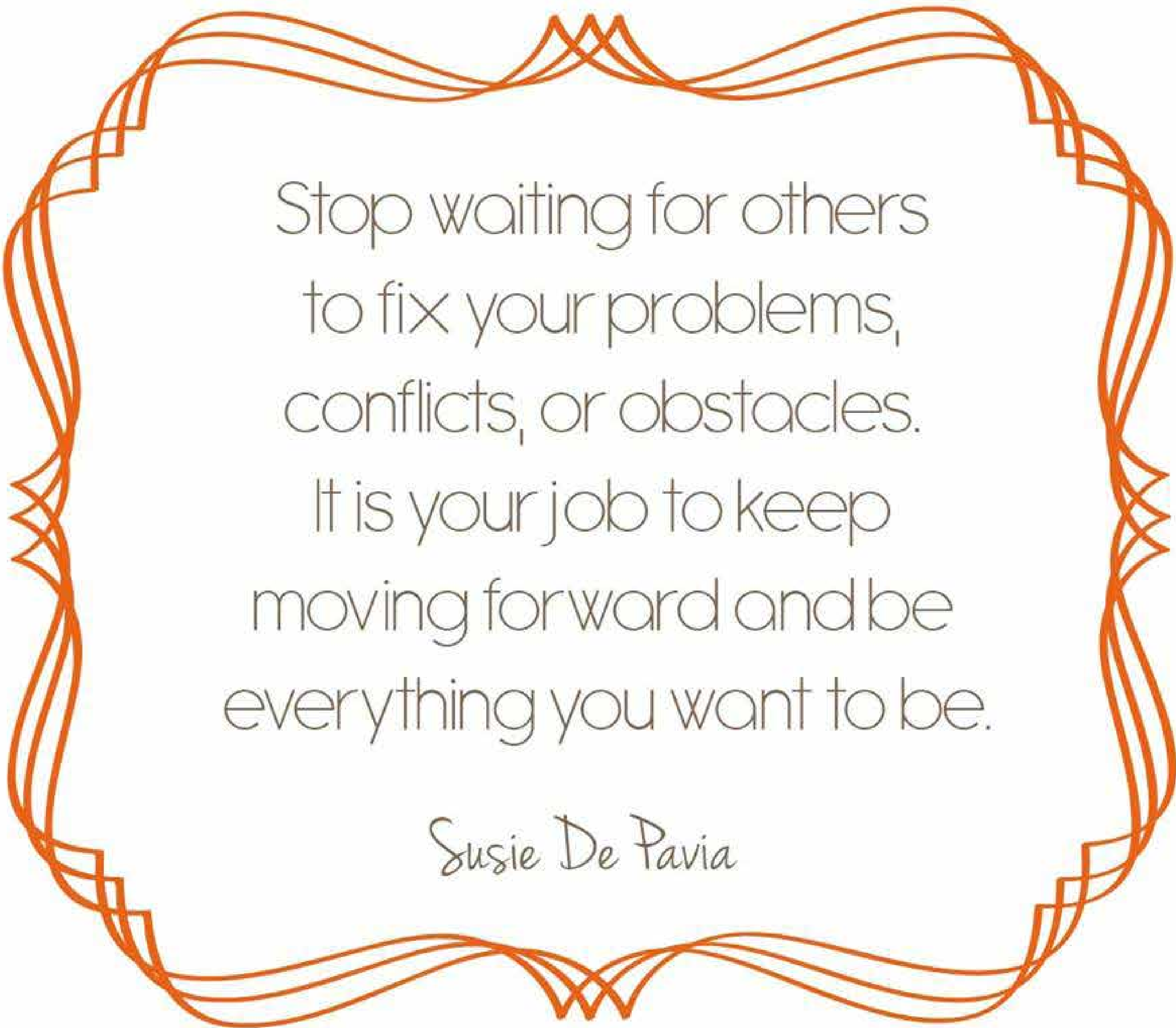
YOUR MIND CREATES THE BLUEPRINTS FOR YOUR LIFE.  
CHANGE YOUR MIND AND YOUR LIFE WILL CHANGE.

*Susie De Pavia*




Every experience  
in your life leaves a mark,  
it is your option to  
hold on to it or let it go..

Susie De Pavia



Stop waiting for others  
to fix your problems,  
conflicts, or obstacles.  
It is your job to keep  
moving forward and be  
everything you want to be.

*Susie De Pavia*



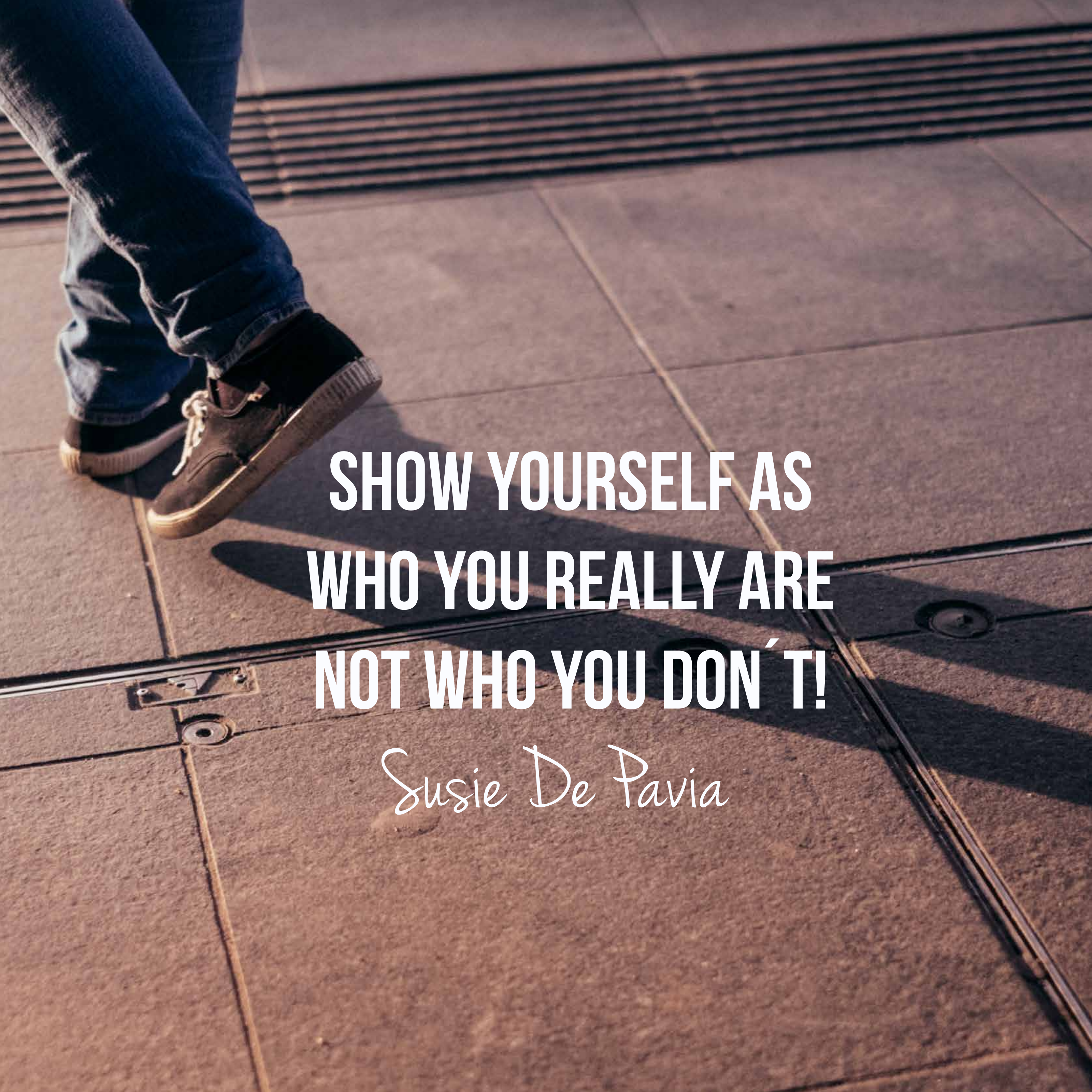
TO BE AN ADULT,  
WE MUST STOP  
CARRYING AROUND  
OUR CHILDHOOD.

*Susie De Pavia*

*Find your truth,  
find what is real for you  
based on who you are  
and what you want  
to be and have.*



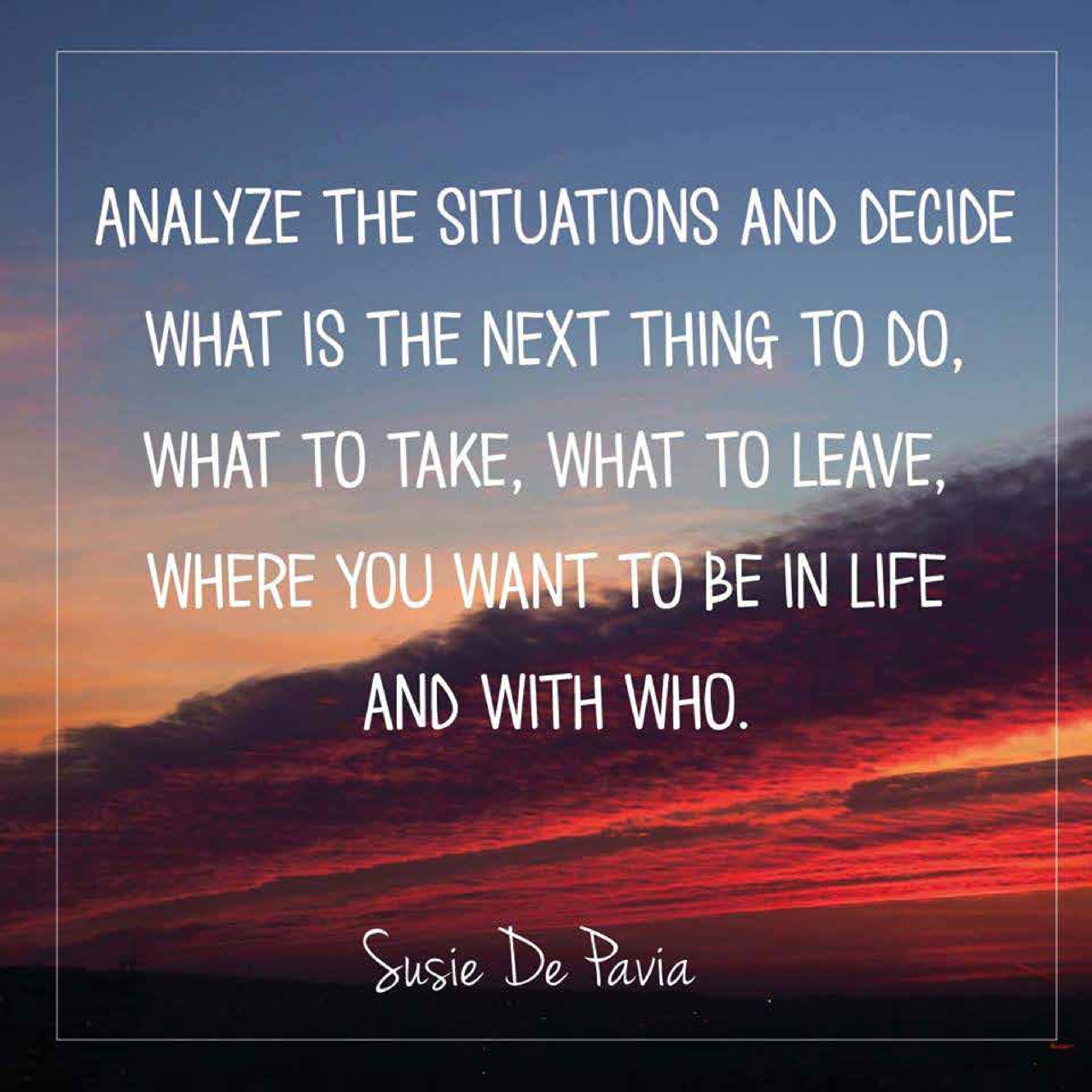
*Susie De Pavia*



**SHOW YOURSELF AS  
WHO YOU REALLY ARE  
NOT WHO YOU DON'T!**

*Susie De Pavia*





ANALYZE THE SITUATIONS AND DECIDE  
WHAT IS THE NEXT THING TO DO,  
WHAT TO TAKE, WHAT TO LEAVE,  
WHERE YOU WANT TO BE IN LIFE  
AND WITH WHO.

*Susie De Pavia*



**FROM EACH MISTAKE  
WE MAKE  
WE CAN FIND LESSONS  
AND NEW SOLUTIONS.**

*Susie De Pavia*



MAKE PEACE  
IN YOUR HEART  
WITH EVERY PERSON  
WHO HAS HURT YOU  
AND REPLACE RESENTMENT  
WITH FORGIVENESS.

*Susie De Pavia*

*When you look to the past,  
take the good and leave the bad behind.  
Keep moving forward.*

*Susie De Pavia*



IF YOU HAVE TO MAKE A BIG DECISION,  
ASK YOURSELF  
WHAT IT IS THAT YOU FEEL INSIDE?

Listen to your inner self  
and act based on that.

Susie De Pavia