


Susie De Pavia
quotes 2017





Appreciate who you are,
what you have accomplished,
and all the capacity
you have to achieve more!

Susie De Pavia

REMEMBER THAT YOU ARE NOT ALONE
EVEN THOUGH IT MAY APPEAR
THAT WAY AND YOU FEEL THAT WAY.
THE UNIVERSE IS WITH YOU
IN EVERY MOMENT.

Susie De Pavia

When you can't find the light
at the end of the tunnel,
have faith and certainty
that everything is arranging itself
for a new path to open up.

Susie De Pavia



THOUGHTS BECOME REALITY,
so think about the best,
THE GOOD, AND THE POSITIVE.

Susie De Pavia



**Value everything that you are,
what you do, and what you can do.
You are a magnificent being.
Give yourself recognition
and love yourself.**

Susie De Pavia



Worrying is worthless.

Occupy yourself
with what you have
and what you can do
and leave the rest
for the Universe to do.

Susie De Pavia

visualize what you need,
feel it with all your senses
and it will turn
into reality.

Susie De Pavia

SEE AND PERCEIVE
THINGS THE WAY
YOU WANT THEM TO BE
AND THEY WILL
TRANSFORM INTO
WHAT YOU WANT
THEM TO BE.

Susie De Pavia



**THE LAW OF ATTRACTION
REQUIRES TO BE IN SYNCH
WITH WHAT YOU WANT TO ATTRACT.
IF YOU WANT LOVE,
BE MORE LOVING.**

Susie De Pavia

It takes more energy
to be in a negative mindset,
so make your path easier
and employ a positive
mindset.

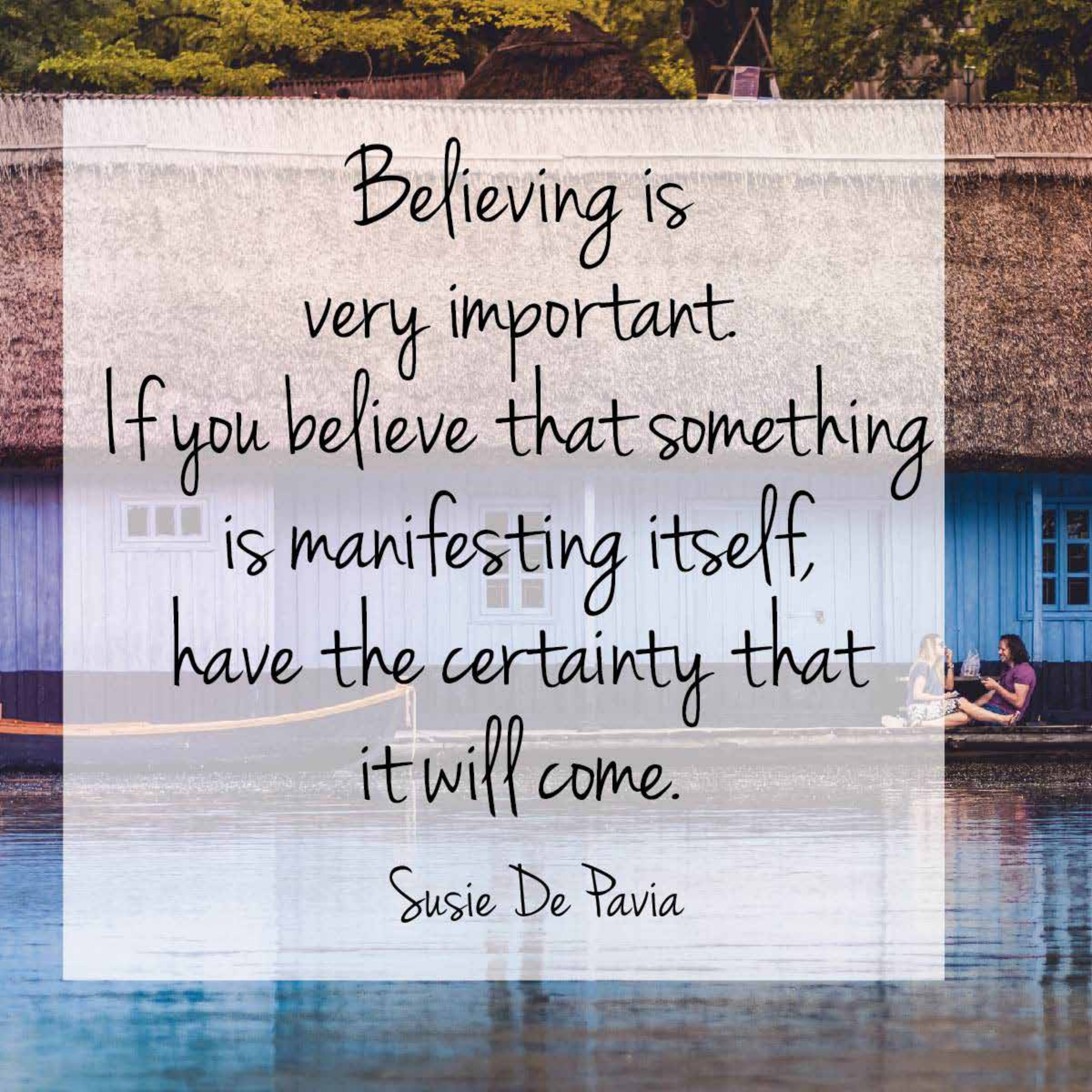
Susie De Pavia

JOY IS OUR NATURAL ESSENCE.
RECOGNIZE IT AND SHOW IT WITH WORDS
THAT ARE GOOD, POSITIVE, OPTIMISTIC,
AND ENTHUSIASTIC.

Susie De Pavia

**When you do things
with the certainty
that they will work out,
rest in that certainty
and it will.**

Susie De Pavia



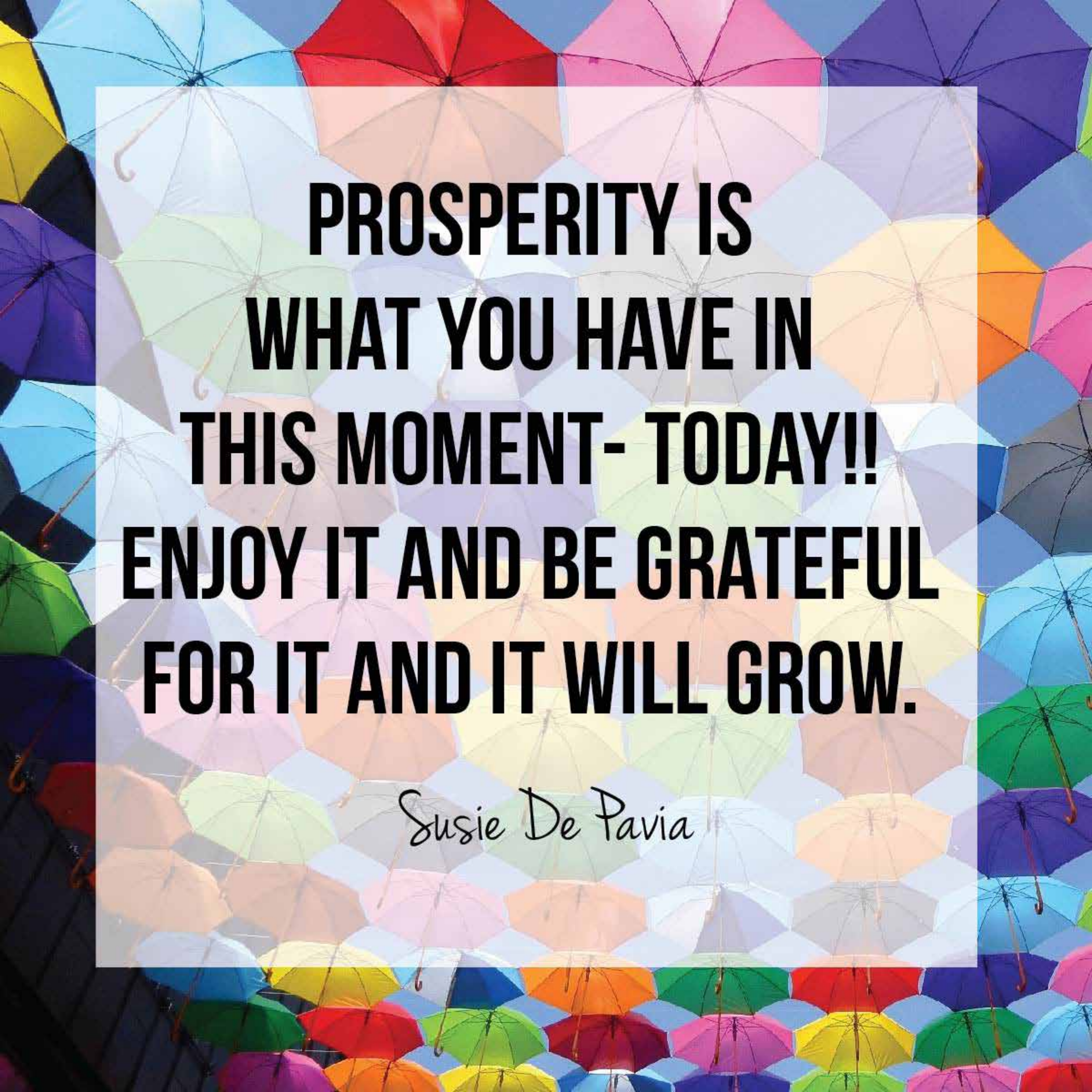
Believing is
very important.
If you believe that something
is manifesting itself,
have the certainty that
it will come.

Susie De Pavia

The more love you feel inside you
and in your heart, the more power
you have to create a satisfying
and fulfilling life.

Susie De Pavia





**PROSPERITY IS
WHAT YOU HAVE IN
THIS MOMENT- TODAY!!
ENJOY IT AND BE GRATEFUL
FOR IT AND IT WILL GROW.**

Susie De Pavia

TO CREATE WHAT YOU WANT,
your thoughts and feelings
MUST BE IN SYNC WITH IT
so that you can attract it.

Susie De Pavia

**When you feel like you can't take it anymore,
trust without doubt that the best answer
will come to you any moment.**

Susie De Pavia



After you have done
what you can do, what is in your **power**
to do about a **given** circumstance,
let the **Universe** take it from there.
It will do a **better** job than you!


Susie De Pavia



What is money?

Money is paper
and the easiest thing
to manifest.

Susie De Pavia


A photograph showing a portion of a silver laptop keyboard on the left and a tablet on the right. The tablet screen displays a handwritten quote in black cursive ink on a white background. The quote is: "Never treat someone from which you receive a benefit from badly." Below the quote, the name "Susie De Pavia" is written in a smaller, simpler cursive font. The background is a light-colored wooden surface.

Never treat
someone from
which you receive
a benefit
from badly.

Susie De Pavia

LEARN TO BE HONEST WITH YOURSELF
AND WITH YOUR FEELINGS.
FACE THEM AND ACCEPT THEM.

Susie De Pavia




**SETTING LIMITS
GIVES YOU FREEDOM
AND MAKES OTHERS
ACCOUNTABLE.**

Susie De Pavia

If you experience doubt,
fear, jealousy, or feelings of being let down,
it is a result of a lack of gratitude
for what you already have.

Susie De Pavia

A person is standing on the peak of a large, dark rock formation in the foreground. The background consists of rolling, hazy mountains covered in dense evergreen forests, bathed in the warm, golden light of a low sun. The overall atmosphere is serene and majestic.

The nature of the Universe
is to give,
you must be ready to accept
and to share.

Susie De Pavia




The feelings
you have inside you
are what you are
attracting today
and are forming
your future.

Susie De Pavia

Be consistent!

Decide to be consistent
in everything that you do
and all your goals will manifest easier.

Susie De Pavia

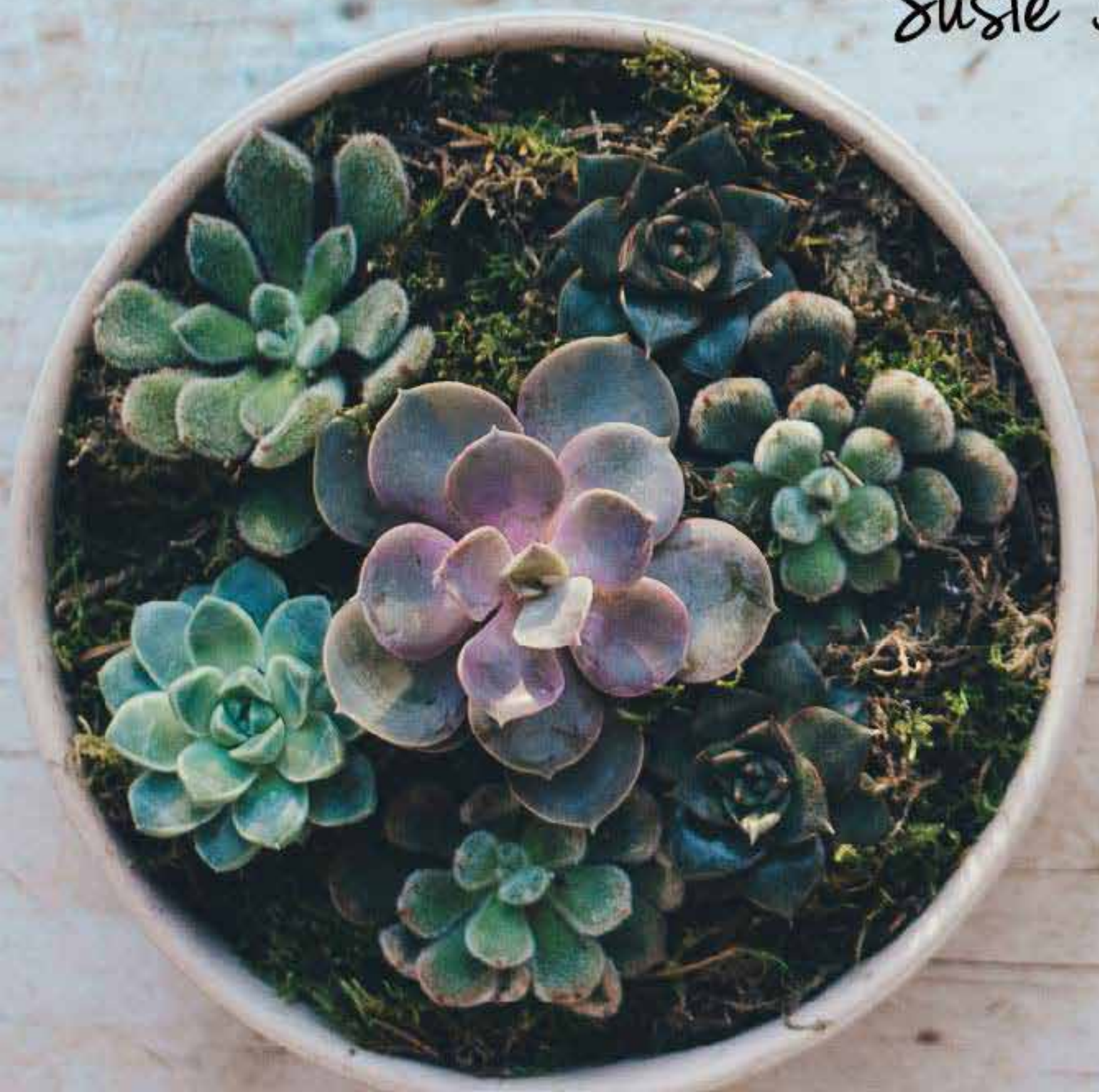


**RESPECT OTHERS OPINIONS.
YOU MAY NOT AGREE
WITH THEM,
BUT IT IS THEIR PERCEPTION
OF WHAT THEY HAVE LIVED.**

Susie De Pavia

ELEVATE THE VIBRATION
OF YOUR FEELINGS AND PERCEIVE YOUR EMOTIONS
BEFORE THEY OVERWHELM YOU.
GIVE YOURSELF MORE POSITIVE WORTH!

Susie De Pavia





When somebody or something
holds you back
in achieving something,
listen to yourself
and decide for yourself.

Susie De Pavia



If you can't find the solution or you can't find what you are looking for, stop, let it go, listen, and believe it is manifesting itself.

Susie De Pavia

IF YOU WANT TO FEEL INCREDIBLY HAPPY,
start counting your blessings
AND YOU WILL REALIZE THAT
there many more than
YOU MAY THINK.

Susie De Pavia

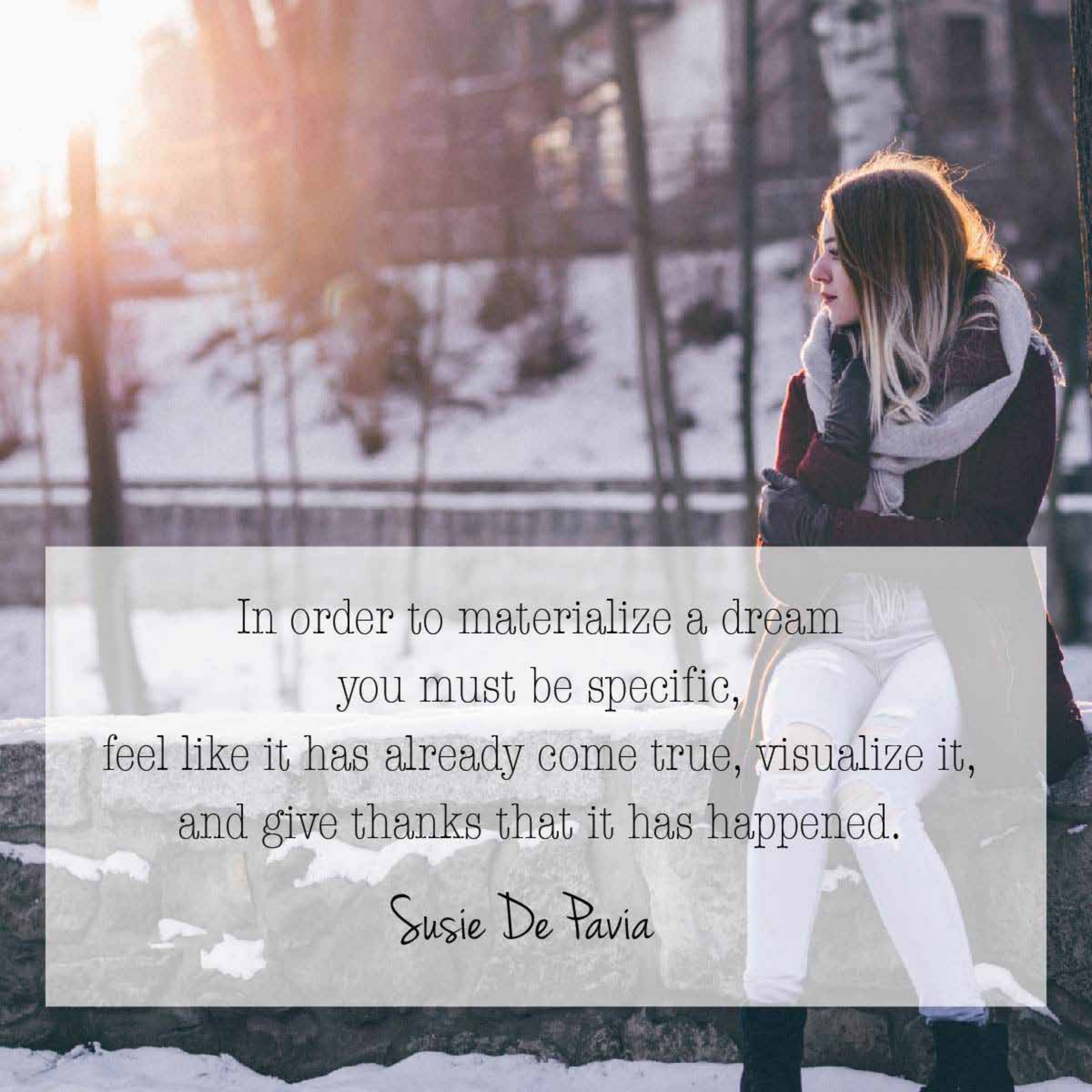


**DOUBT KILLS DREAMS
MORE THAN THE FEAR
OF FAILURE DOES.**

Susie De Pavia

If you want to have more in your life,
start by being more thankful
for what you already have
and this will pave the way for more
to present itself.

Susie De Pavia

A woman with long blonde hair, wearing a dark red jacket and a white scarf, stands in a snowy field. She is looking to the left. The background shows a sunset with warm orange and yellow light filtering through bare trees. The ground is covered in snow.

In order to materialize a dream
you must be specific,
feel like it has already come true, visualize it,
and give thanks that it has happened.

Susie De Pavia

Whatever you want to accomplish
is much easier if you add enthusiasm
and enjoy the process.

Susie De Pavia

Imagination

can create *fear* and *limitations*,
but it also has the power to change things
into something *new* and *positive*.

Susie De Pavia





Your life is
a direct result
of your personal energy.
If you do not like
what comes to you,
you can change
the energy
and information
that you put out.

Susie De Pavia



You attract what you feel,
not what you want!
It is important to feel abundance
and at peace instead of feeling fear
and limitations.

Susie De Pavia

When you open up and are willing to forgive
you free yourself from being the victim.

Susie De Pavia



The background of the image is a soft, pink-tinted sky filled with fluffy, white clouds. The clouds are scattered and vary in size, creating a dreamy and ethereal atmosphere. The overall color palette is a range of pinks, from light blush to a slightly deeper rose hue.

**WHATEVER YOU THINK
AND BELIEVE
YOU MANIFEST.**

Susie De Pavia

GIVE YOURSELF TIME TO SEE EVERYTHING
FOR WHICH YOU SHOULD FEEL GRATEFUL FOR.
THIS ALLOWS YOU TO ELEVATE YOUR FREQUENCY
AND KEEP ENJOYING LIFE
AND EVERYTHING AROUND YOU.

Susie De Pavia




**To acheive what you want
you must start by accepting
and believing you have
the ability to have it.**

Susie De Pavia

A composite image with a dark background. At the top, a portion of a globe (Earth) is visible. Below it, a road with white dashed lines curves through a landscape with large, billowing white clouds. The text is centered over the road and clouds.

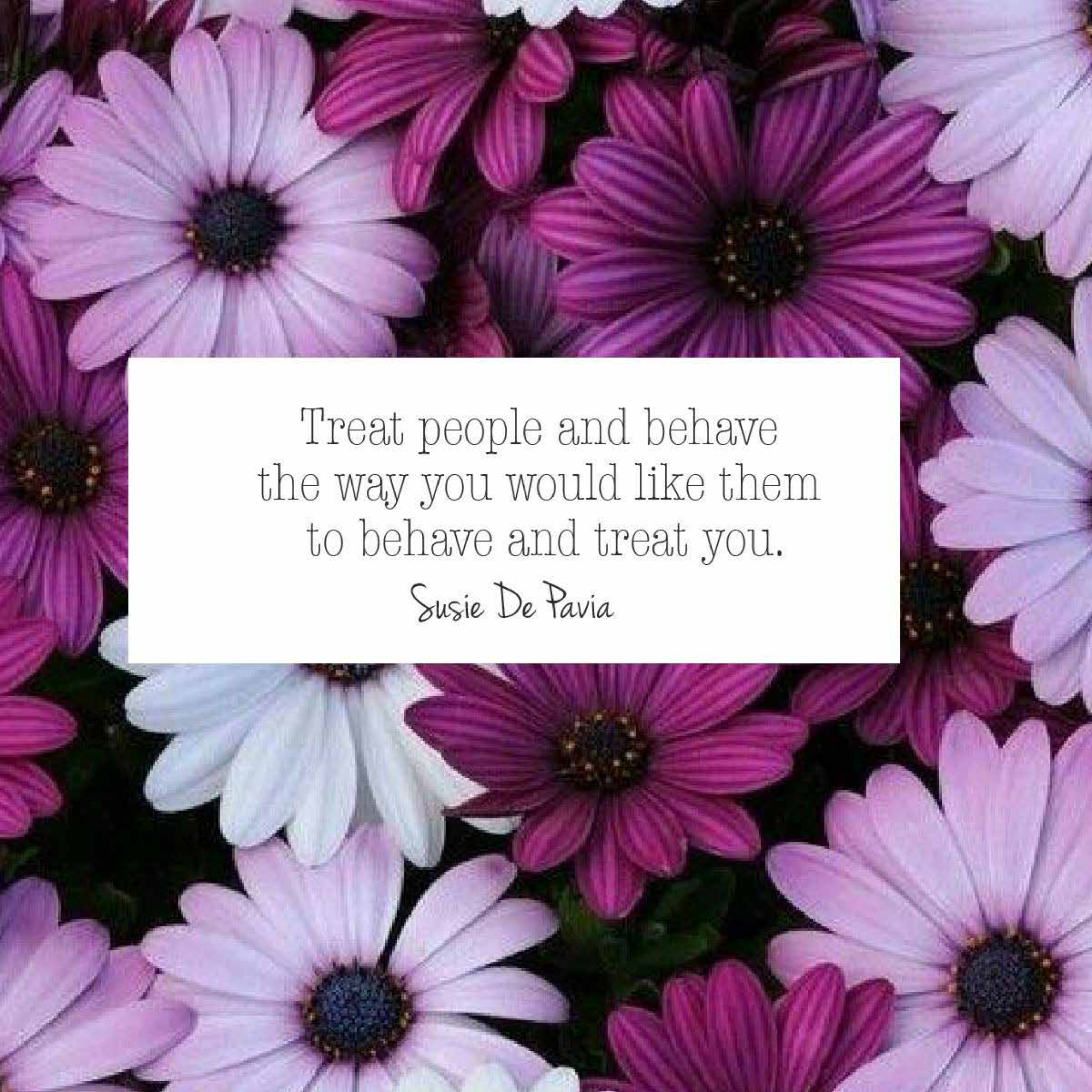
**YOU HAVE AN UNLIMITED POWER
THAT ONLY YOU CAN EXPERIMENT,
ACCEPT, FEEL, AND
LET WORK FOR YOU.**

Susie De Pavia

A large, fluffy blue cloud is positioned at the top of the image. From the base of the cloud, numerous white droplets of varying sizes are falling, creating a rain effect against a solid black background. The droplets are scattered across the lower two-thirds of the image, with some appearing as small dots and others as thin vertical lines.

**STOP JUDGING OTHERS
BY WHAT THEY APPEAR TO BE
HAVE EMPATHY AND TRY
TO BE UNDERSTANDING
ONLY THEY KNOW WHAT THEY
HAVE GONE THROUGH.**

Susie De Pavia



Treat people and behave
the way you would like them
to behave and treat you.

Susie De Pavia

**WHATEVER FEELING
YOU WANT IN YOUR LIFE,
IF YOU GENERATE IT
AND GIVE IT TO OTHERS,
THAT SAME FEELING
WILL COME BACK TO YOU.**

Susie De Pavia

The more
you love and
like yourself,
the more you
will act like it
and others
will take notice.

Susie De Pavia

TO HAVE A HEALTHIER SELF *worth*
STOP *carrying* **AROUND THE GUILT**
AND SHAME YOU *allow*
to **SURROUND YOU.**

Susie De Pavia


OUR THOUGHTS
HAVE A GREAT DYNAMIC POWER
THAT ALLOWS THEM TO BECOME THINGS.
START THINKING ONLY CONSTRUCTIVE THOUGHTS
ABOUT YOURSELF.

Susie De Pavia

Every time you say
a negative phrase, take note of it
and change it to a positive.

Susie De Pavia



A top-down view of a wooden table with a white cup of dark coffee, a white Samsung smartphone, and two blank white sticky notes. A small branch with green leaves is in the top right corner.

When facing a task
that might seem
immense, take it step
by step.

That way it will be
easier to accomplish.

Susie De Pavia


**BEING RESPONSIBLE IS
BEING AWARE OF YOUR ACTIONS
AND TAKING RESPONSIBILITY
FOR ANY MISTAKES YOU
MAY HAVE MADE.
ONLY THEN CAN YOU
MOVE FORWARD!**

Susie De Pavia

Organize your goals, write them down,
give yourself time to do them,
and organize your surroundings
to promote a constructive environment
that will help you achieve them.

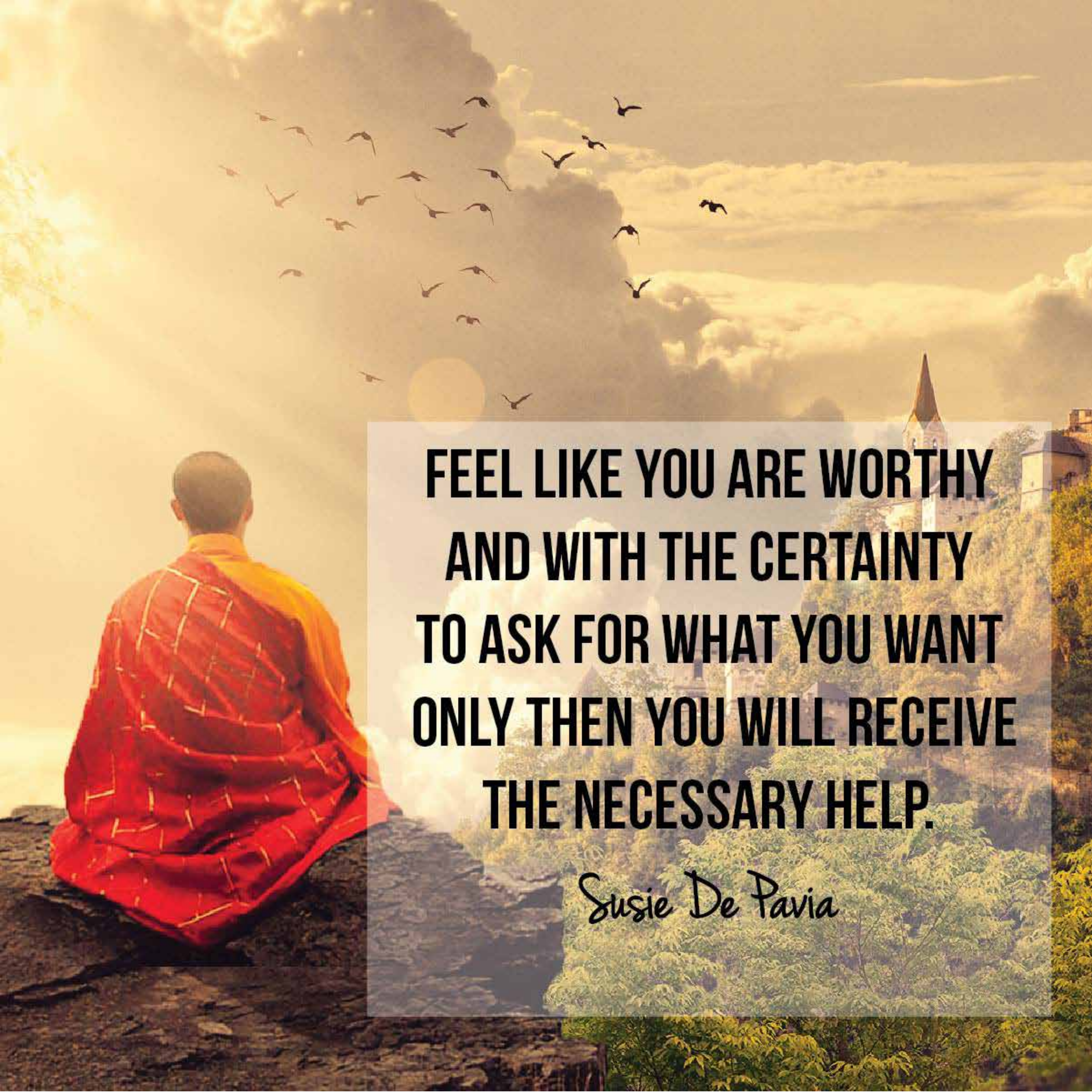
Susie De Pavia



A woman with dark hair, wearing a black long-sleeved top and a long, dark brown pleated skirt with a red and white striped hem, is smiling and touching the trunk of a large elephant. The elephant is standing in a natural, outdoor setting with trees and foliage in the background. The scene is bathed in warm, golden light, suggesting late afternoon or early morning. The woman has a small purple flower in her hair. The elephant's trunk is thick and textured, and it is curled slightly. The woman's hands are gently resting on the trunk. The overall mood is peaceful and harmonious.

*When you express
your feelings
and show yourself
just as you are
that is a sign of strength.*

Susie De Pavia

A monk in a red robe is seen from behind, sitting on a dark, rocky ledge. He is looking out over a landscape at sunset. The sky is filled with a large number of birds in flight, silhouetted against the bright, golden light of the sun. In the distance, a town with a prominent church spire is visible on a hillside. The overall atmosphere is peaceful and contemplative.

**FEEL LIKE YOU ARE WORTHY
AND WITH THE CERTAINTY
TO ASK FOR WHAT YOU WANT
ONLY THEN YOU WILL RECEIVE
THE NECESSARY HELP.**

Susie De Pavia

LISTEN

and learn to listen

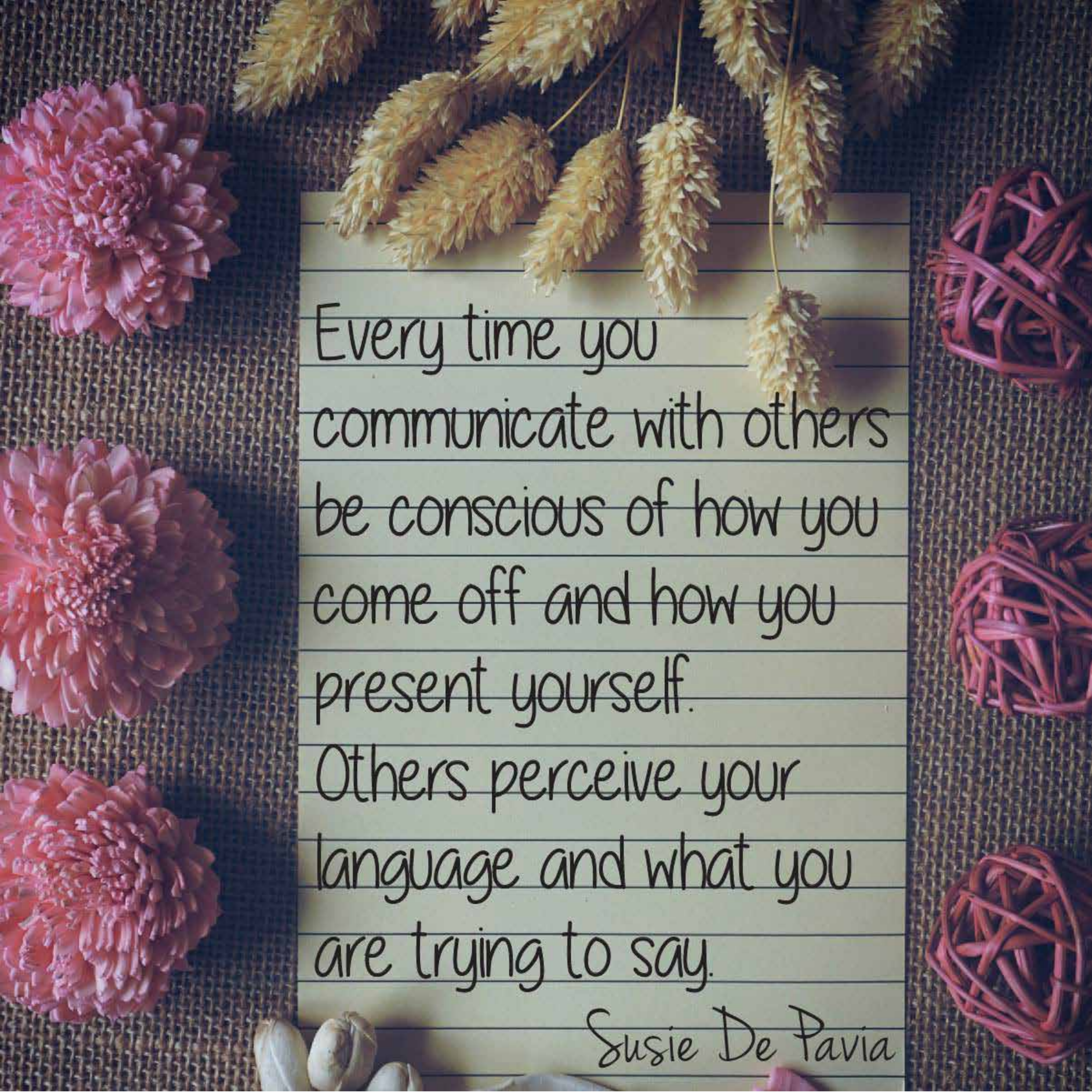
TO YOURSELF AND OTHERS;

only then will you be able

TO SEE THE WORLD

through different eyes.

Susie De Pavia



Every time you
communicate with others
be conscious of how you
come off and how you
present yourself.

Others perceive your
language and what you
are trying to say.

Susie De Pavia

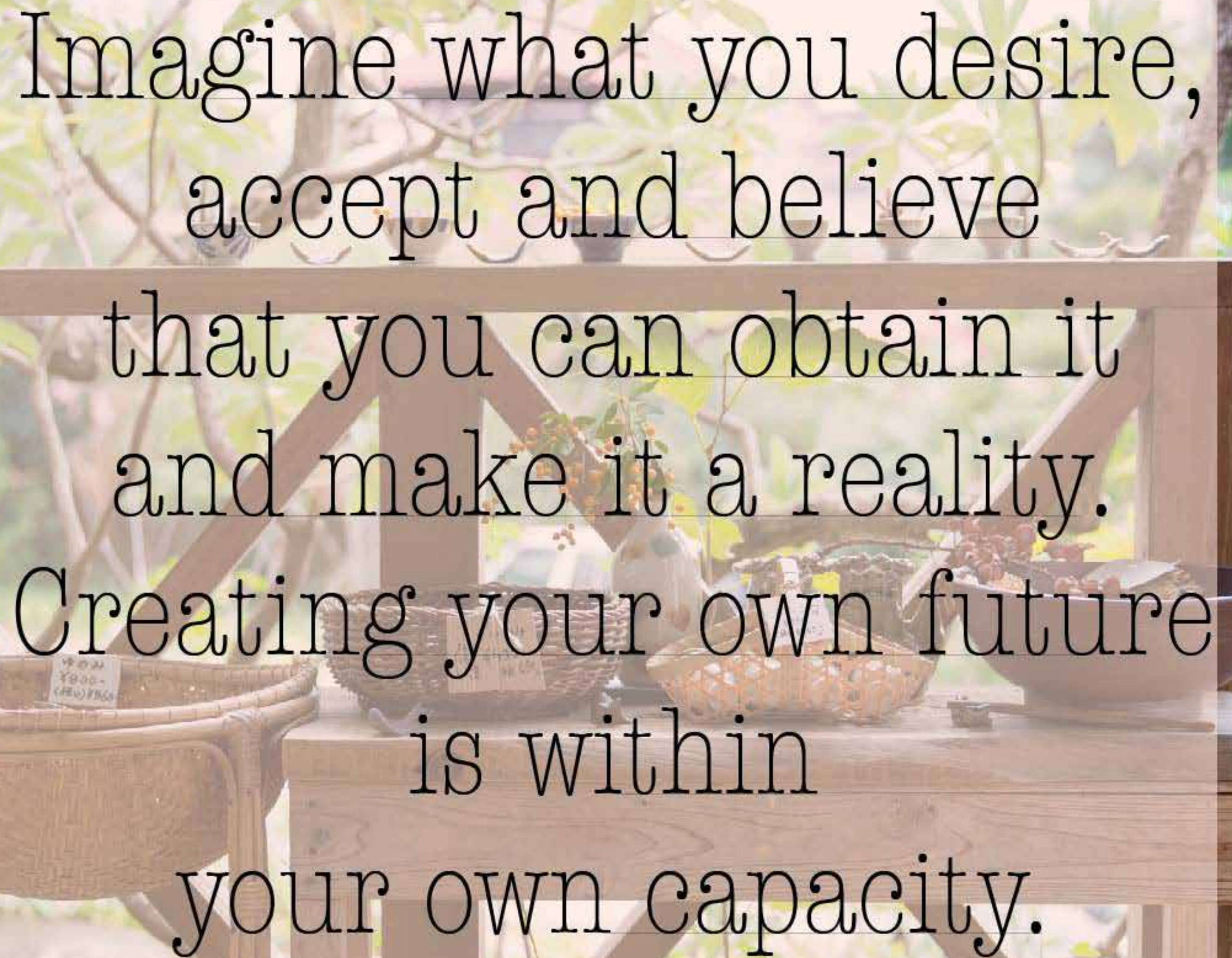
Keep an open mind
and an open heart
so you can focus on the solution
without worrying
about the medium
by which it comes to you.

Susie De Pavia



CULTIVATE YOUR SELF-CONTROL,
THAT FORCE WITHIN YOURSELF
THAT IS AVAILABLE AND ALLOWS YOU
TO HAVE THE STRENGTH TO STICK
TO WHATEVER YOU HAVE DECIDED TO DO.

Susie De Pavia

A photograph of a wooden table and a wicker chair on a deck. The table is set with several woven baskets and a bowl. The background shows lush green foliage. A semi-transparent white box is overlaid on the image, containing a quote in a black serif font.

Imagine what you desire,
accept and believe
that you can obtain it
and make it a reality.
Creating your own future
is within
your own capacity.

Susie De Pavia

Don't let

LIFE TAKE CHARGE OF YOU

take charge


OF YOUR LIFE!

Susie De Pavia

Be patient, courageous,
and trust in the significance
and purpose of your life
and passion.

Realize that you have
everything you need
to manifest your destiny.

Susie De Pavia



Love

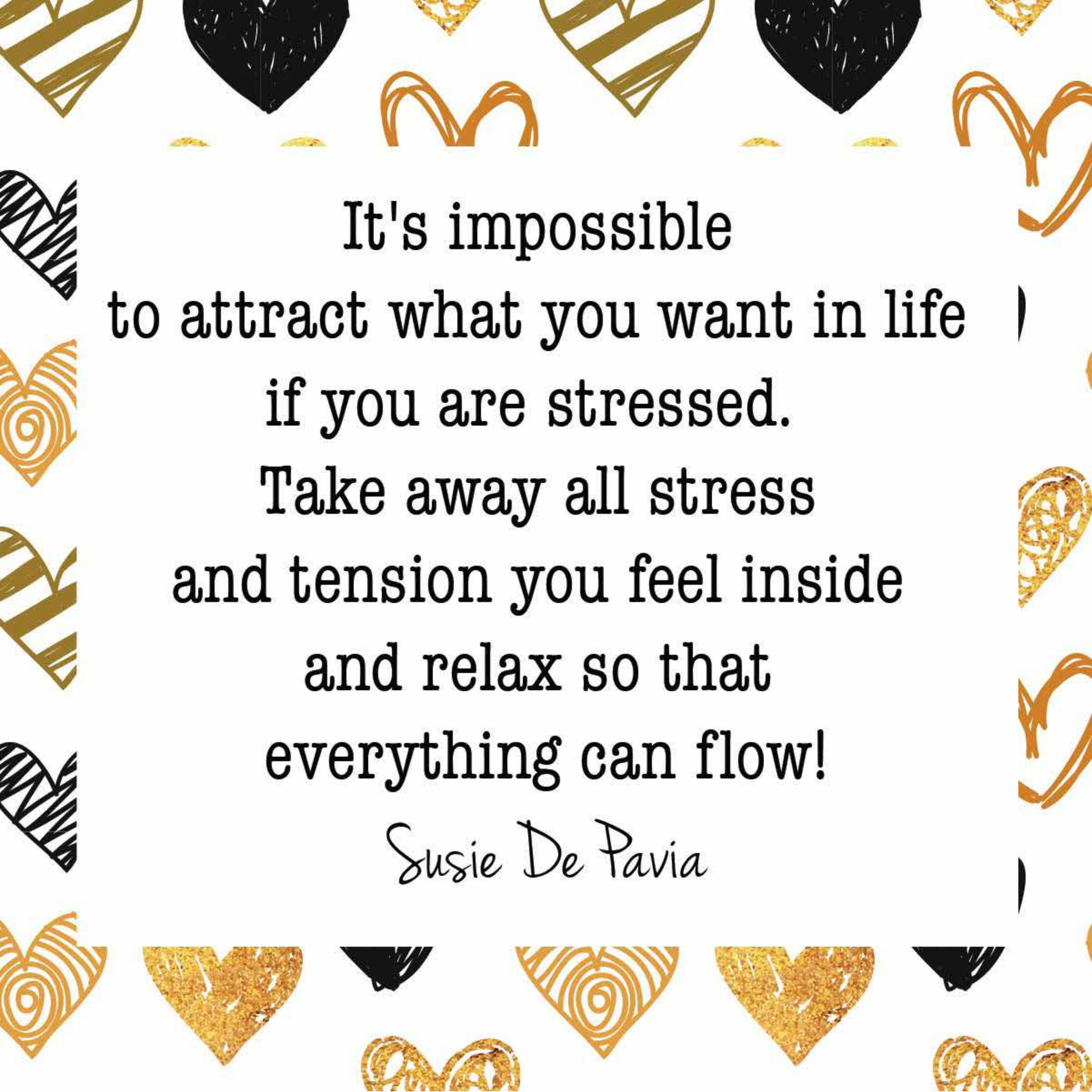
**WHAT YOU DO
AND THE MONEY
WILL FOLLOW.**

Susie De Pavia

A person wearing a red lace top is shown from the side, looking out over a city at dusk. The city lights are visible in the background, and the sky is a soft blue. The person's hands are resting on their lap.

If you complain
or blame others for everything,
you are not being grateful.
Being grateful can change
everything in your life!

Susie De Pavia



It's impossible
to attract what you want in life
if you are stressed.
Take away all stress
and tension you feel inside
and relax so that
everything can flow!

Susie De Pavia

A person with long hair, wearing a dark jacket and shorts, stands on a rocky outcrop in the foreground, looking out over a vast mountain valley. The valley is filled with rolling green hills and valleys, with a small town visible in the distance. The sky is a mix of orange, yellow, and purple, indicating a sunset or sunrise. The overall mood is serene and inspiring.

Don't let
THE LITTLE STUFF ALTER
or interfere
WITH YOUR PROGRESS
to create the life
YOU DESERVE.

Susie De Pavia

**WHEN YOU FEEL STRESS
IT MEANS YOU ARE LACKING
WHAT YOU WANT.**

**IN ORDER TO MANIFEST WHAT YOU WANT
YOU MUST BELIEVE AND TRUST
THAT IT IS IN THE PROCESS
OF MANIFESTING.**

Susie De Pavia

Use the great power
you possess inside!
Recognize it and guide it
toward where you need it
in your life!

Susie De Pavia



BE CONSCIOUS OF WHO YOU ARE.

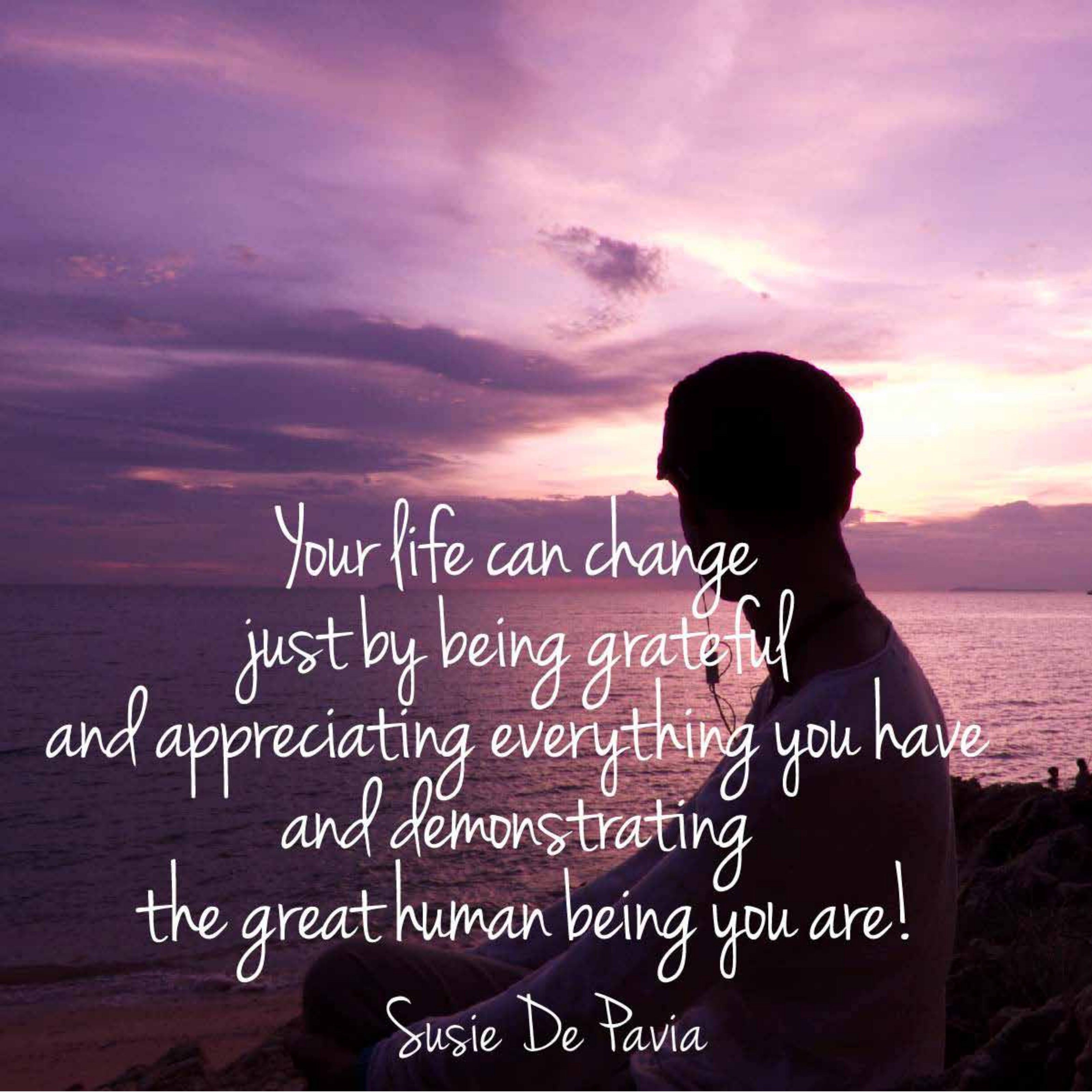
COUNT ALL THE QUALITIES

AND CAPABILITIES YOU HAVE.

IF YOU APPRECIATE ALL OF THESE,

OTHERS WILL TOO.

Susie De Pavia

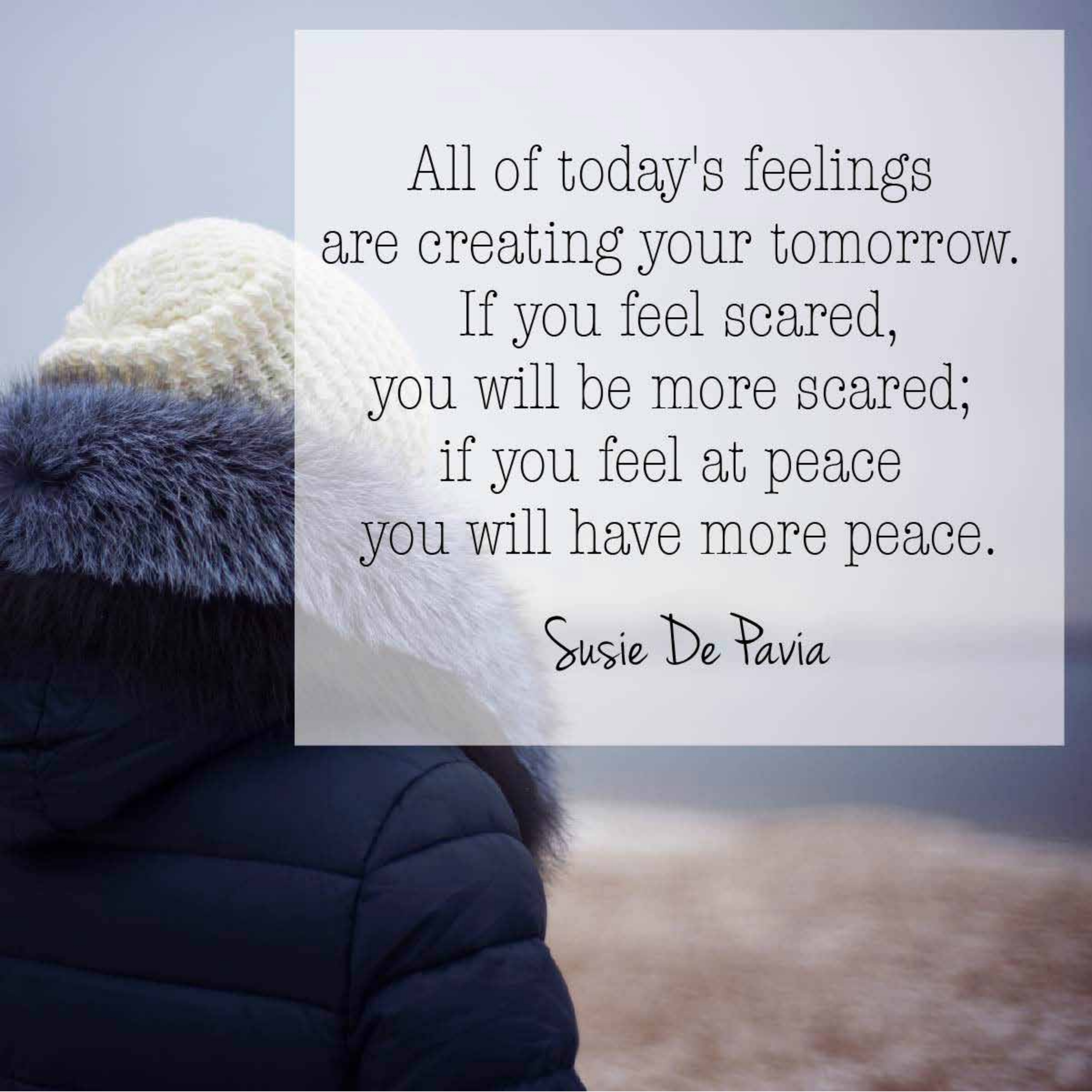


Your life can change
just by being grateful
and appreciating everything you have
and demonstrating
the great human being you are!

Susie De Pavia

IT'S IMPRESSIVE
WHAT BELIEVING
CAN CAUSE IN YOUR LIFE!
IF YOU BELIEVE, IT MATERIALIZE
SO BELIEVE EVERYTHING
IN A POSITIVE
AND FAVORABLE MANNER!

Susie De Pavia



All of today's feelings
are creating your tomorrow.

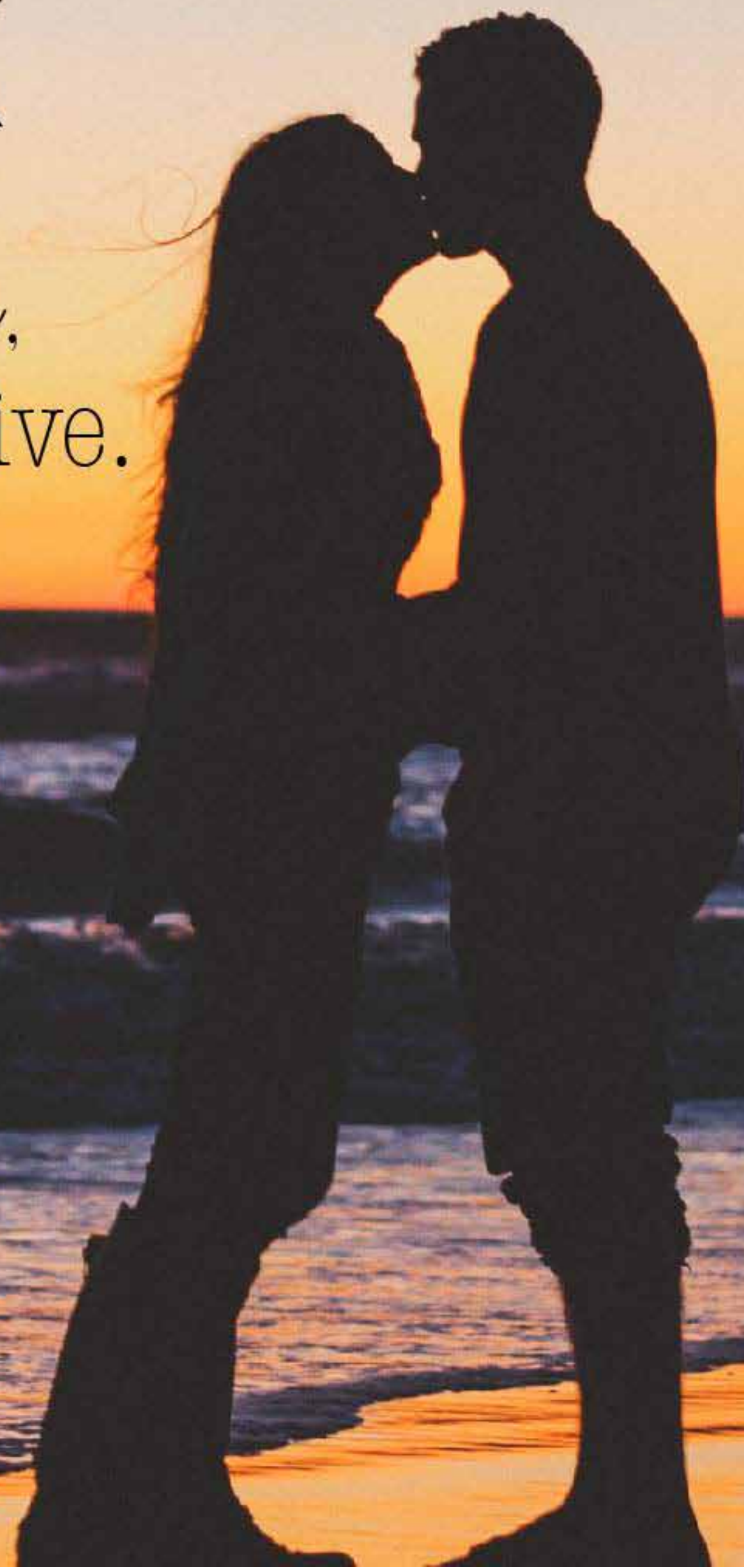
If you feel scared,
you will be more scared;
if you feel at peace
you will have more peace.

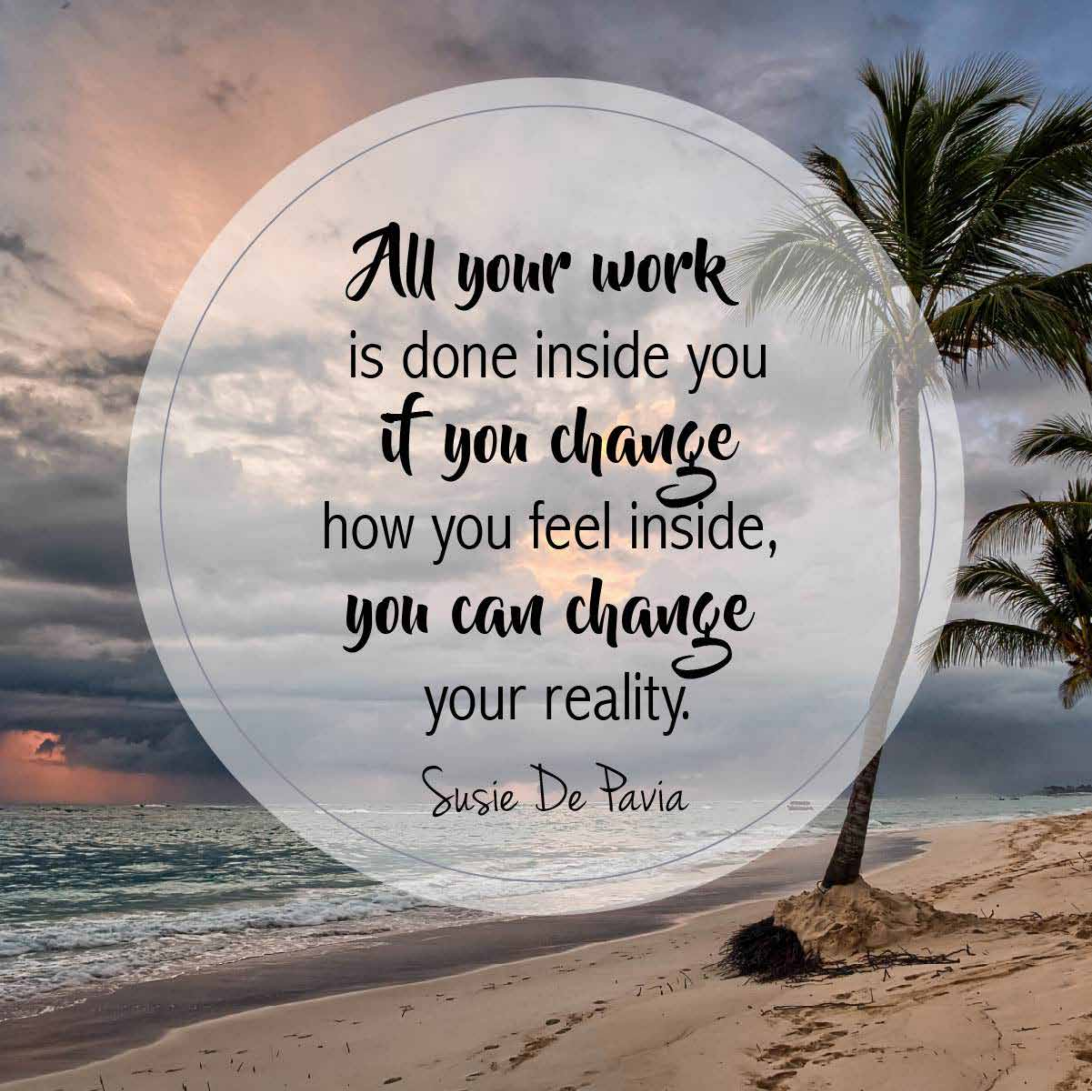
Susie De Pavia

Appreciate
everything others
do for you

The more
you appreciate,
the more you receive.

Susie De Pavia





*All your work
is done inside you
if you change
how you feel inside,
you can change
your reality.*

Susie De Pavia

You can **manifest** more abundance
just by feeling more **abundant**
and **removing** feelings
of lack and **scarcity**.
focus on what you DO want,
not in what you **don't**.

Susie De Pavia



We must be in harmony with the Universe
who is willing to give us everything we ask for,
and give It everything in return!

Susie De Pavia

**IF YOU NEED MORE
THAN YOU HAVE,
START BY REMOVING
ANY FEELING OF
ENVY, FEAR,
DOUBT, AND WORRY
AS THIS CAN BLOCK YOU
FROM HAVING MORE.**

Susie De Pavia



You can attract
all the love
you want
visualize it, feel it,
and let it become
a reality.

Susie De Pavia

SOMETIMES WE DON'T REALIZE
HOW MUCH PASSION WE SHOW WHEN
WE DON'T WANT SOMETHING IN OUR LIVES
THIS IS THE SAME PASSION WE NEED TO USE
TO GET WHAT WE REALLY WANT.

Susie De Pavia



WE ARE PASSIONATE BEINGS BUT
WE MUST LEARN TO CHANNEL
THAT PASSION WISELY.

Susie De Pavia

If you want
the perfect
moment,
create it
yourself.

Susie De Pavia

**Look at what happened
in the past to understand
what is happening
in the present.**


Susie De Pavia



YOU ARE THE ONLY PERSON RESPONSIBLE
FOR YOUR HAPPINESS AND FOR BEING HAPPY.

Susie De Pavia



A person wearing a dark jacket and a light-colored beanie is sitting on a frozen lake, viewed from behind. The lake's surface is highly reflective, mirroring the person and the surrounding snowy mountains. The sky is a pale, clear blue. The overall scene is serene and quiet.

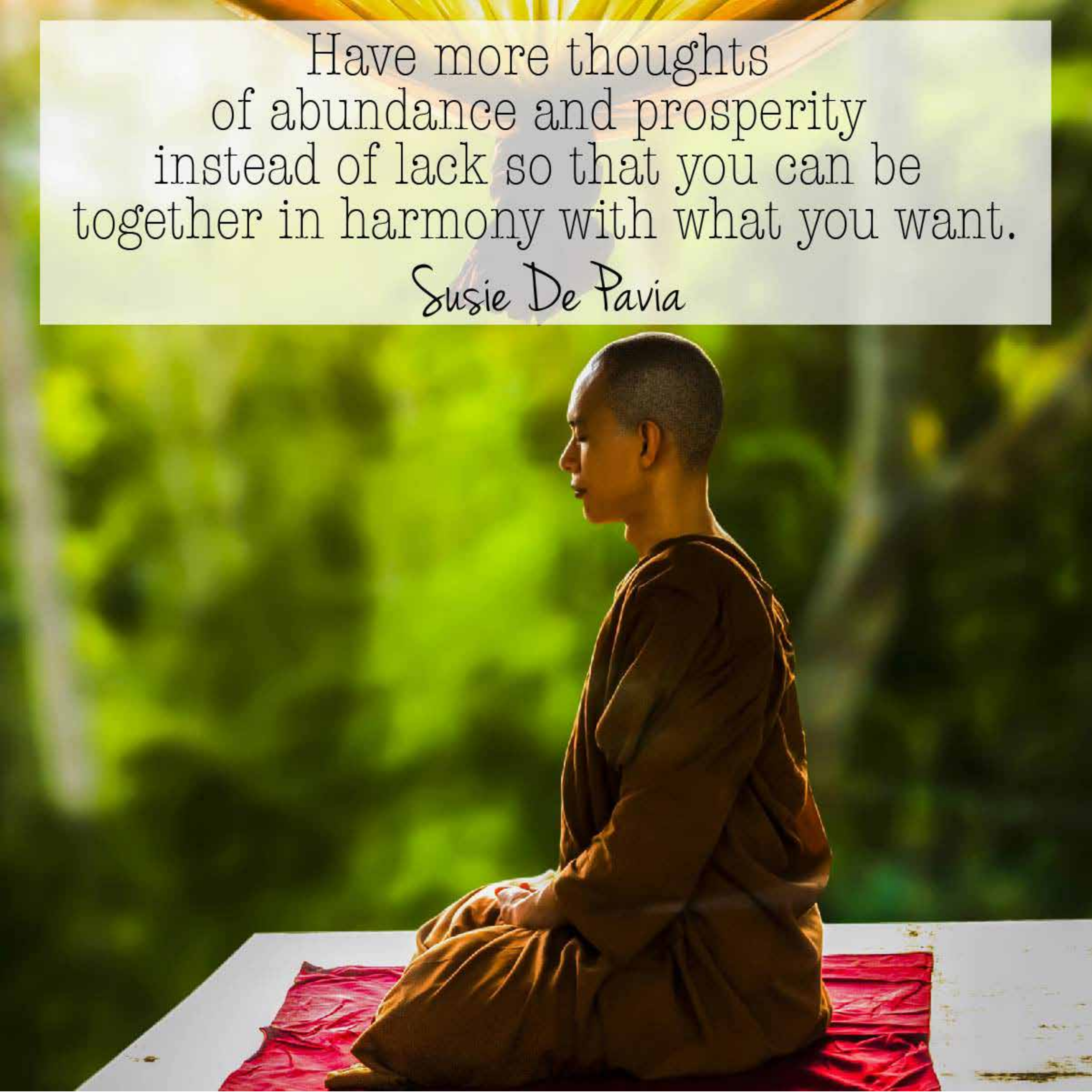
If your mind is always running
even when you are at rest,
STOP!

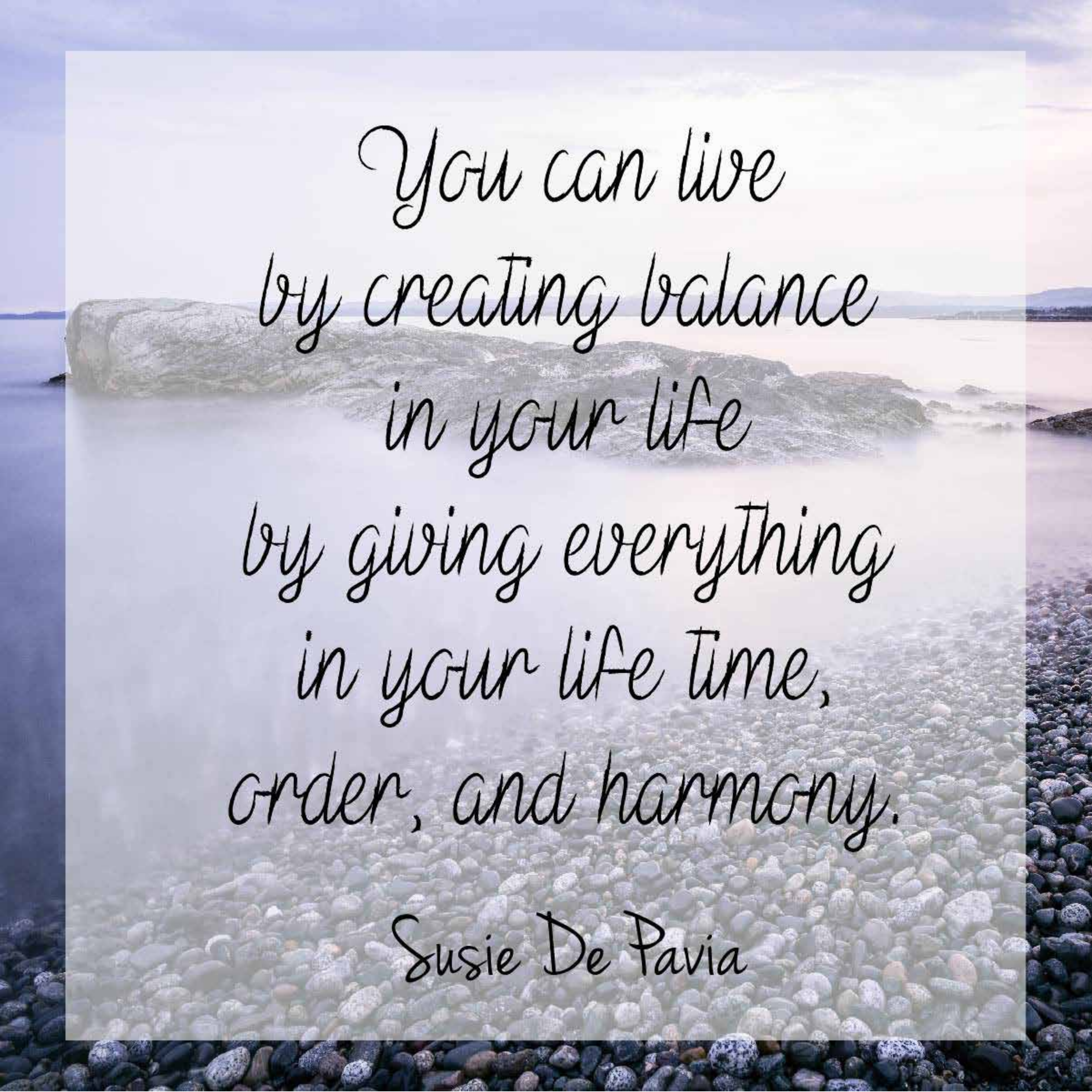
Enjoy the moment
and what you are doing
by being present with all your senses.

Susie De Pavia

Have more thoughts
of abundance and prosperity
instead of lack so that you can be
together in harmony with what you want.

Susie De Pavia





You can live
by creating balance
in your life
by giving everything
in your life time,
order, and harmony.

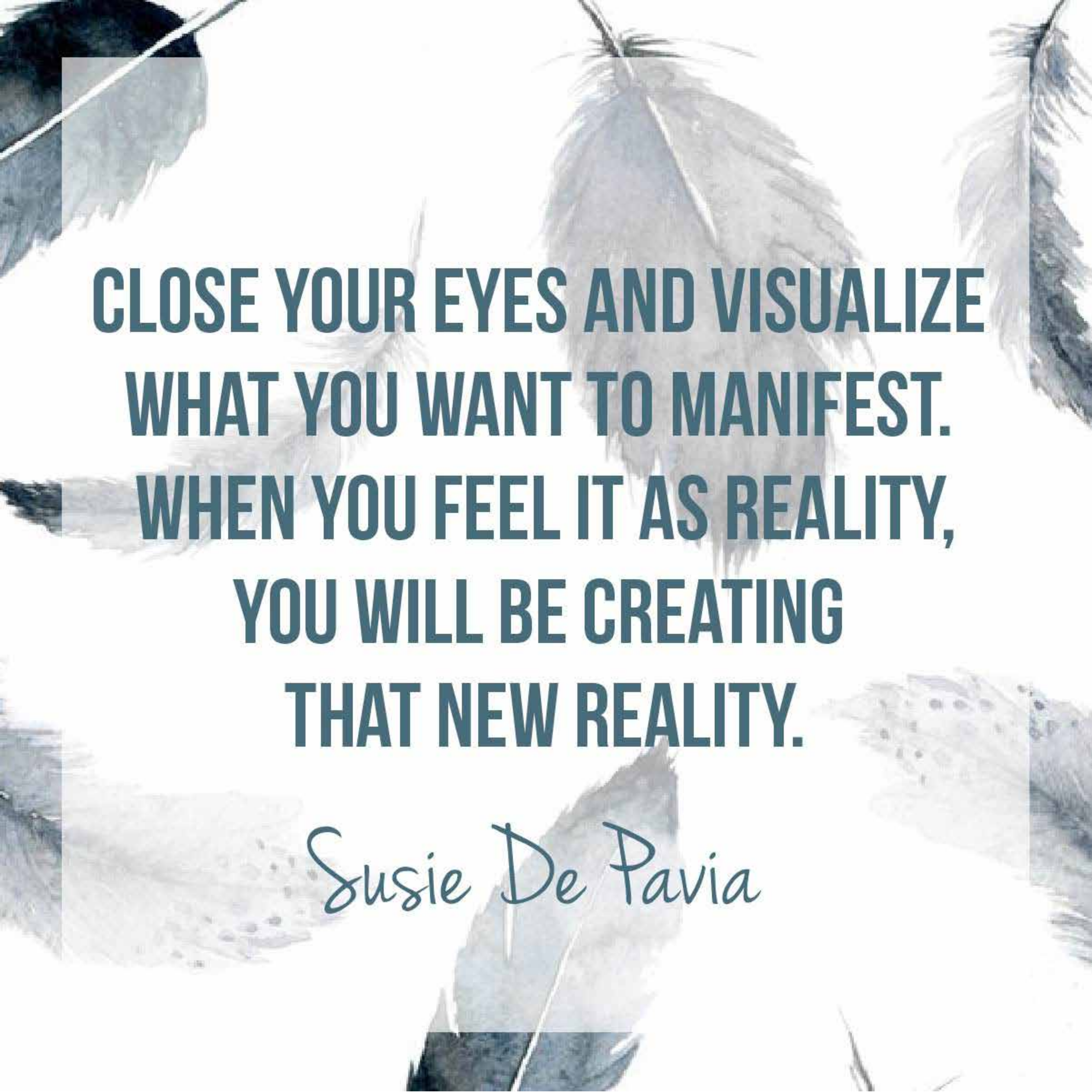
Susie De Pavia

A decorative border of red flowers with green leaves is positioned at the top of the page. The flowers are arranged in three clusters: one on the left, one in the center, and one on the right. The background is solid black.

When you feel inspired,
put your inspiration into action.

Vibrate in the frequency of receiving,
and you will receive effortlessly
in your life.

Susie De Pavia



**CLOSE YOUR EYES AND VISUALIZE
WHAT YOU WANT TO MANIFEST.
WHEN YOU FEEL IT AS REALITY,
YOU WILL BE CREATING
THAT NEW REALITY.**

Susie De Pavia

To change your world,
the only thing you need to do
is change your thoughts
and feelings inside you
to be effective and true.

Susie De Pavia



Stress and tension
only take you further away
from what you want to achieve in life.
Transform it into certainty
and confidence
and you will achieve it
faster and easier.


Susie De Pavia





**EACH ONE OF US ATTRACTS
IN THE FREQUENCY
IN WHICH WE VIBRATE.**

Susie De Pavia

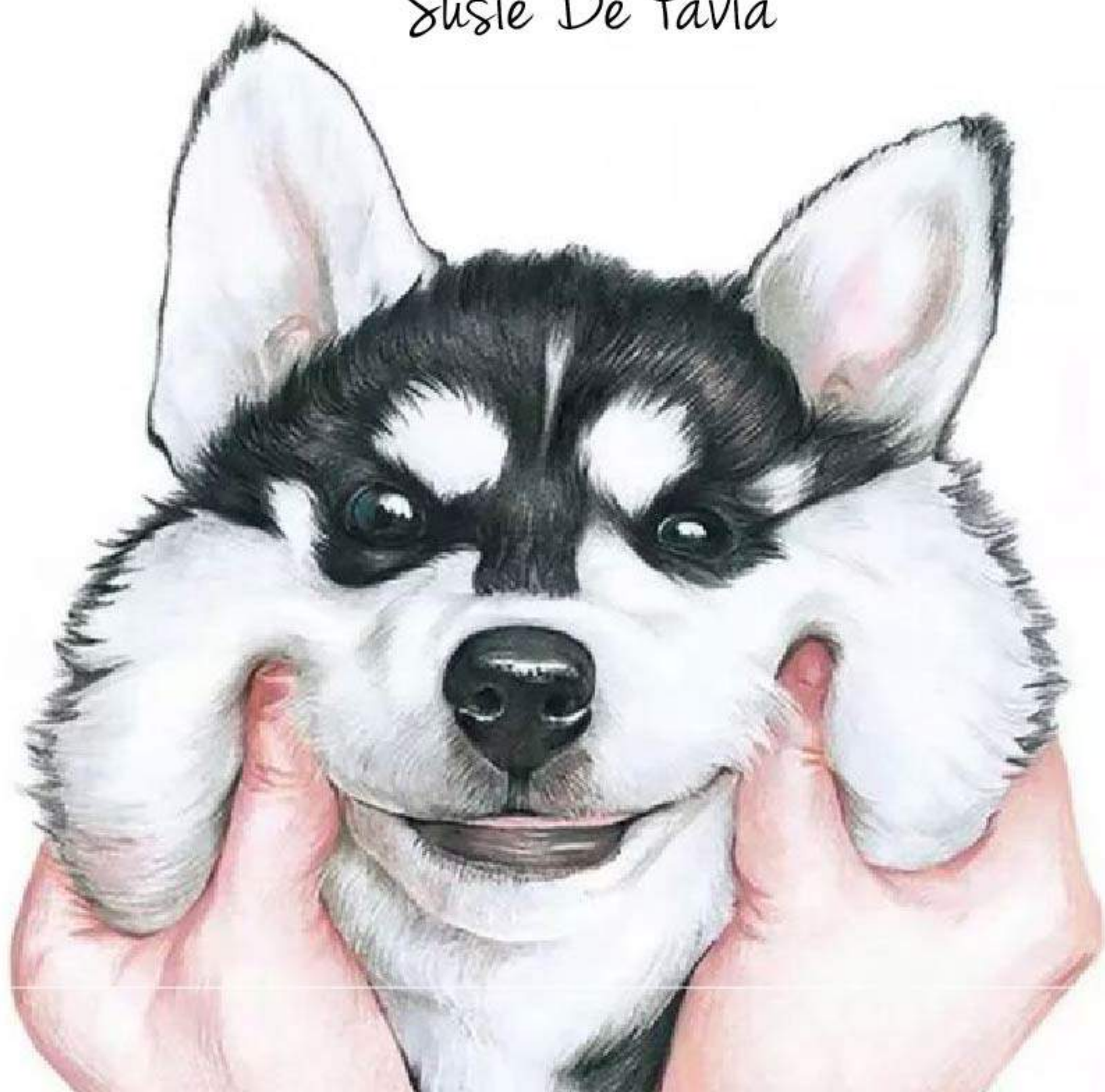


Every time
something worries you,
let it go, and then
you shall receive.

Susie De Pavia

TO CREATE WHATEVER IT IS YOU WANT,
YOU MUST ASK FOR IT, BELIEVE YOU CAN OBTAIN IT
AND BELIEVE THAT YOU HAVE RECEIVED IT.

Susie De Pavia



THE MOST IMPORTANT THING IS

to believe,

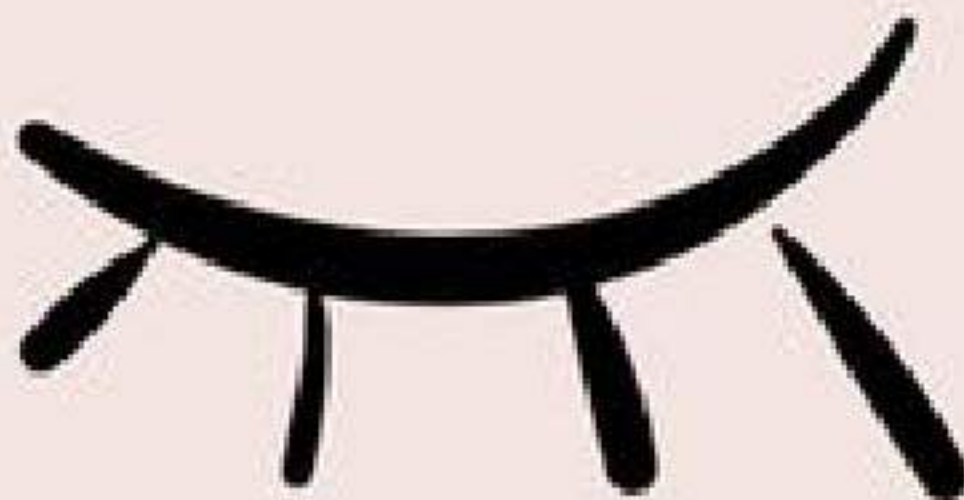
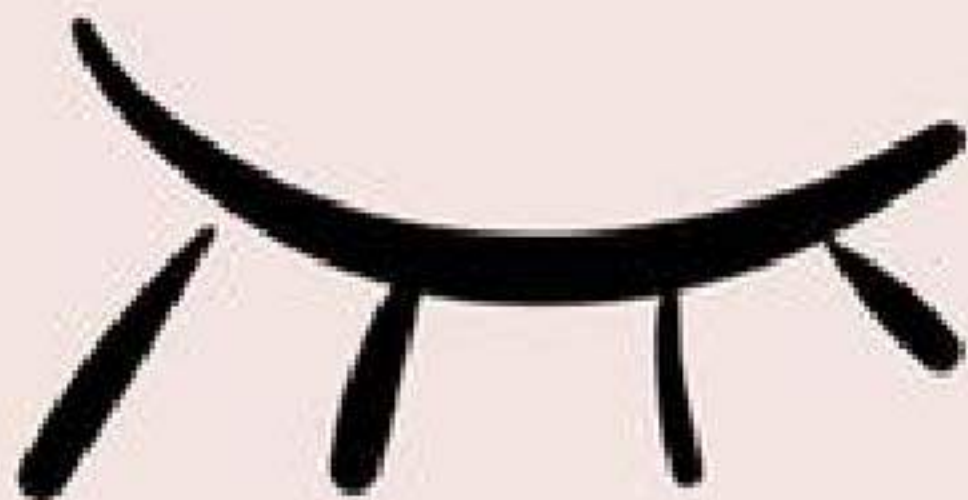
WHEN YOU BELIEVE YOU MAKE IT

possible and tangible.

Susie De Pavia

LISTEN TO YOUR INNER VOICE
THE INTERNAL WISDOM THAT ALERTS YOU,
WARNS YOU, AND GUIDES YOU.

Susie De Pavia





Find the blessings even
in moments
that seem negative. They
are always there for
your benefit.

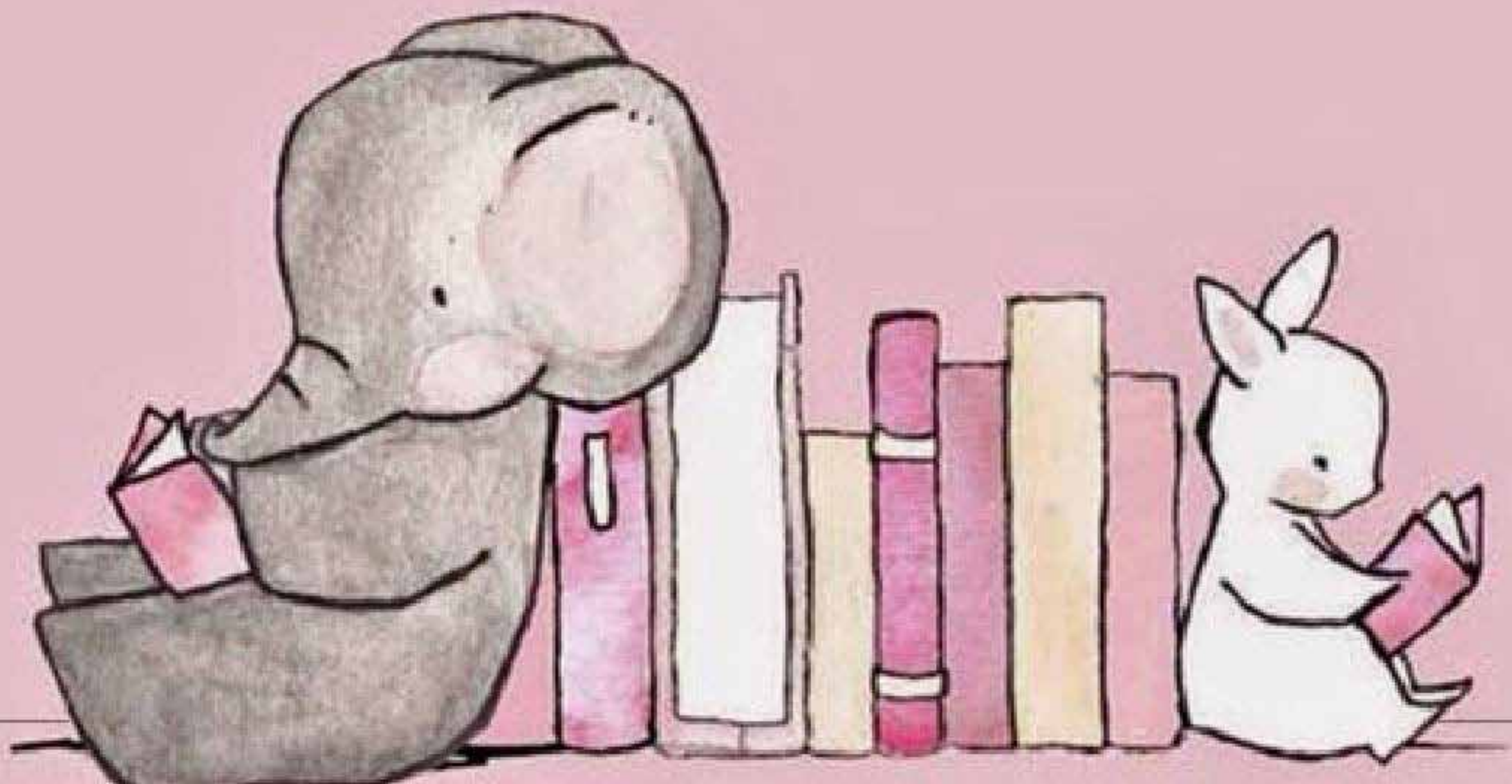
Susie De Pavia

When you find yourself facing a certain situation, it is presenting itself because you have everything you need to manage it.

Susie De Pavia

Everything happens
in our life for
our own good to grow,
mature, and learn.

Susie De Pavia



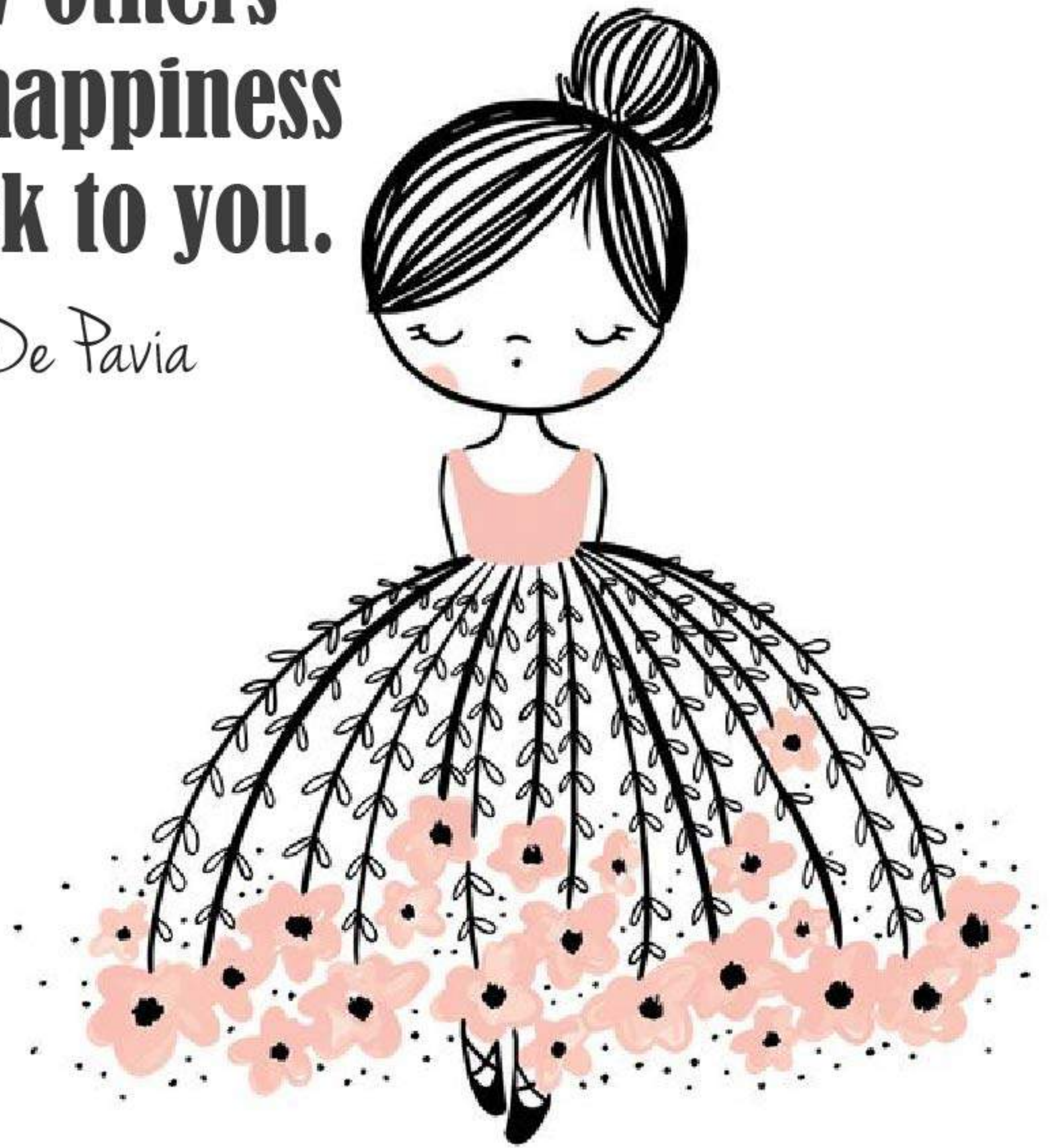
DO THE BEST YOU HAVE
WITHIN YOU EVERYDAY!
MAKE SURE EVERYONE WHO CROSSES
YOUR PATH HAS A BETTER DAY!

Susie De Pavia



**The more happiness
you show others
the more happiness
comes back to you.**

Susie De Pavia



Open your mind,
give all of your attention,
and allow yourself to get
to know your inner self.

Susie De Pavia



ACCEPT WHAT COMES INTO YOUR LIFE; THERE IS A REASON FOR IT
AND YOU WILL HAVE EVERYTHING YOU NEED TO MANAGE IT.

Susie De Pavia



**WHEN EVERYTHING
GETS COMPLICATED, LET IT GO
AND YOU WILL FIND
THE SOLUTION.**

Susie De Pavia





Change your way
of seeing things
and find
satisfaction
where you are,
in what you
are doing,
and in what
you have.

Susie De Pavia

A woman with long dark hair, wearing a white dress, is blowing a large amount of colorful confetti (red, blue, green, yellow, purple) into the air. The background is a solid light pink color. The confetti is scattered throughout the scene, creating a festive and celebratory atmosphere.

Stop accumulating things that no longer
serve you: things, thoughts, and habits.
Open yourself up to new things
that strengthen you.

Susie De Pavia



*Learn to live
without resentments
that only prevent you
from finding peace
in your heart.*

Susie De Pavia

Find a way to eliminate your ego
which only seeks to be right,
and listen to others
and different perspectives.

Susie De Pavia

**FORGIVE YOURSELF
AND OTHERS SO THAT
WHATEVER PROBLEM DISSIPATES.**

Susie De Pavia



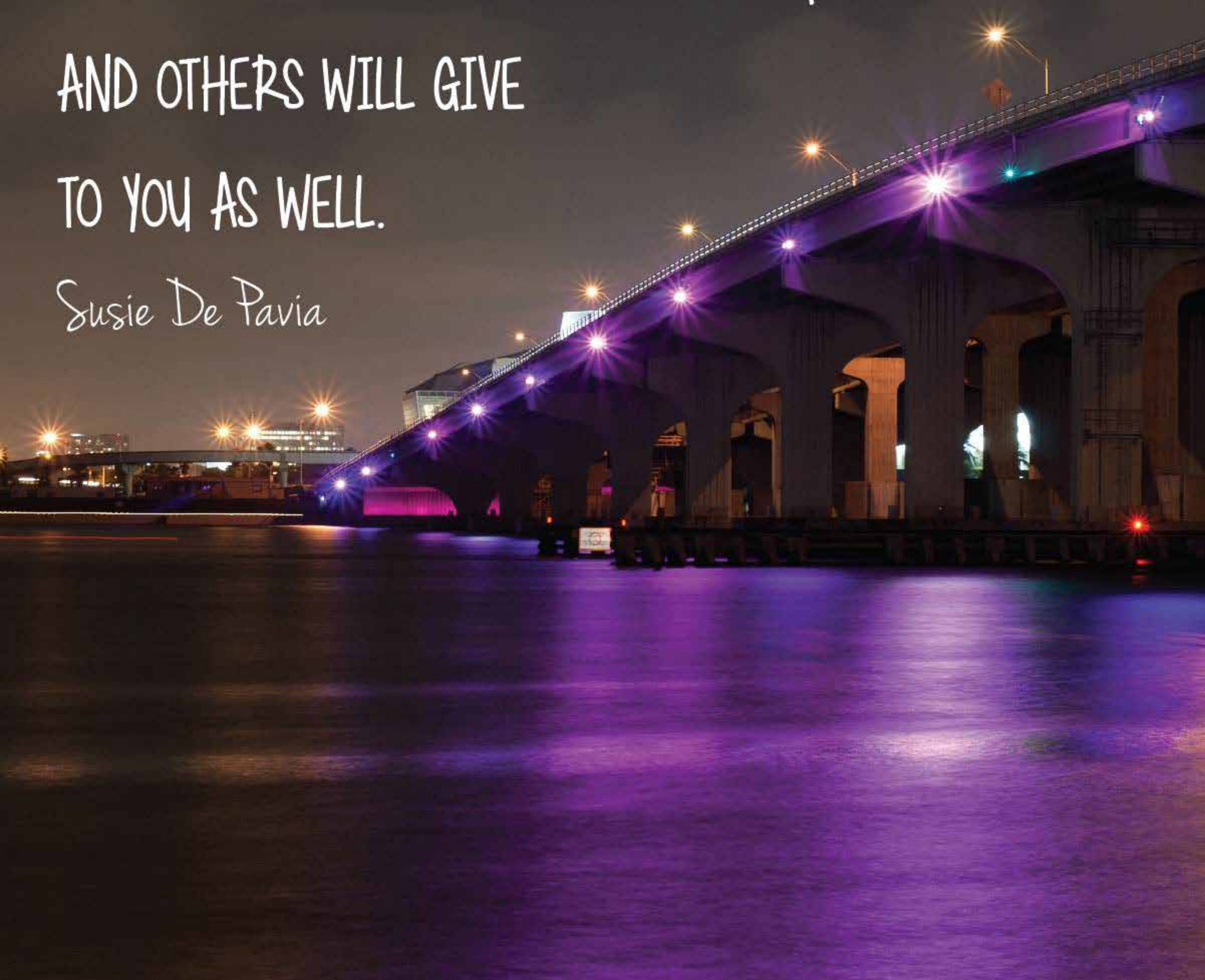
BE THE FIRST TO GIVE

AND YOU WILL VIBRATE IN THAT FREQUENCY

AND OTHERS WILL GIVE

TO YOU AS WELL.

Susie De Pavia






*We are all intertwined,
and united in some way.
What you feel, the other feels.
Project your best feelings.*

Susie De Pavia



When you think about your weaknesses,
change the way you view them
and turn them into strengths.

Susie De Pavia

A silhouette of a flower, possibly a rose, is shown against a warm, golden sunset sky. The sun is partially obscured by the petals, creating a bright, glowing effect. The overall mood is serene and inspirational.

**SHARE WHATEVER YOU HAVE
MORE THAN ENOUGH OF
IT MAY NOT HAVE
ANY VALUE TO YOU,
BUT IT MAY BE A TREASURE
TO SOMEBODY ELSE.**

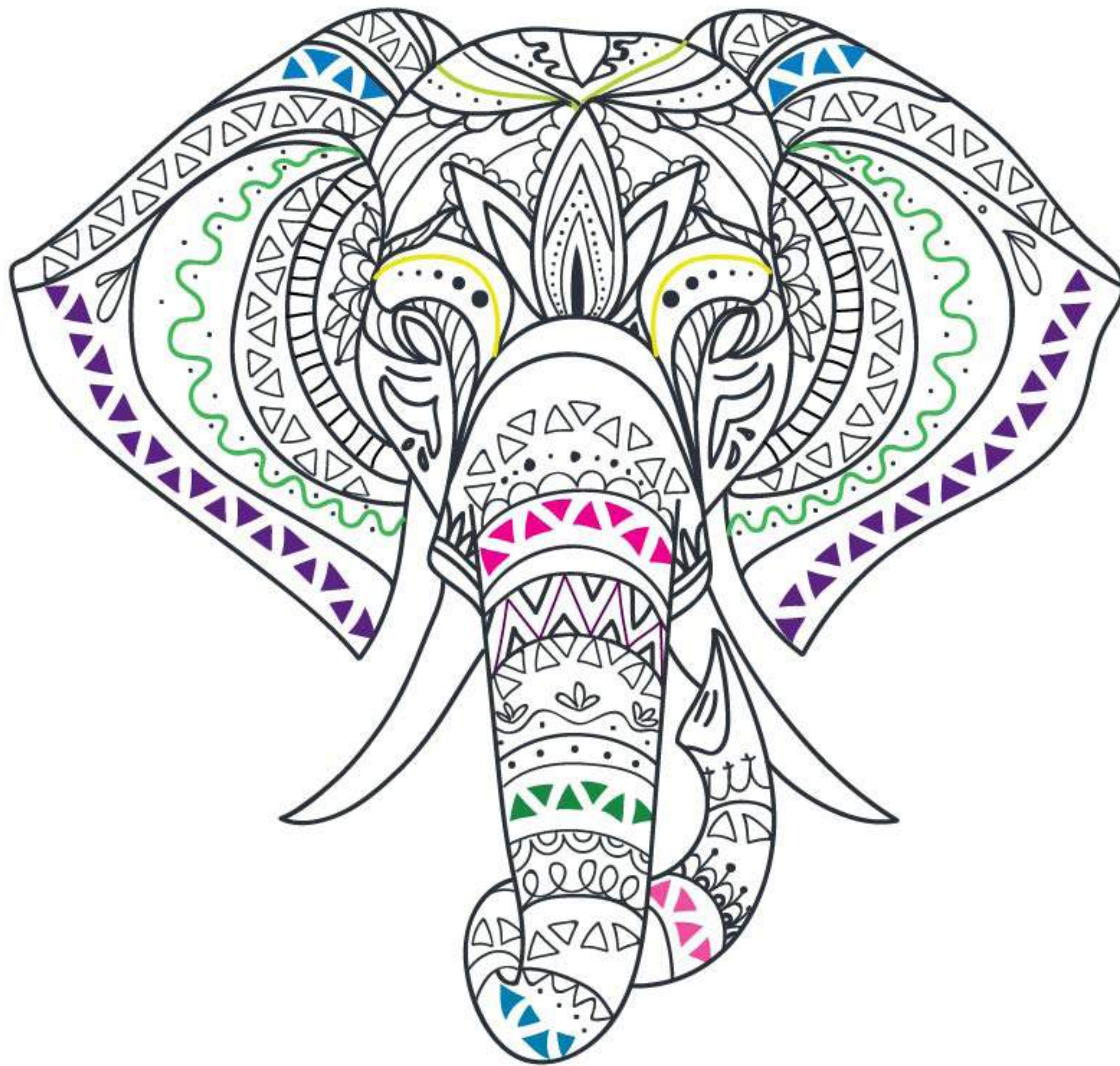
Susie De Pavia



FIND THE OPPORTUNITY
TO GIVE TO OTHERS AND FILL
THEIR VOIDS WITH TIME, CARE,
COMPASSION, AND COMPANY.

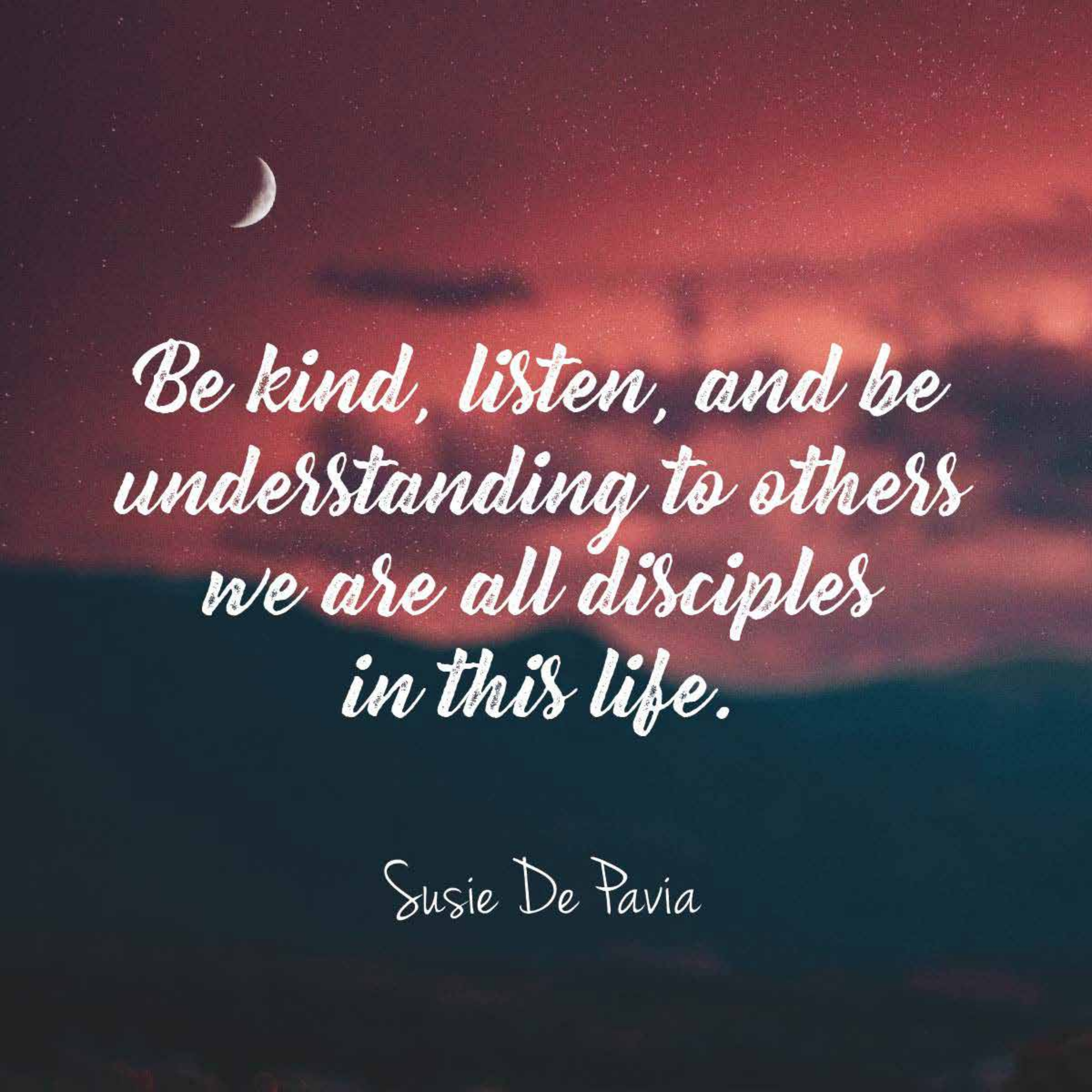
Susie De Pavia





MAINTAIN YOURSELF ALIGNED WITH THE UNIVERSE
AND VIBRATE WITH ITS HARMONY, PEACEFULNESS,
ORDER, LOVE, AND ABUNDANCE.

Susie De Pavia



*Be kind, listen, and be
understanding to others
we are all disciples
in this life.*

Susie De Pavia

Having a flexible essence
is a virtue that allows you
to show more strength
because you are willing
to compromise.

Susie De Pavia



*Develop trust
first by trusting in yourself
then by trusting others,
for they also have a destiny
to live out.*

Susie De Pavia



**Take a break
from all that occupies your mind
such as responsibilities
and commitments
for a few minutes.**

**Clear your mind, empty out
all your worries,
and allow yourself to feel free
and peaceful.**

Susie De Pavia

OUR BODIES AND LIVES
ARE IN CONSTANT CHANGE
JUST LIKE OUR REALITY.



Susie De Pavia


Enjoy silence, serenity,
and all that we have forgotten
by being constantly
surrounded by stimulus
and distractions.



Susie De Pavia

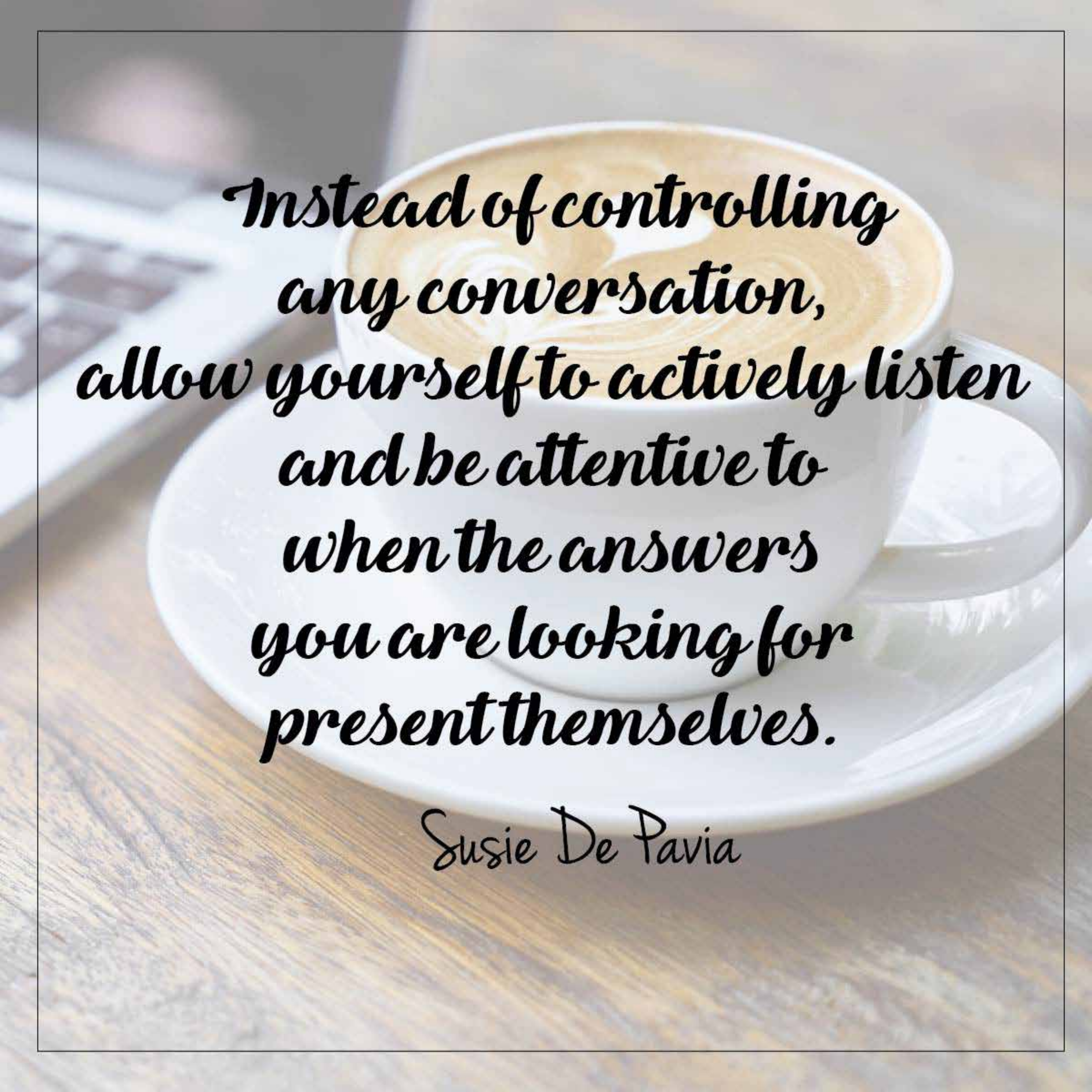
Being flexible and flexibility
help in delaying
the aging process,
so apply these principles
in your thoughts and attitudes.

Susie De Pavia



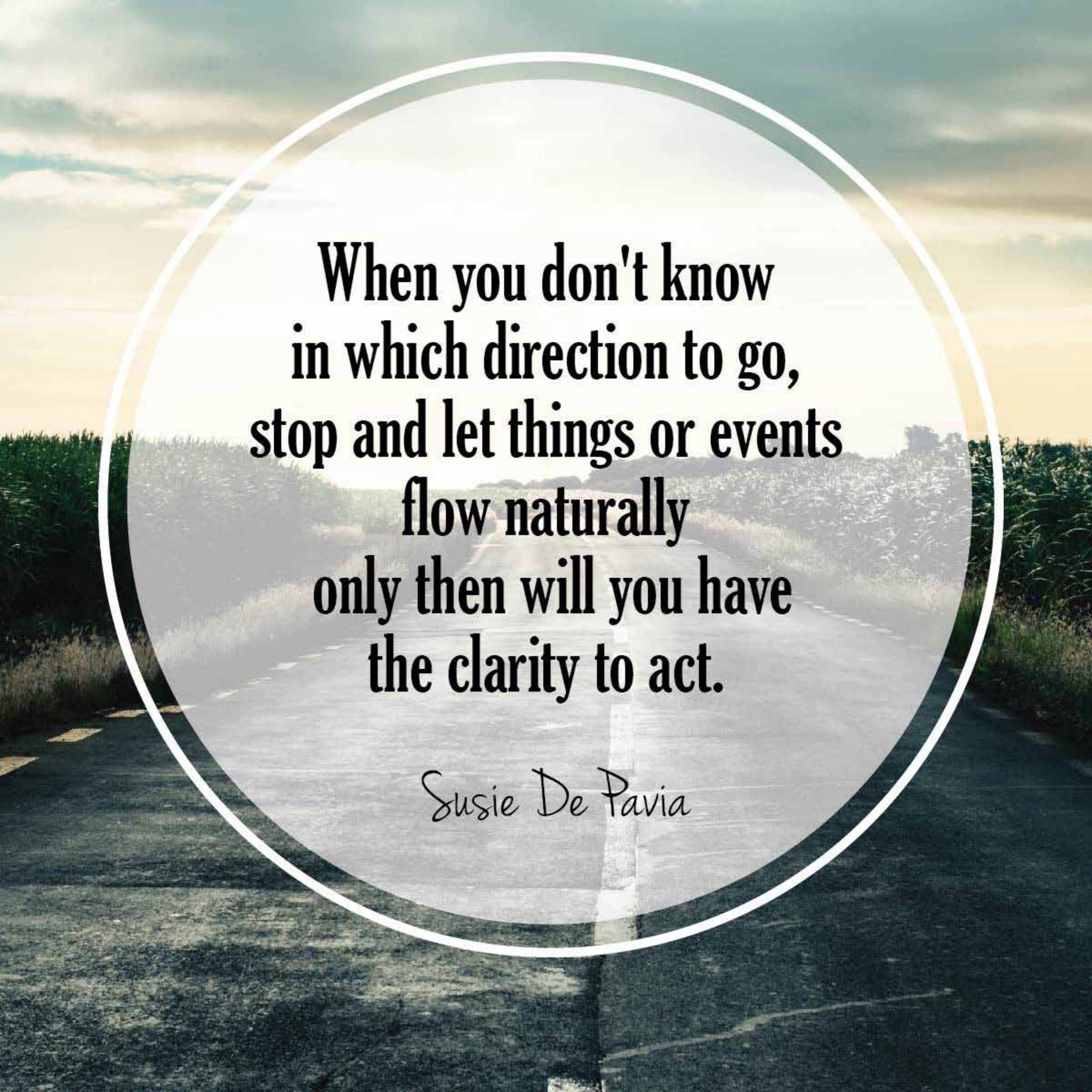
*We live
in a changing world,
so make every change
towards truth, meaning,
and advantage
in your life.*

Susie De Pavia

A photograph of a white ceramic cup filled with a latte, topped with a swirl of milk foam. The cup sits on a matching white saucer, which is placed on a light-colored wooden surface. The background is softly blurred, showing what appears to be a laptop keyboard. Overlaid on the image is a quote in a black, cursive font.

*Instead of controlling
any conversation,
allow yourself to actively listen
and be attentive to
when the answers
you are looking for
present themselves.*

Susie De Pavia



**When you don't know
in which direction to go,
stop and let things or events
flow naturally
only then will you have
the clarity to act.**

Susie De Pavia



**THE MORE HURRIED YOU ARE
THE LESS YOU END UP ACCOMPLISHING.
WORK TO ACCOMPLISH YOUR TASKS
IN HARMONY AND ORDER.**

Susie De Pavia

Love the perfection of your body
and all its functions.

Let each cell vibrate with health,
energy, and well-being.

Susie De Pavia



A woman with long, wavy blonde hair is sitting on a window sill, looking out at a view of palm trees and a building. She is wearing a light blue short-sleeved shirt and shorts. The window has a decorative metal frame with a hexagonal pattern. The scene is brightly lit, suggesting a sunny day.


FIND THE BEAUTY
IN EVERYTHING AROUND YOU.
LOOK FOR POSITIVE MEANING
AND CHANGE YOUR PERSPECTIVE
SO YOU CAN ACHIEVE
A TRANSFORMATION.

Susie De Pavia



IN ORDER TO UNDERSTAND OTHERS, YOU MUST BE ABLE
TO PUT YOURSELF IN THEIR SHOES SO YOU CAN UNDERSTAND
WHAT THEY ARE FEELING.

Susie De Pavia



**When you say or do something
that hurts another person
you are really hurting yourself
because we all share
a commonality.**

Susie De Pavia

If you want to live in harmony
you must have compassion and
stop competing and comparing
yourself with others.

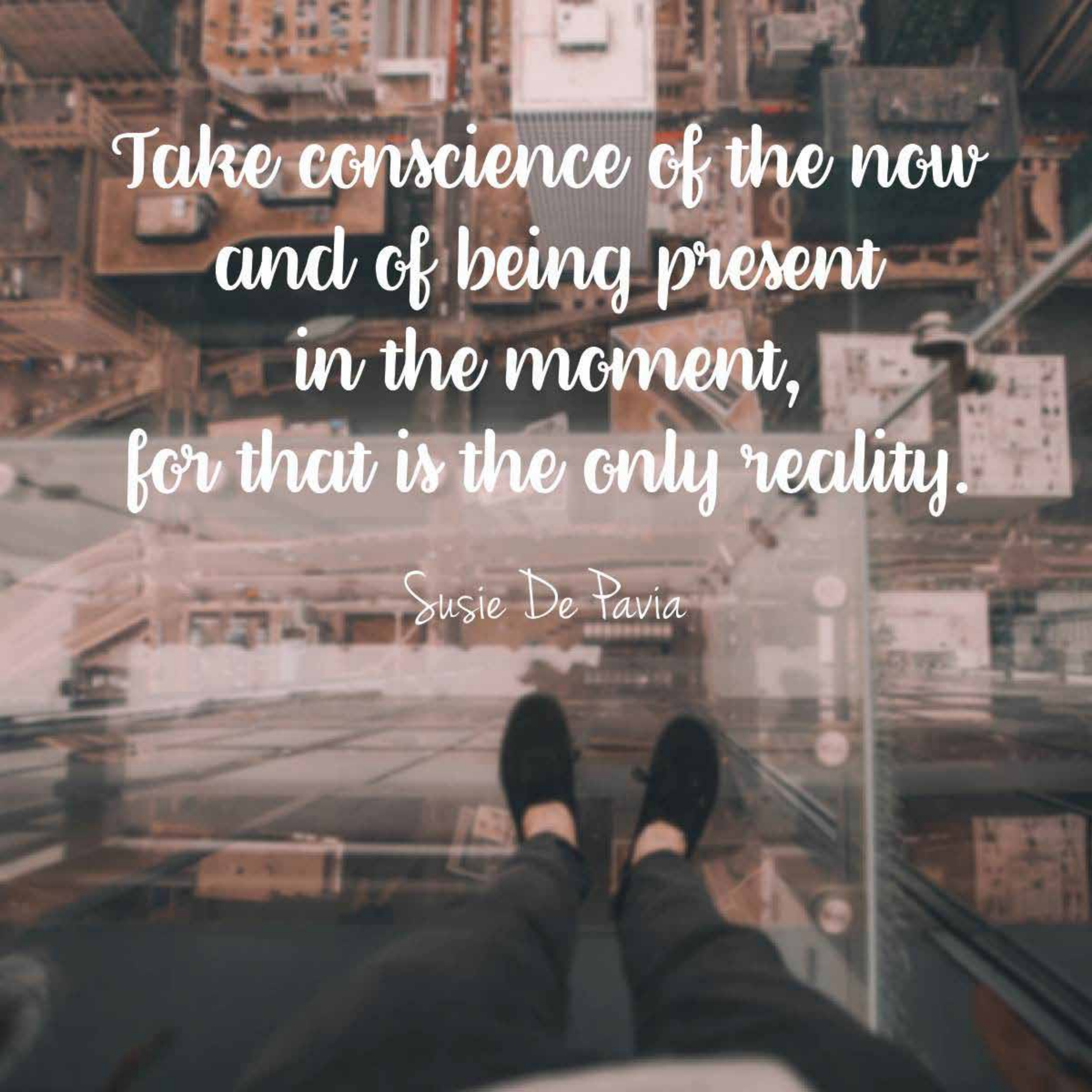
Susie De Pavia



Look at your body
with eyes full of
total acceptance
and accept yourself
just as you are
at this moment.

Susie De Pavia



A person is sitting on a rooftop, looking out over a city skyline. The person's legs and feet, wearing black shoes, are visible in the foreground. The city buildings are visible in the background, with a prominent skyscraper in the center. The overall scene is a high-angle view from the rooftop.

Take conscience of the now
and of being present
in the moment,
for that is the only reality.

Susie De Pavia



Think big
so you can put in motion
and manifest what you have been wanting.

This will make it bigger
as it materializes.

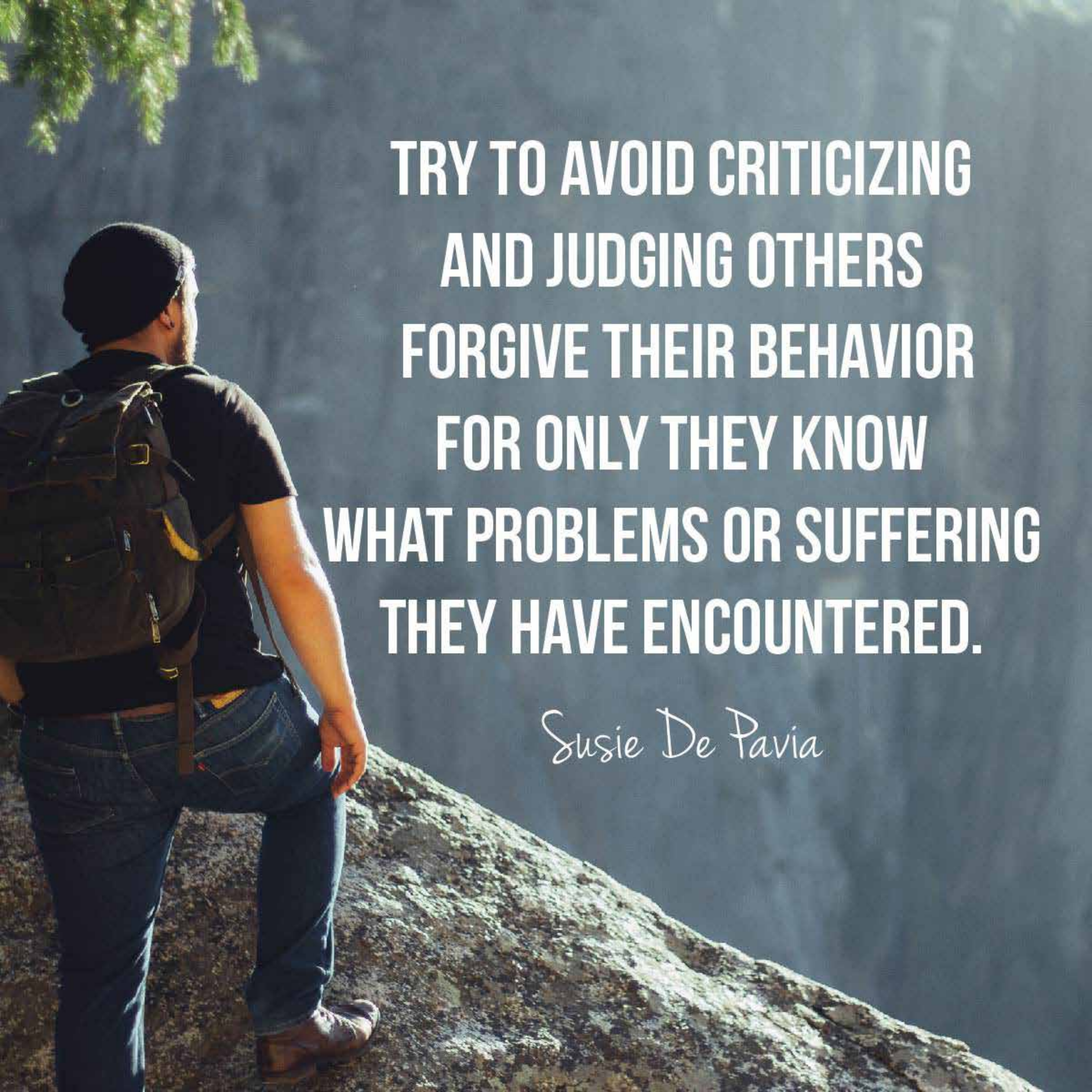
Susie De Pavia

A woman with long, wavy blonde hair is seen from behind, looking out over a scenic landscape at sunset. The sun is low on the horizon, casting a warm, golden glow over the scene. In the background, there are rolling hills and a body of water. The overall mood is peaceful and contemplative.

*Have a happy mind
and you will have a happy body!*

*A healthy mind believes
in the ability to have
a body free from sickness.
Use it to keep you healthy
and vigorous.*

Susie De Pavia

A man with a beard, wearing a black t-shirt, blue jeans, and a black beanie, is seen from the back. He has a large black backpack on his back and is standing on a rocky ledge, looking out over a vast, hazy valley. The background is a soft-focus landscape with green trees and a blue sky. The text is overlaid on the right side of the image.

**TRY TO AVOID CRITICIZING
AND JUDGING OTHERS
FORGIVE THEIR BEHAVIOR
FOR ONLY THEY KNOW
WHAT PROBLEMS OR SUFFERING
THEY HAVE ENCOUNTERED.**

Susie De Pavia

Maintain yourself
immune to negativity
by controlling yourself
when you find yourself
surrounded by toxic
and hurtful thoughts.



Susie De Pavia





Change
your mental energy
to one of goodness
and love.

Keep it that way
so you can attract more
of those qualities.

Susie De Pavia



Be conscious of
each one of your thoughts
value them and appreciate them
because you are creating
what you are living.



Susie De Pavia





**CHANGE THE WAY YOU VIEW
YOUR LIFE AND CHOOSE TO SEE
THE PURPOSE FOR WHICH
YOU HAVE BEEN DESTINED.**

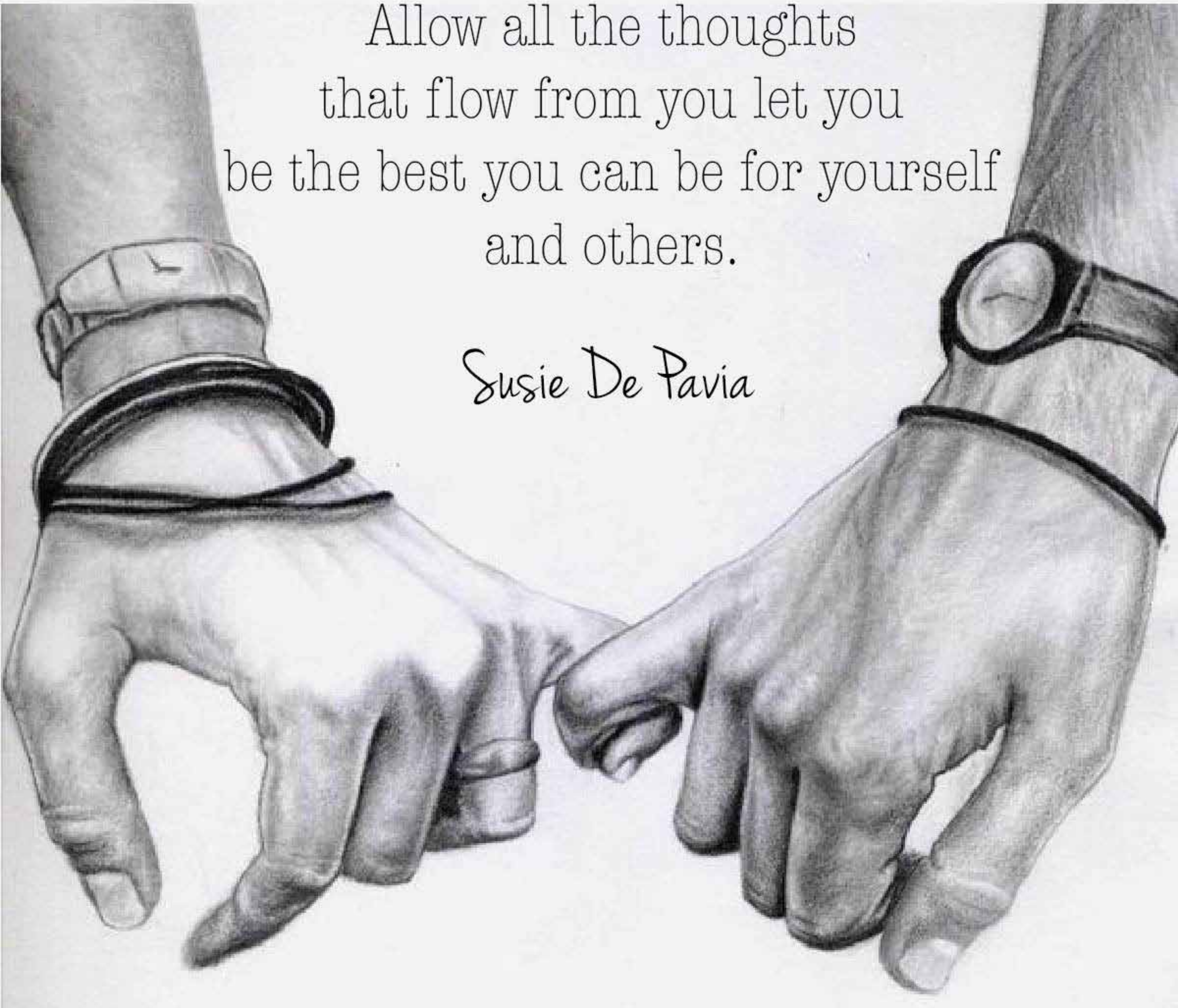
Susie De Pavia

*Be generous with yourself
and others;
share everything wonderful
that you are
and have to offer.*

Susie De Pavia

Allow all the thoughts
that flow from you let you
be the best you can be for yourself
and others.

Susie De Pavia



GIVE YOURSELF THE OPPORTUNITY
TO BE MORE SPONTANEOUS AND INTREPID.
PUT YOUR FEARS ASIDE AND CONQUER
WHAT YOU HAVE SET YOUR MIND TO!


Susie De Pavia



*Allow others to
be responsible
for themselves
and stop doing
everything for
them.*

Susie De Pavia



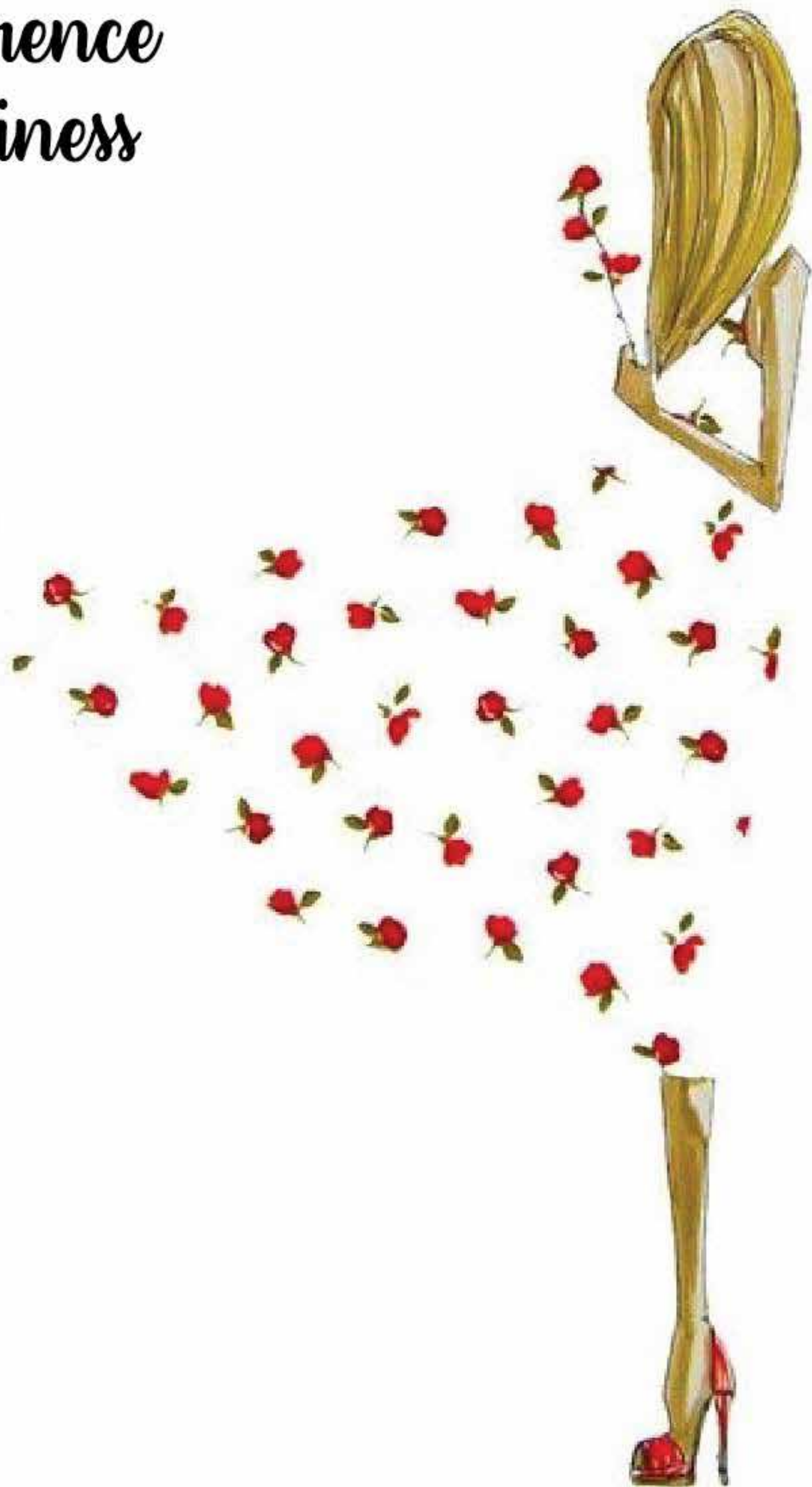


Take refuge in silence
and in your connection
with the Universe,
where all wisdom is found
and is at your disposition.

Susie De Pavia

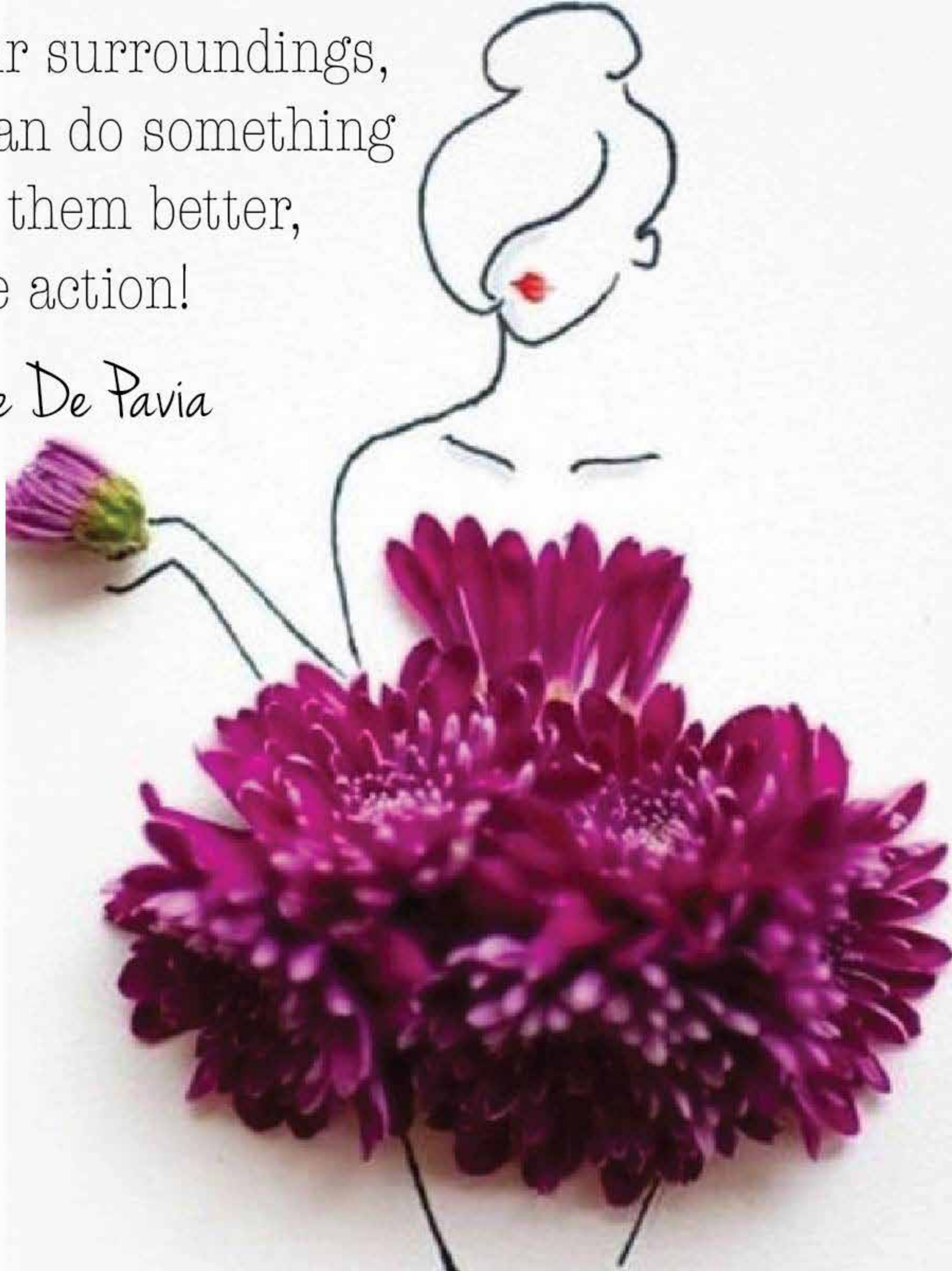
You can make a difference
when you live in happiness
and harmony
knowing that
everything you do
has an infinite effect
in the universe.

Susie De Pavia



Observe your surroundings,
and if you can do something
to make them better,
take action!

Susie De Pavia



TRUST THAT YOU ARE CONTINUOUSLY
SAFE AND PROTECTED

*and that strength lies
within you at all times.*

Susie De Pavia

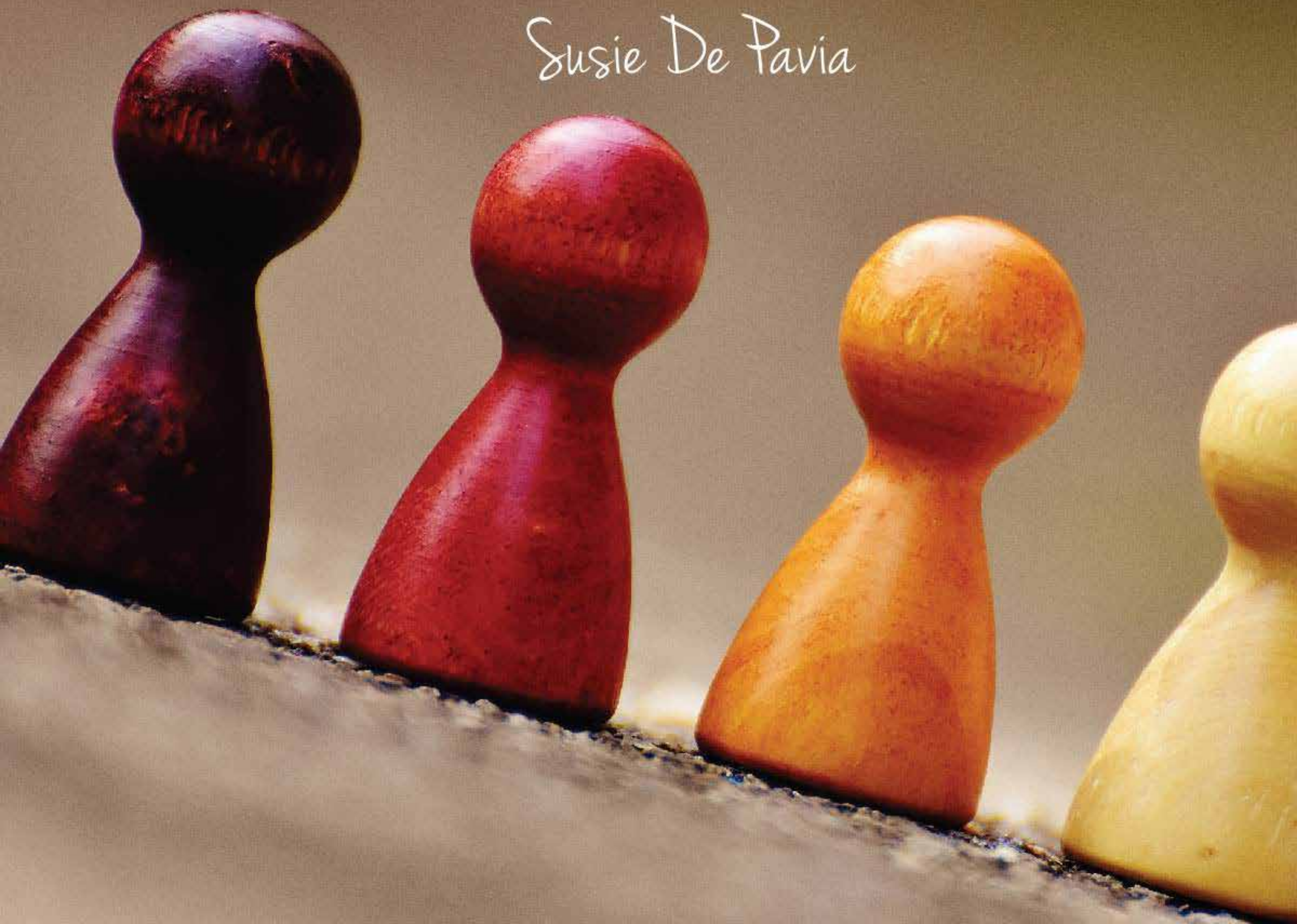


*Recognize all your potential
and all you can accomplish
if you decide to act
and put it in motion.*

Susie De Pavia

When you show gratitude
for what you have, be genuine
and it will multiply each day
more and more.

Susie De Pavia



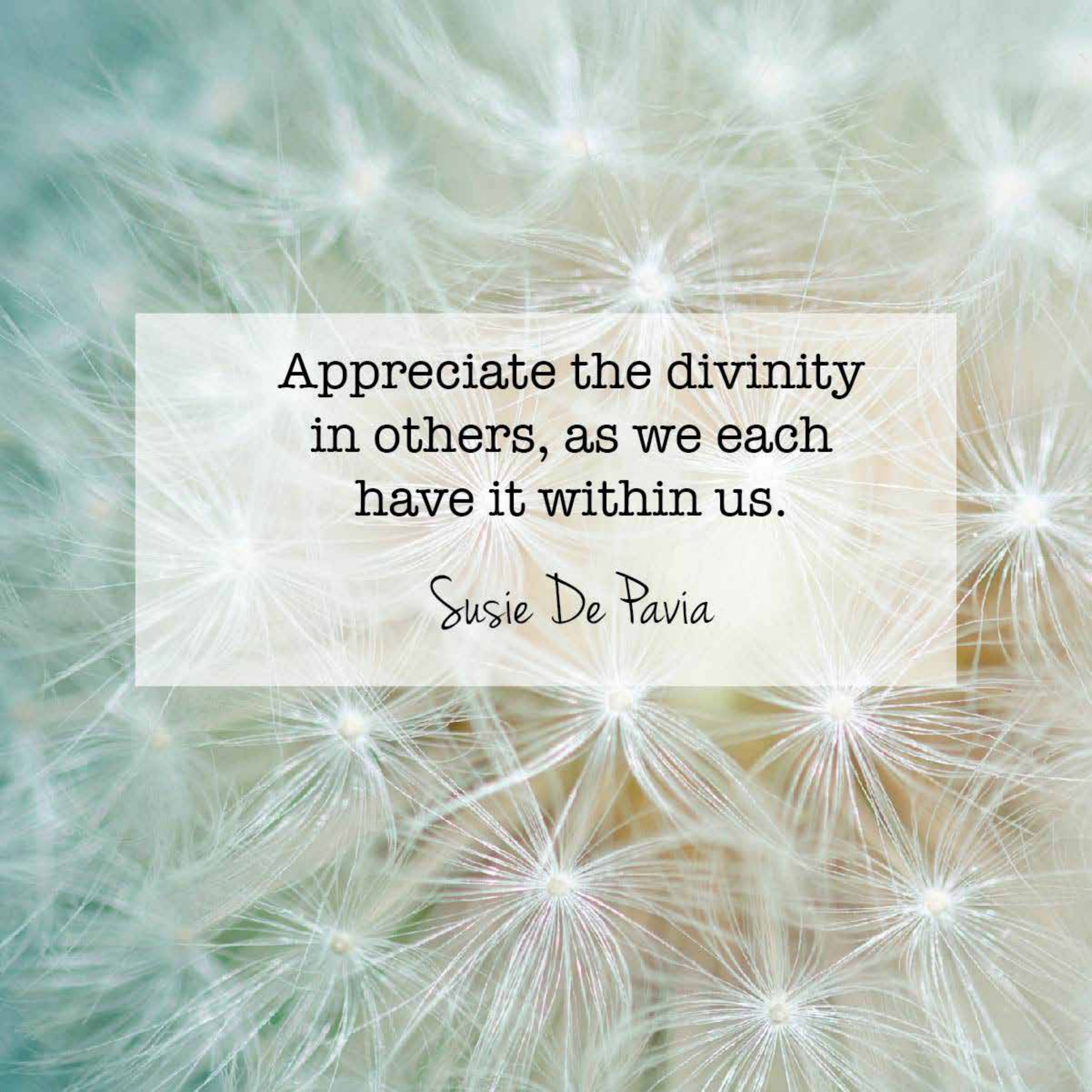


*We are all connected
and in communication
with each other.
Others feel what you
project and feel.*

Susie De Pavia

**Instead of thinking that
you know what is best
for others, trust that others
know what is best for them.**

Susie De Pavia

The background of the image is a close-up, slightly blurred view of several dandelion seed heads. The seeds are white and fine, radiating from a central point. The overall color palette is soft, with light greens and yellows. A semi-transparent, light-colored rectangular box is centered on the image, containing the text.

Appreciate the divinity
in others, as we each
have it within us.

Susie De Pavia

*The more
you let things flow,
the more you will find
yourself living
in harmony.*

Susie De Pavia



CHOOSE TO BE AN INSTRUMENT
OF PEACE.

LET YOUR NATURAL HAPPINESS
AND LOVE RADIATE EXTERNALLY.

Susie De Pavia

A photograph of a woman in a white lace-trimmed top holding the hand of a child wearing sunglasses. The background is a blurred green lawn. A large, semi-transparent white circle is overlaid on the right side of the image, containing a quote in black cursive text.

*Pay attention to
what your heart
tells you.*

*Your deepest feelings
and reflexions
are full of wisdom.*

Susie De Pavia

LOOK AT IMPERFECTION

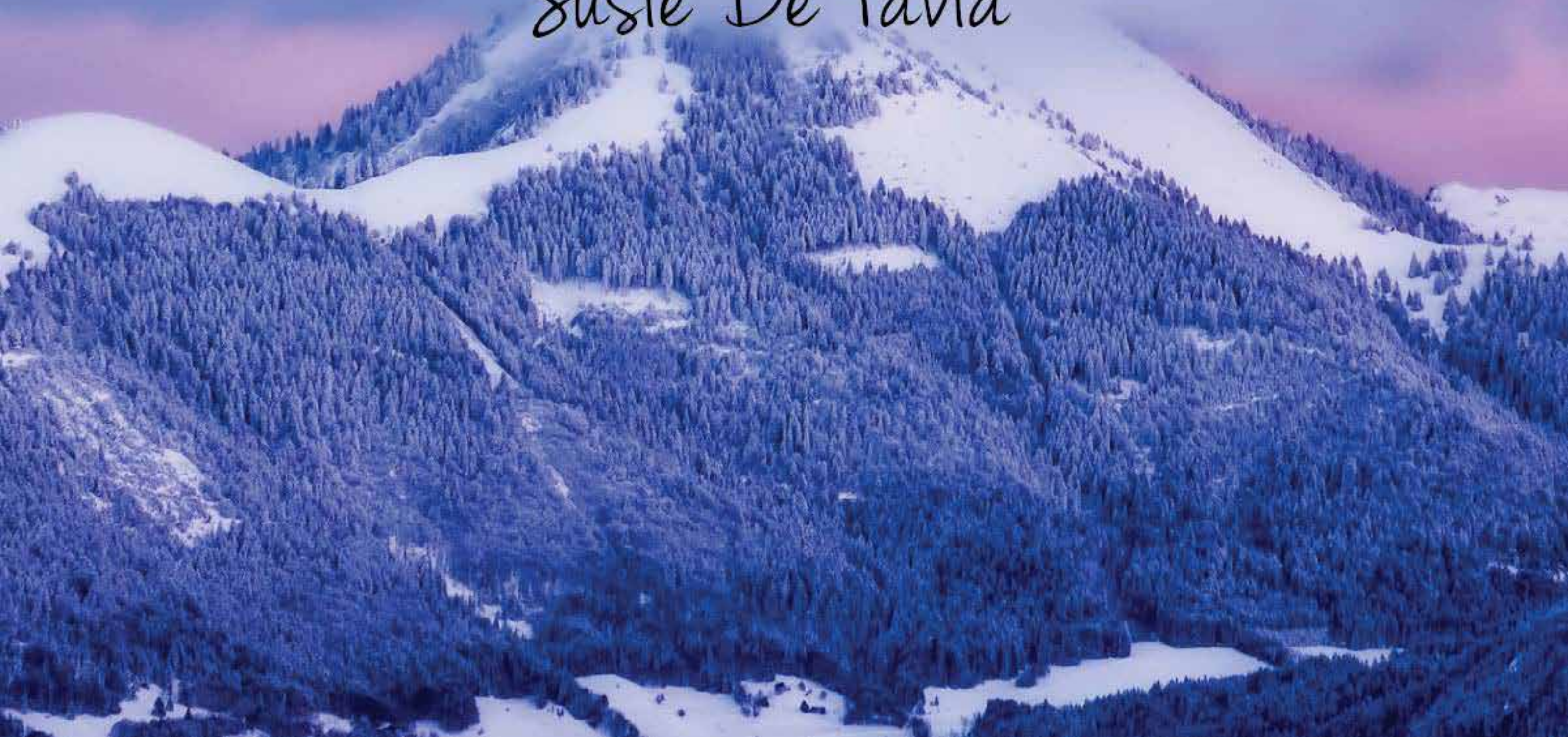
as perfection.

PUT THAT ENERGY INTO

transforming

YOUR CIRCUMSTANCES.

Susie De Pavia



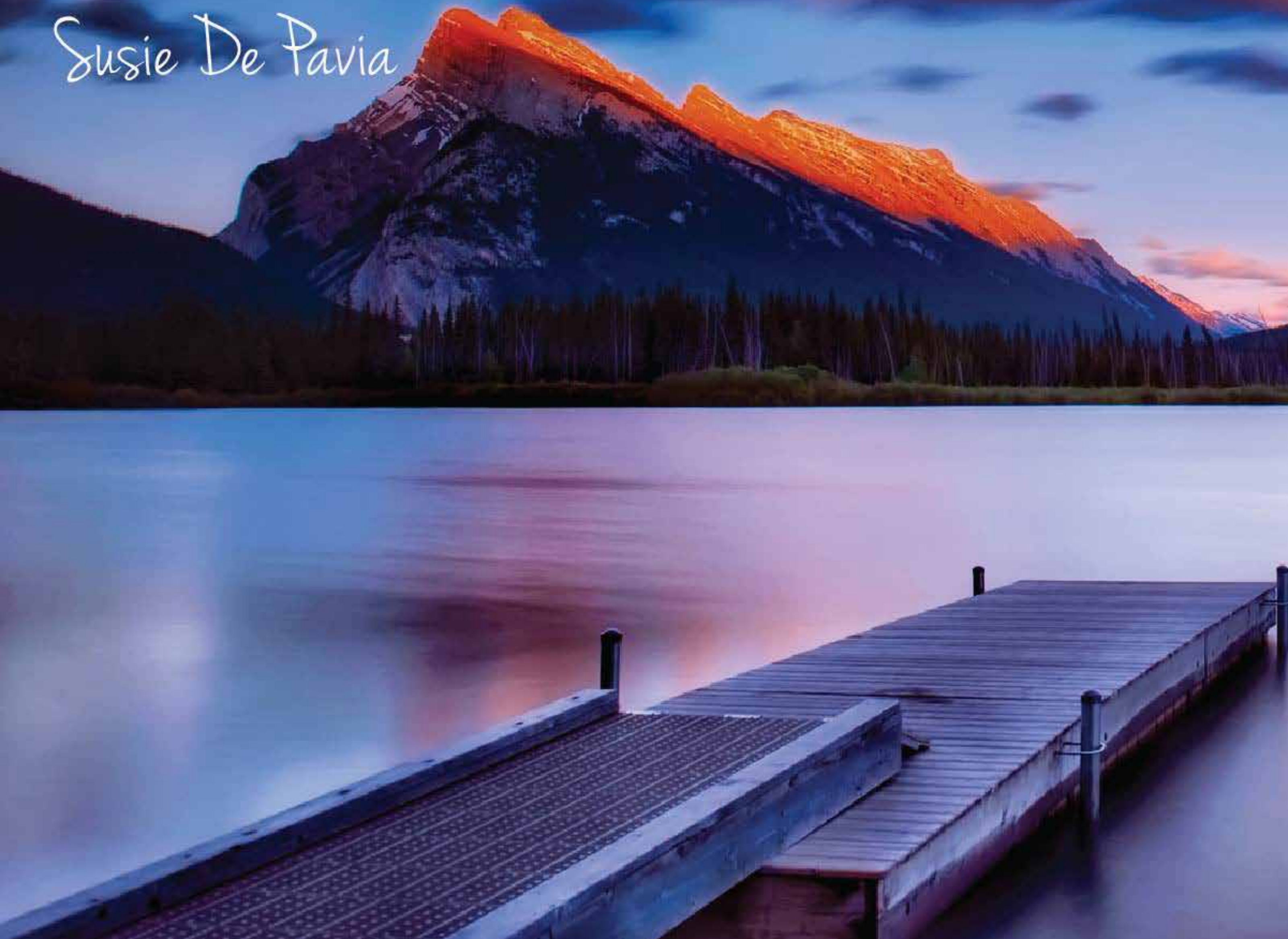
**LISTEN TO YOUR BODY
AND GIVE IT ONLY
WHAT IT NEEDS.
YOU NEED TO KNOW
WHEN TO STOP AND WHEN TO
KEEP GOING.**

Susie De Pavia



**LET YOUR DESIRES AND AMBITIONS
FLY FREELY IN YOUR IMAGINATION
TO PUT THEM IN ACTION.**

Susie De Pavia



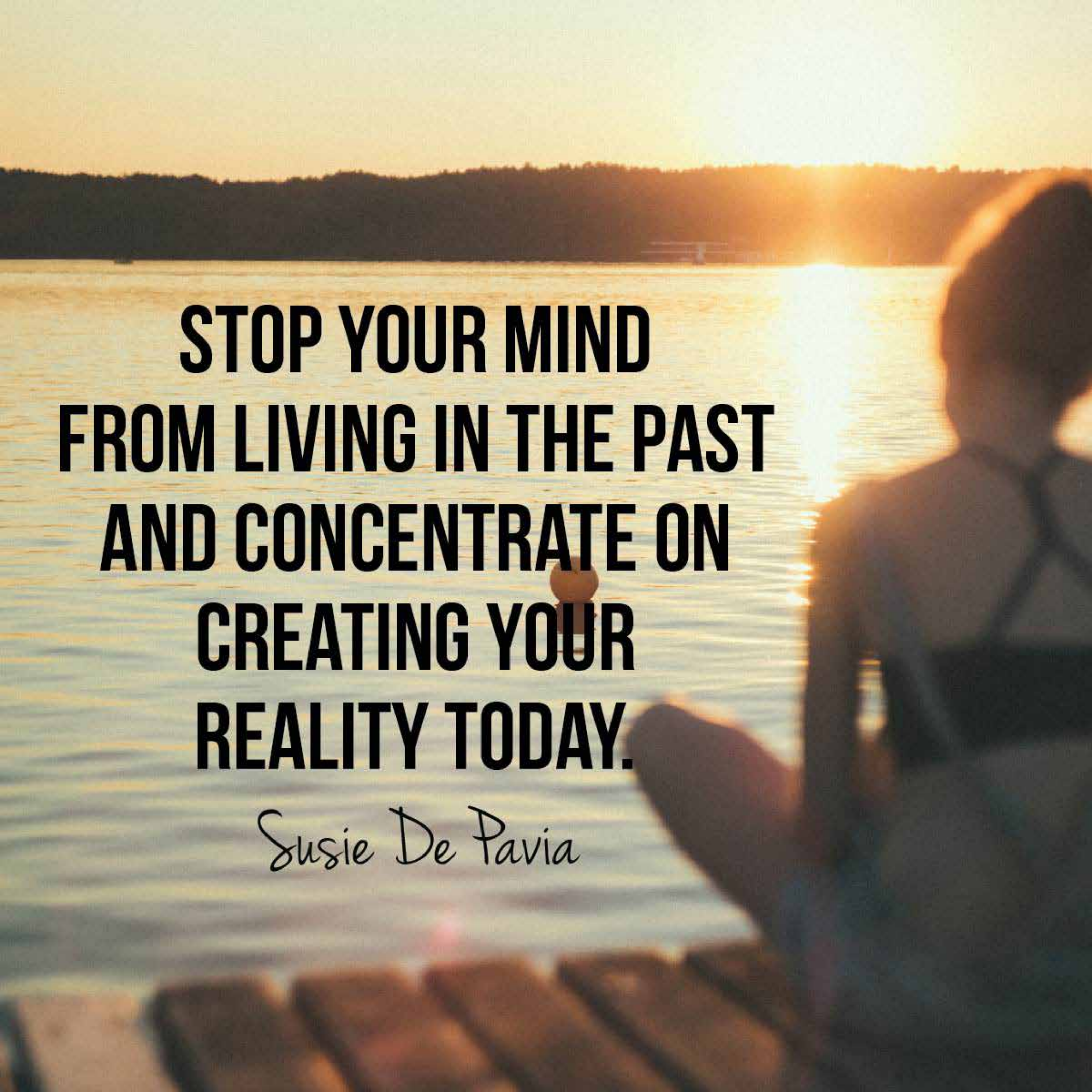
Change the way
you see yourself
as separate from others;
you are connected with
everything and everybody.

Susie De Pavia



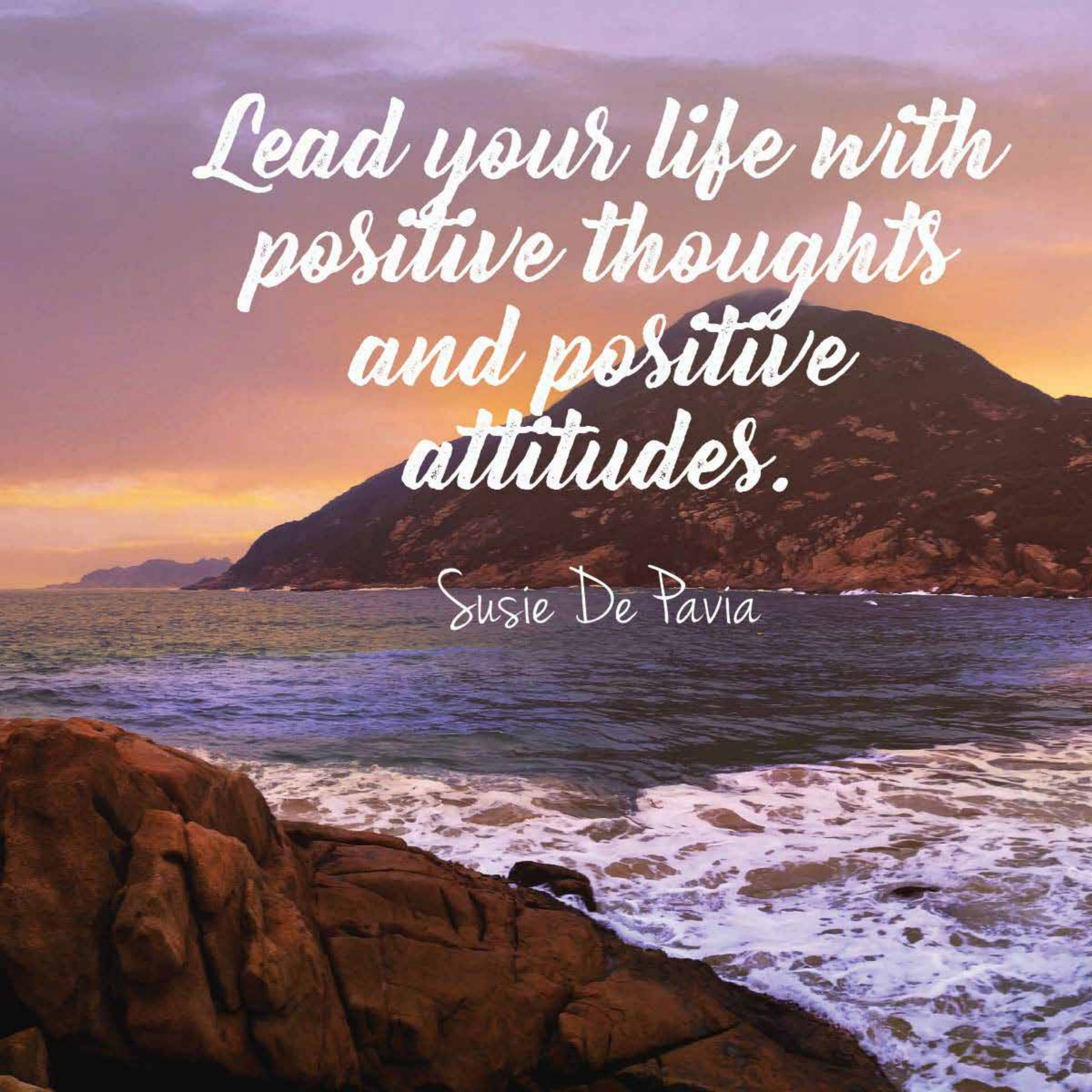
**GET TO BE FIRST
IN EVERYTHING,
OBTAIN THE BEST,
BUT HELP OTHERS
REACH THEIR GOALS
AT THE SAME TIME.**

Susie De Pavia

A person's silhouette is visible on the right side of the frame, looking out over a body of water towards a sunset. The sun is low on the horizon, creating a bright, shimmering reflection on the water's surface. The sky is a warm, golden-orange color. The overall mood is peaceful and contemplative.


**STOP YOUR MIND
FROM LIVING IN THE PAST
AND CONCENTRATE ON
CREATING YOUR
REALITY TODAY.**

Susie De Pavia



*Lead your life with
positive thoughts
and positive
attitudes.*

Susie De Pavia



*The brain
executes everything
it registers,
so register the best
thoughts and put them
into motion.*

Susie De Pavia

LEARN TO OBSERVE EVERYTHING AROUND
YOU FOR BETTER LEARNING.

Susie De Pavia



A silhouette of a hand holding a heart against a blue, textured background. The hand is positioned at the top, with the thumb and index finger forming a loop around the heart. The background is a deep blue with a mottled, almost crystalline texture, suggesting a celestial or ethereal setting. The lighting is soft, highlighting the contours of the hand and heart.

The Universe's timing is perfect; trust
and have patience.

Susie De Pavia

Learn to be alone
with yourself
like yourself,
love yourself,
and feel at ease
and comfortable
with your own company.

Susie De Pavia



A photograph of a city street with a yellow arrow pointing forward. The street is wet and reflective. In the background, there are tall buildings and trees. A white text box is overlaid on the image, containing a quote in bold black text and the name 'Susie De Pavia' in a cursive font. A metal clip is visible at the top center of the page.

**LET GO OF THINGS
THAT HAVE STOPPED
WORKING FOR YOU
AND MAKE ROOM
FOR NEW THINGS.**

Susie De Pavia

Accept the lessons
and learn from
the wisdom of those
around you as well as
the Universe.

Susie De Pavia

THE MORE DIFFICULT SITUATIONS GET,

STOP AND OBSERVE

AND LET IT RESOLVE ITSELF

EXPECTING THE BEST OUTCOME.

Susie De Pavia

Say what you think and
feel and ask for what you
need without fear or guilt.

Susie De Pavia

The power of your thoughts lies
in the feeling behind them.
Feel as if you already have everything you
have created with your thoughts
and it will materialize.

Susie De Pavia



AS SOON AS YOU ARE CONSCIOUS
OF NEEDING TO FIX OR MODIFY SOMETHING
FOR YOUR GOOD,
DON'T STOP UNTIL YOU DO IT.

Susie De Pavia



The force of the Universe

is Love.

Give it to yourself
and to others.

Susie De Pavia

*Magnify your feelings
with thoughts
that make you feel
happy, satisfied,
and fulfilled.*

Susie De Pavia



ACCEPT THAT
ALL THAT YOU WANT TO HAVE
ALSO WANTS TO BE IN YOUR LIFE;
LOVE, HEALTH, AND WEALTH.

Susie De Pavia

**LIFE ANSWERS YOU.
EVERYTHING YOU ASK FOR
YOU GET BACK IN THE SAME MANNER
IN WHICH YOU GIVE IT.**

Susie De Pavia



*Stop fighting
to change the circumstances
of your life,
fill yourself with
the best vibration
and everything will fall
into place.*

Susie De Pavia

YOU NEED TO FEEL AND PROJECT
THE BEST FEELINGS TOWARDS OTHERS.
START WITH YOURSELF SO YOU CAN RECEIVE
THE SAME FROM OTHERS.

Susie De Pavia



Be honest with yourself
about what you really want,
need, wish for, and desire.
Only then will you be able to focus
your energy to obtain it.

Susie De Pavia



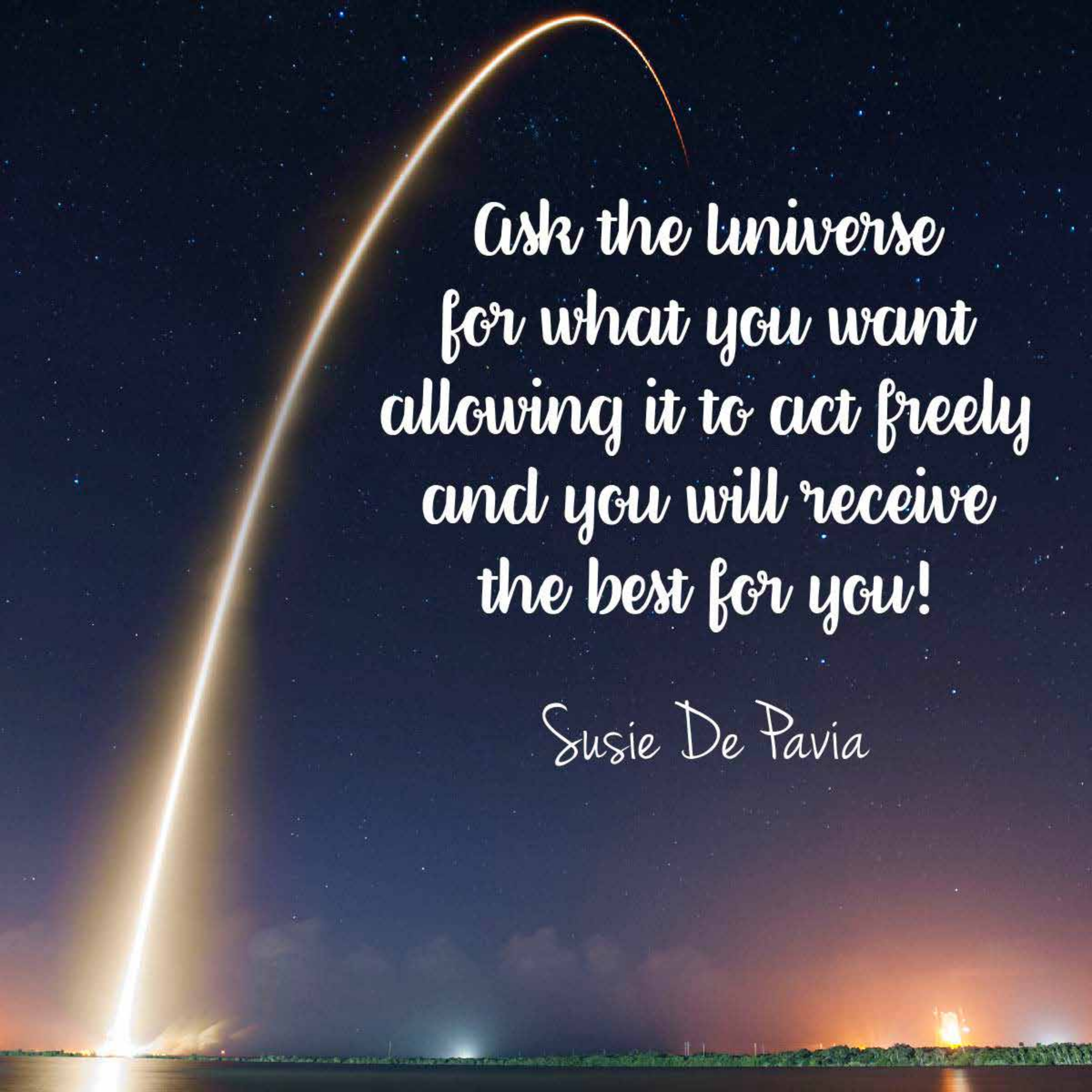
Learn to think
before reacting.
It's the only way to have
control over yourself.

Susie De Pavia



THE MANNER IN
WHICH YOU REACT
DETERMINES WHAT
WILL HAPPEN

Susie De Pavia



Ask the universe
for what you want
allowing it to act freely
and you will receive
the best for you!

Susie De Pavia

If you are trying
with all your might
to obtain what you want,
you are actually making it
further away from you.

In order to receive what you want,
believe and accept that it has already
manifested and you shall have it!

Susie De Pavia

*Throughout the day
feel abundant, prosperous, happy
with what you have,
and thankful for
all the good and
positive yet to come.*

Susie De Pavia



Give others the best of you.

Mark the standard

so that others

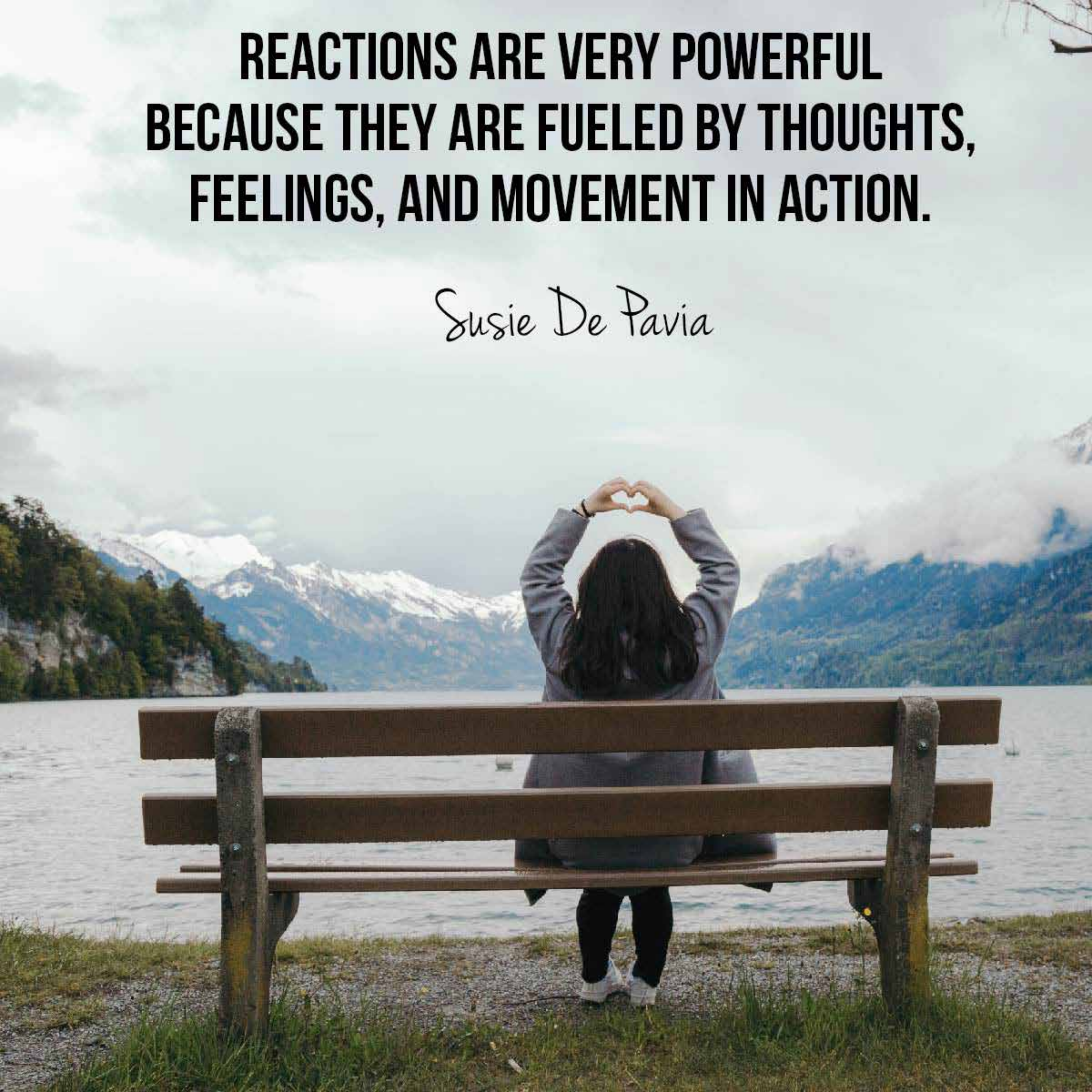
react the same way

towards you.

Susie De Pavia

**REACTIONS ARE VERY POWERFUL
BECAUSE THEY ARE FUELED BY THOUGHTS,
FEELINGS, AND MOVEMENT IN ACTION.**

Susie De Pavia





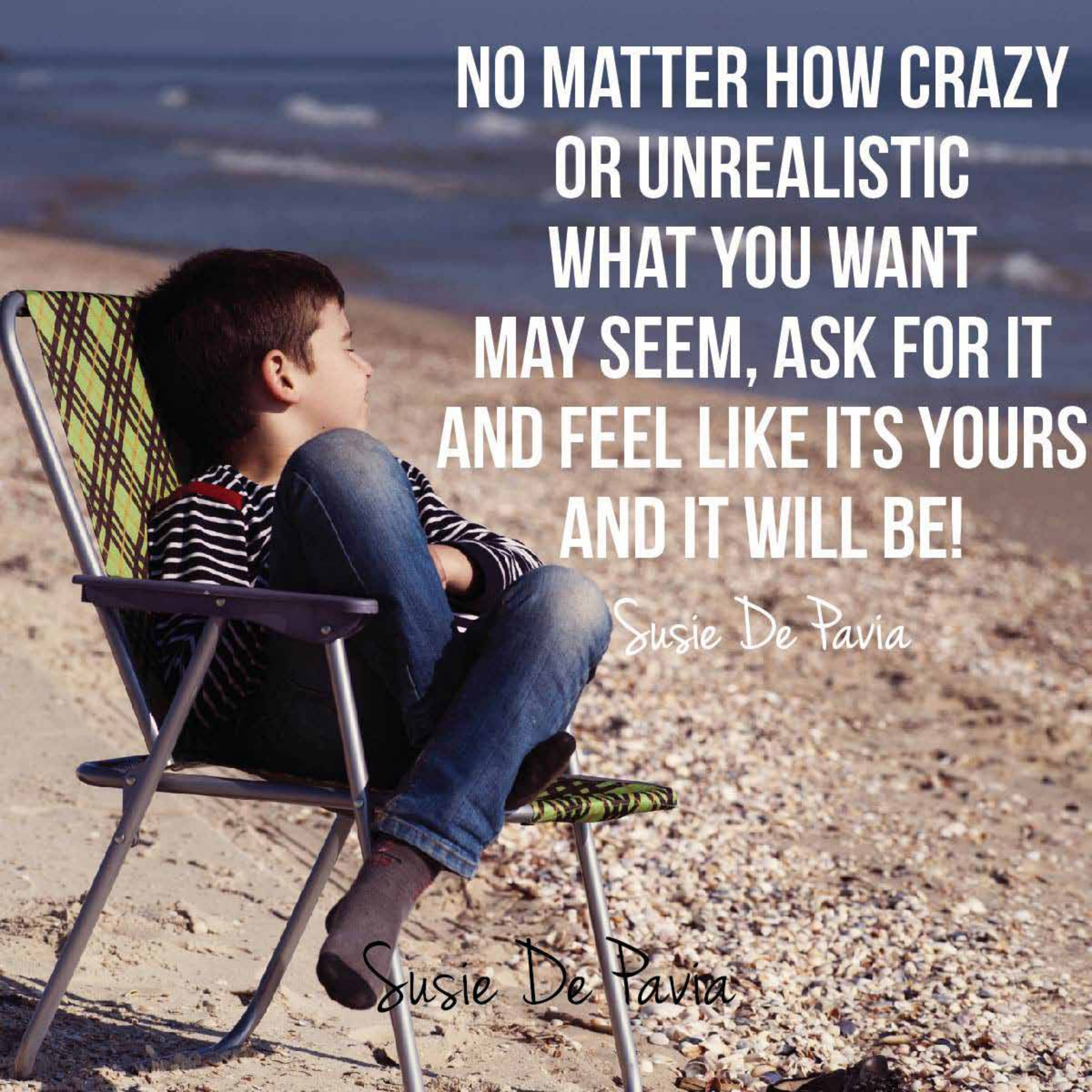
**Stop thinking
about HOW things will happen,
HOW you will receive them,
and just trust that there is
a marvelous plan that is in process.**

Susie De Pavia

AVOID PAYING ATTENTION
TO NEGATIVE THOUGHTS.
DO NOT GIVE THEM POWER,
NOR MAKE THEM YOURS;
LET THEM GO AND THINK
OF SOMETHING CONSTRUCTIVE.

Susie De Pavia



A young boy with dark hair, wearing a black and white striped long-sleeved shirt and blue jeans, is sitting in a green and black patterned folding chair on a sandy beach. He is looking out towards the ocean. The background shows the beach, the ocean, and a cloudy sky.

**NO MATTER HOW CRAZY
OR UNREALISTIC
WHAT YOU WANT
MAY SEEM, ASK FOR IT
AND FEEL LIKE ITS YOURS
AND IT WILL BE!**

Susie De Pavia

Susie De Pavia

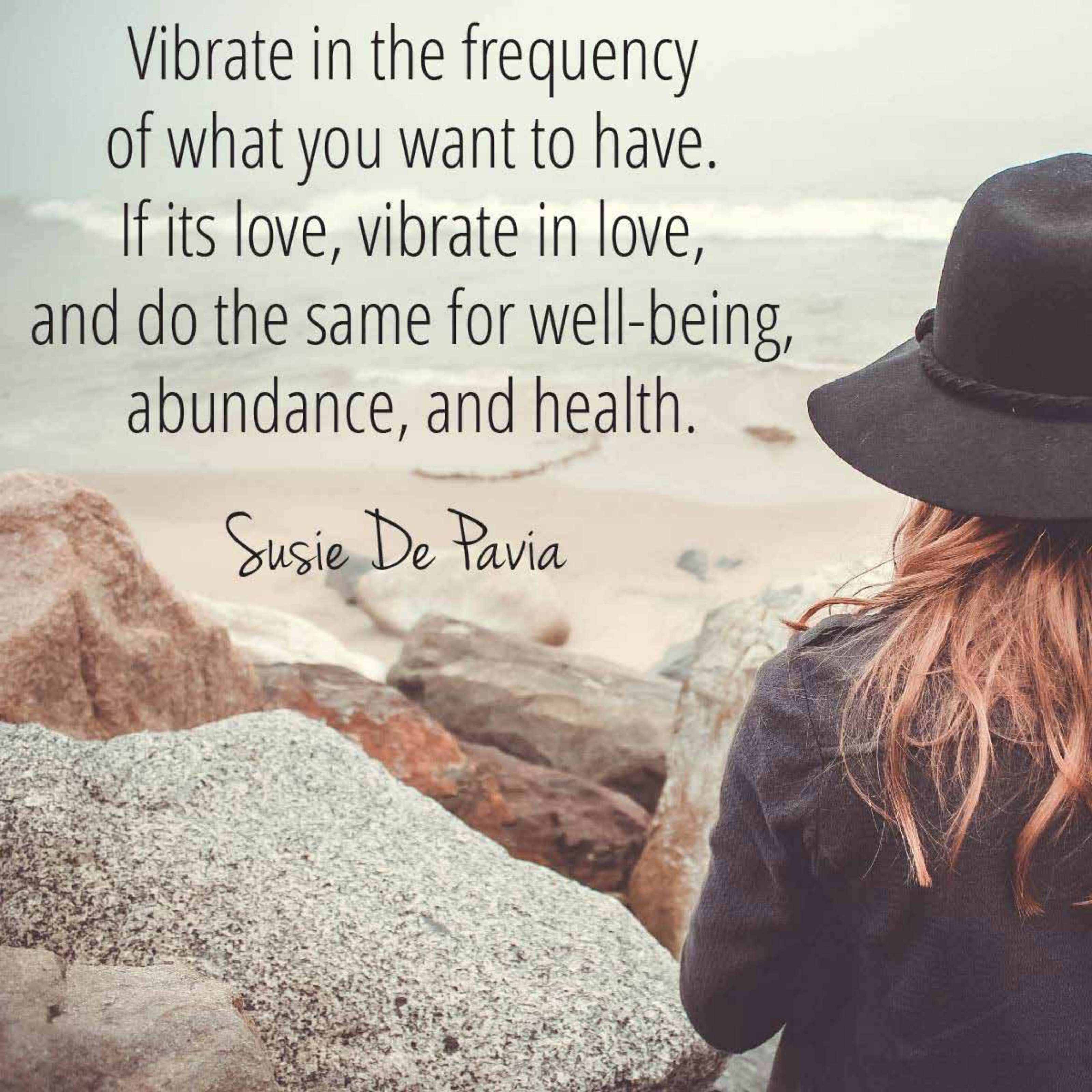
Free yourself
from toxic and
negative people
by not criticizing or
judging them.

Focus on yourself and
feel good about yourself
without letting anything
bother you.

Susie De Pavia


Your task is
To find the way
to feel good, be good,
and find
balance within you.

Susie De Pavia

A person with long reddish-brown hair, wearing a dark hat and a dark jacket, is seen from the back, looking out over a rocky beach. The foreground is dominated by large, grey, textured rocks. In the middle ground, there are more rocks and a sandy beach. The background shows the ocean with white-capped waves under a bright, slightly overcast sky.

Vibrate in the frequency
of what you want to have.
If its love, vibrate in love,
and do the same for well-being,
abundance, and health.

Susie De Pavia

A close-up photograph of a person's lower legs and feet. They are wearing black leggings and brown, lace-up boots. The person is standing on a large, moss-covered rock. The background is a blurred forest scene with trees and foliage.

*Enjoy life, imagin
how it is you want to live it,
and capture that energy
and it will become reality.
Susie De Pavia*


Stop looking for perfection
and do everything
with excellence

Susie De Pavia

A MAGNETIC FIELD AROUND YOU EXISTS
THAT ATTRACTS EVERYTHING TOWARD YOU.

THIS FIELD IS DETERMINED
BY THE FEELINGS YOU HAVE.

Susie De Pavia



*If you change
the way you give
to others
it will change
what you receive
from them.*

Susie De Pavia

The force of
The Universe
is love.

You feel good when you
have it
and you feel bad
when you
lack it.

Susie De Pavia

Your magnetic field
is determined by the type of feelings
you have whether good or bad.

Choose only the positive!

Susie De Pavia



*If you want to change
anything in your life,
change your feelings towards it
and it will change.*

Susie De Pavia



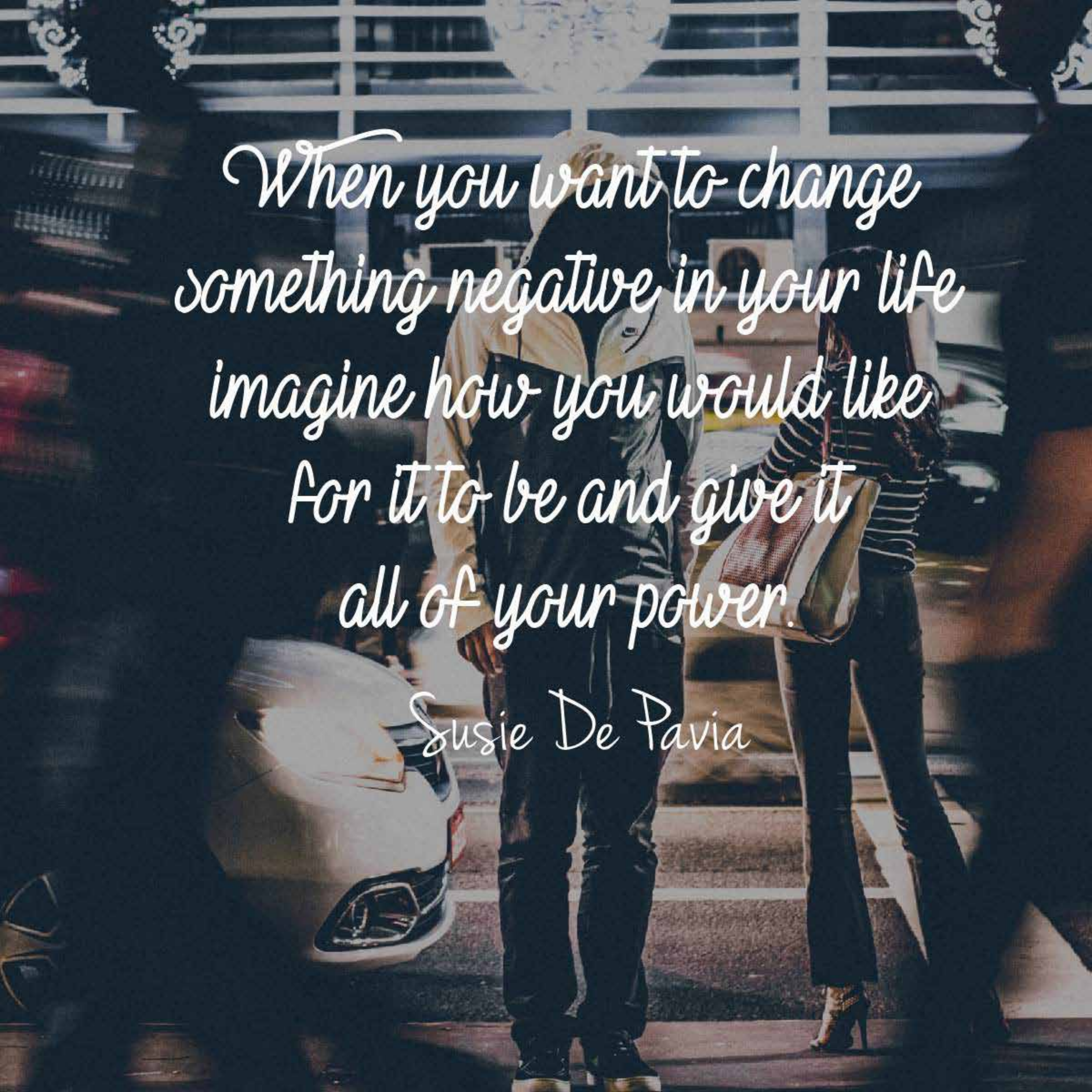
A sunset scene with palm trees and a path. The sky is a mix of orange, yellow, and purple, with clouds catching the low sun. Several tall palm trees stand in a row, their silhouettes dark against the bright sky. A path leads from the foreground towards the trees, and the overall atmosphere is peaceful and serene.

FILL YOUR MAGNETIC FIELD
WITH GOOD FEELINGS
THAT ARE POSITIVE AND FAVORABLE
AND MAKE YOU FEEL GOOD.

Susie De Pavia

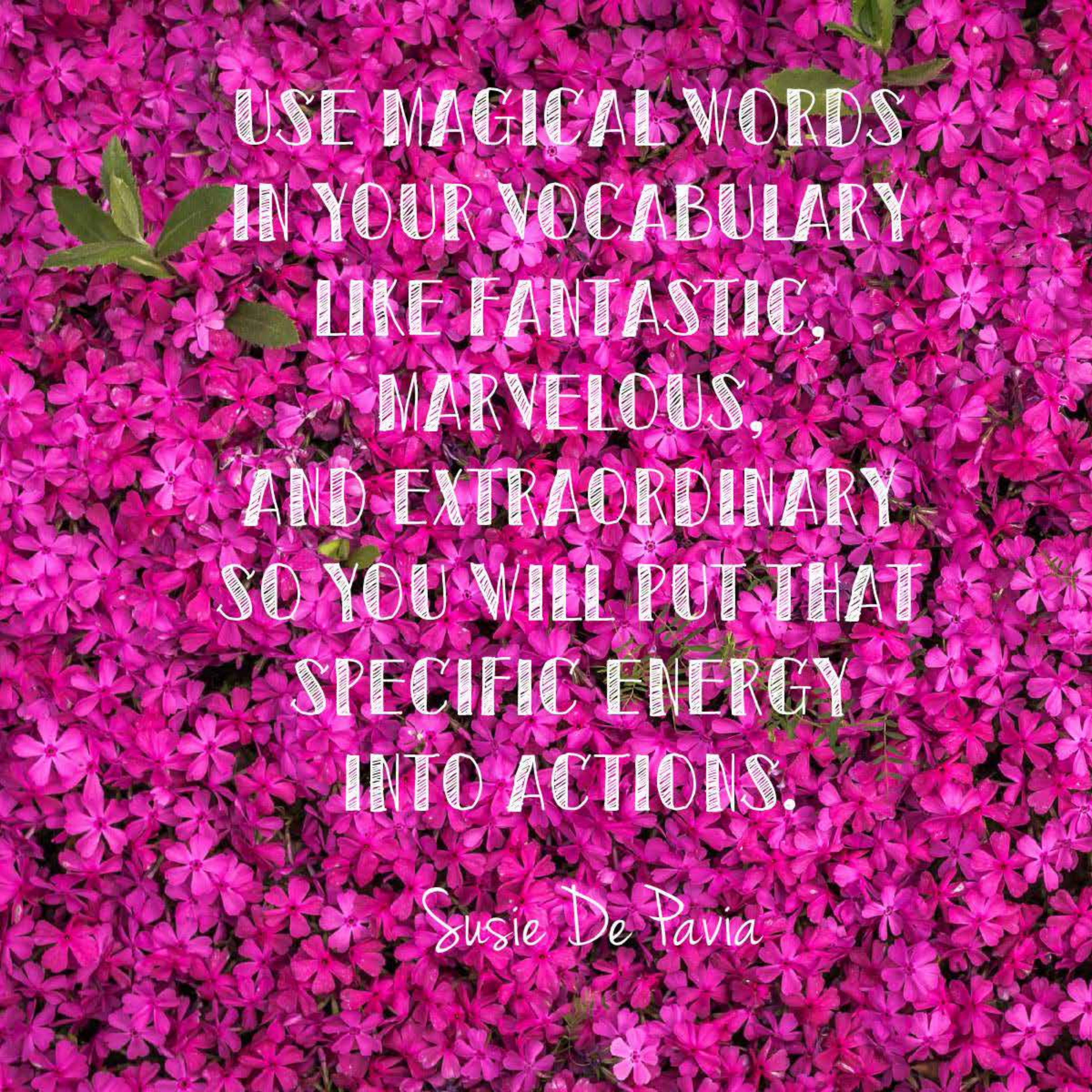
The more love
you have in your
magnetic field
the more power you have
to attract everything
that you love.

Susie De Pavia

A blurred city street scene at night. In the foreground, a white car is partially visible on the left. In the center, a person in a light-colored jacket and dark pants is walking away from the camera. To their right, a woman in a striped shirt and dark pants is walking towards the camera, carrying a large bag. The background shows a building with a grid of windows and other pedestrians, all out of focus. The overall atmosphere is busy and urban.

*When you want to change
something negative in your life
imagine how you would like
for it to be and give it
all of your power.*

Susie De Pavia



USE MAGICAL WORDS
IN YOUR VOCABULARY
LIKE FANTASTIC,
MARVELOUS,
AND EXTRAORDINARY
SO YOU WILL PUT THAT
SPECIFIC ENERGY
INTO ACTIONS.

Susie De Pavia


whatever you imagine
you can manifest,
put into motion,
and materialize.

Susie De Pavia

Your thoughts and feelings
are charged
with a magnetic frequency.
The quality of these thoughts
determines the things and people
you attract.

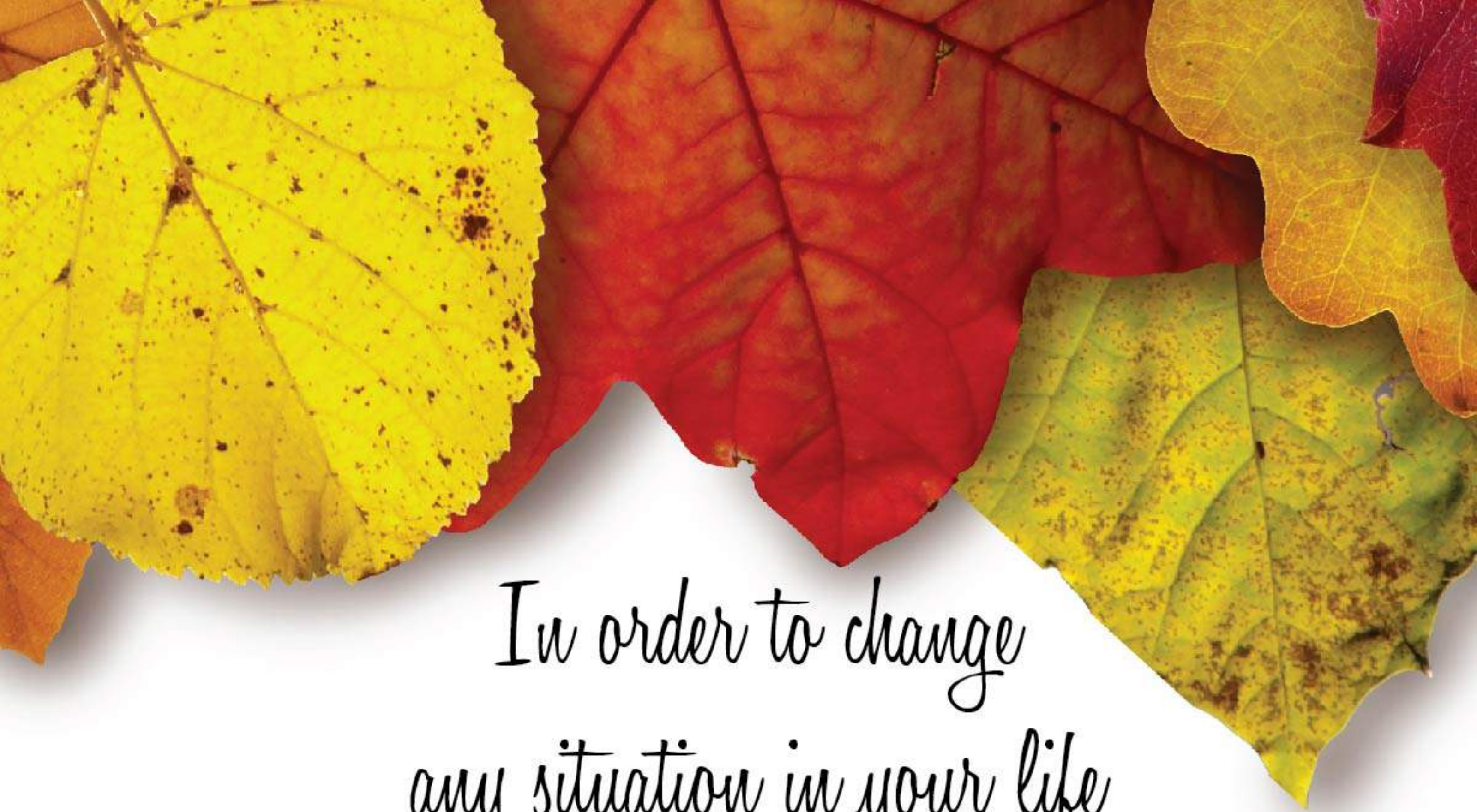
Susie De Pavia





DON'T LET YOUR FEELINGS
BE A REACTION OF WHAT HAS HAPPENED TO YOU;
THEY ARE NOT THE REASON FOR WHAT HAPPENED.

Susie De Pavia



*In order to change
any situation in your life
you have to change the feeling
and how you experiment it for it
to transform.*

Susie De Pavia

YOU CAN CHANGE THE *frequency*
OF YOUR MAGNETIC FIELD
AT *any* MOMENT
JUST BY CHANGING YOUR FEELINGS.
BY *changing* YOUR FEELINGS
YOU WILL ENTER A NEW
AND BETTER *frequency*.


Susie De Pavia

A photograph of two young women sitting on a wall covered in graffiti. The woman on the left is leaning her head on the woman on the right, who is smiling broadly. Both are wearing casual clothing and sneakers. The background is a wall with various graffiti tags and drawings.

*When someone receives something
you desire, feel as happy as if
you had received it.*

*This way the Universe
will be willing to give it to you too.*

Susie De Pavia

A top-down photograph of a group of people's hands and feet reaching towards the center on a grassy field. The hands are of various skin tones and some have colorful bracelets. The feet are also visible, some with painted toenails. A semi-transparent circular graphic with a white geometric border is overlaid in the center, containing the text.

*We are all
connected;
everything you give
to others you are
giving to yourself.*

Susie De Pavia

YOU ARE THE ONLY ONE
THAT CAN GET YOURSELF
OUT OF LIMITATIONS;
FEEL STRONG AND POWERFUL
AND YOU WILL PROJECT THAT.

Susie De Pavia

Be the person you want
others to perceive you as.

Susie De Pavia



*Start by doing more
and thinking less.*

Susie De Pavia



**WE ARE CO-CREATORS
WITH THE UNIVERSE,
SO LETS CREATE
EACH EXPERIENCE
AS WE DESIRE IT.**

Susie De Pavia



ACCEPT THAT
YOU HAVE A BRILLIANT MIND
and use it to
THE BEST OF YOUR ABILITY.

Susie De Pavia



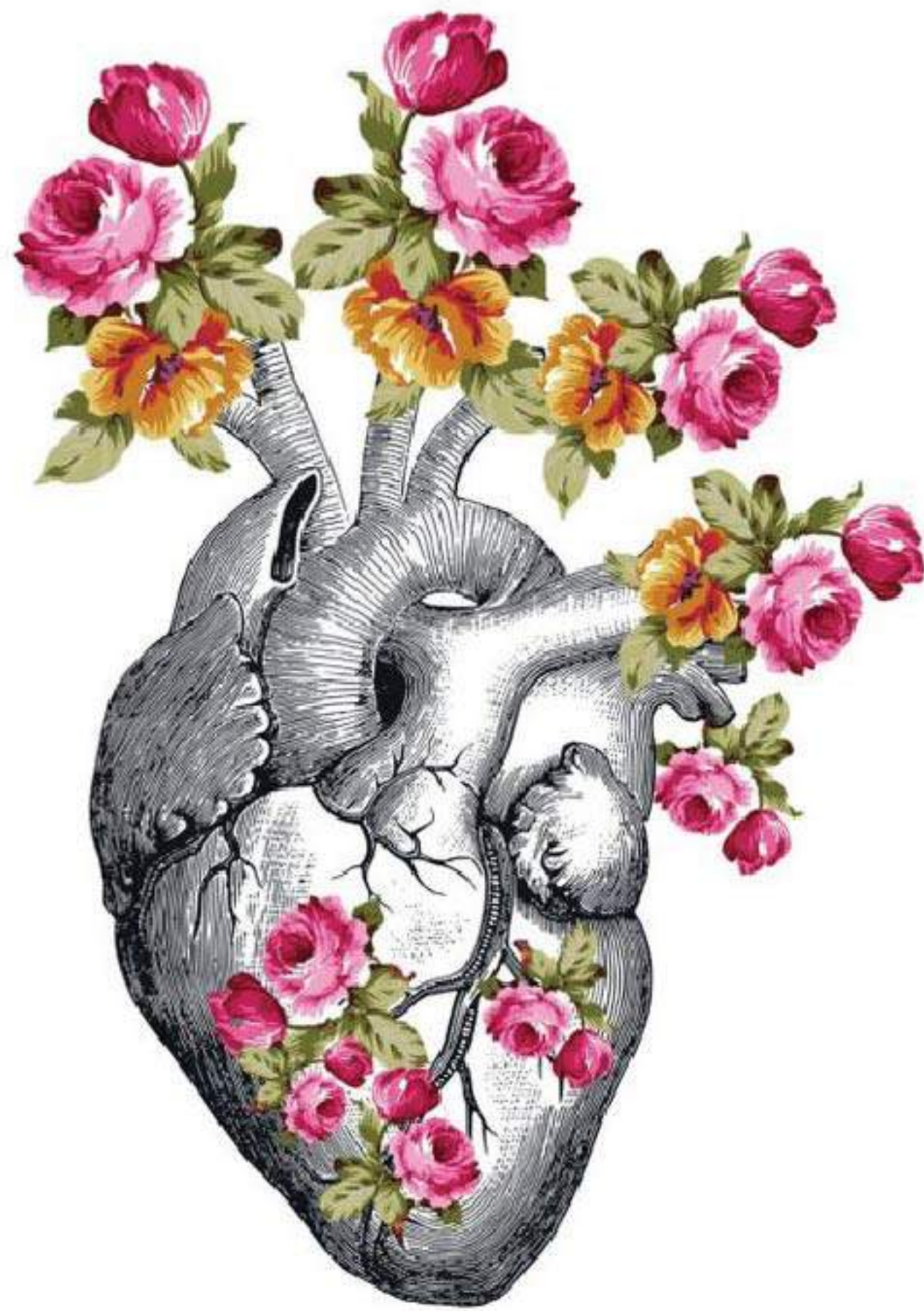
EVEN IF THE CHANGES IN YOUR LIFE
ARE SMALL, ACCEPT THAT THEY CAN
MAKE A GREAT DIFFERENCE.

Susie de Pavia

**LEARN TO BE IN SILENCE
AND IN PEACE
SO THAT YOU CAN BE
IN CONTACT WITH YOURSELF.**

Susie de Pavia





*Listen and pay attention
to your body.
It is very wise and will tell you
what it needs and what
is best for it.*

Susie de Pavia

Stop waiting and act!
Fight for what you want until you get it
trusting that it is for your good
and the good of others.

Susie de Pavia



**IF YOU WANT TO DO WELL,
STOP LIVING FULL OF ANGER
AND RESENTMENT.
GIVE YOUR BEST ATTITUDE
TO YOURSELF AND TO OTHERS.**

Susie de Pavia



A photograph of a wooden park bench with a black metal frame, set on a paved path covered with fallen leaves. The text is overlaid on the image in a white, cursive font.

Failure happens when
you stop trying, desist,
and quit what you had set out
to accomplish.

Susie de Pavia

**Happy people radiate good feelings
and let others be without criticizing
or judging them.**

Susie de Pavia



HAVE THE INITIATIVE TO START
AND YOU WILL GUARANTEE SUCCESS.

Susie de Pavia






**KEEP MOVING
FORWARD ANY WAY
YOU CAN.
NEVER
STOP MOVING.**

Susie de Pavia



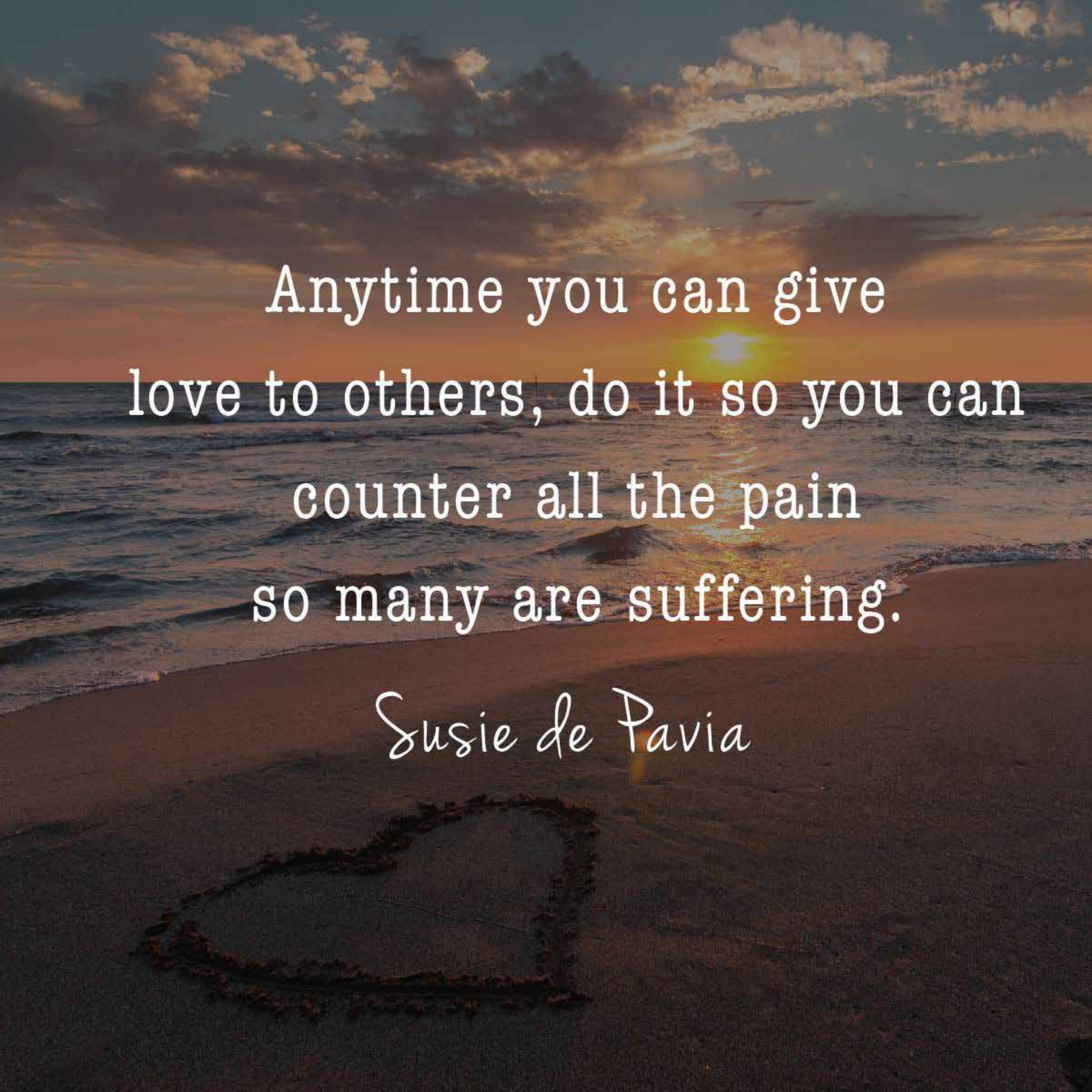
**Live
without regret.
Take risks, d
are to be bold,
and you will see
that it was all
worth it.**

Susie de Pavia

A wooden pier extends from the left side of the frame into the ocean. The pier has a railing and is supported by wooden posts. In the distance, at the end of the pier, there is a small pavilion with a roof. The sky is a mix of blue and orange, with some clouds. The water is dark with some ripples. The text is overlaid on the image in a white, sans-serif font.

YOUR PRESENT LIFE IS A RESULT OF WHAT
YOU HAVE CREATED IN THE PAST, SO START
BY CREATING A BETTER FUTURE.

Susie de Pavia

A sunset over the ocean with a heart shape drawn in the sand in the foreground. The sun is low on the horizon, casting a golden glow over the water and sky. The sky is filled with soft, white clouds. The ocean waves are gentle, and the sand in the foreground is dark and textured. A heart shape is drawn in the sand, its outline slightly irregular and dark, possibly from a shadow or a drawing. The overall mood is peaceful and contemplative.

Anytime you can give
love to others, do it so you can
counter all the pain
so many are suffering.

Susie de Pavia



When you decide
to do something,
make sure it will
make you happy.

Susie de Pavia



TAKE EACH EXPERIENCE
AS AN OPPORTUNITY
TO GROW AND BE
A BETTER PERSON.

Susie de Pavia

A stone path leads through a field of tall, thin reeds or grasses towards a wooden door. The scene is dimly lit, suggesting dusk or dawn. The path is made of large, flat stones and leads from the bottom center towards the top center of the frame. On either side of the path, there are rows of tall, thin, vertical reeds or grasses. In the background, a wooden door with a handle is visible, set within a wooden frame. The overall mood is contemplative and serene.

LET GO OF THE CHAINS OF THE PAST,
OF WHAT WAS AND IS OVER.

PUT ALL YOUR ATTENTION
IN THE NOW, IN WHAT YOU CAN
BUILD AND DO.

Susie de Pavia

GIVE THE CORRECT INTERPRETATION TO
WHAT YOU WANT SO THAT YOU CAN ENJOY
IT ONCE YOU GET IT.

Susie de Pavia




When you are envious
you take away your opportunity
to have what they have.

Susie De Pavia

*Pay attention
to your intuition,
it has more power
than you can imagine.*

Susie De Pavia



An astronaut in a dark space suit is shown from the chest up, floating in space. The astronaut's helmet visor reflects a vibrant, multi-colored nebula. In their right hand, they hold a glowing jellyfish with a translucent, multi-colored body and long, thin tentacles. The background is a dark, starry space. The text is overlaid on the right side of the image.

It's easier to receive
what you are waiting for
when you let it go, you believe, and let it present
itself without pressure.

Susie De Pavia

IN ORDER TO CHANGE YOUR WORLD
YOU MUST CHANGE HOW YOU PERCEIVE IT.

Susie De Pavia



THE UNIVERSE KNOWS WHAT YOU NEED,
SO REST KNOWING YOU WILL RECEIVE IT.

Susie De Pavia



USE THE GREAT POWER
THAT LIES WITHIN YOU
EVERY TIME YOU NEED IT.
RECOGNIZE IT AND LET IT ACT.

Susie De Pavia





If you want good things to come into your life stop being stressed and put your attention on the things that make you happy.

Susie De Pavia

It's amazing

what a belief can do!

Identify it

so you can modify it

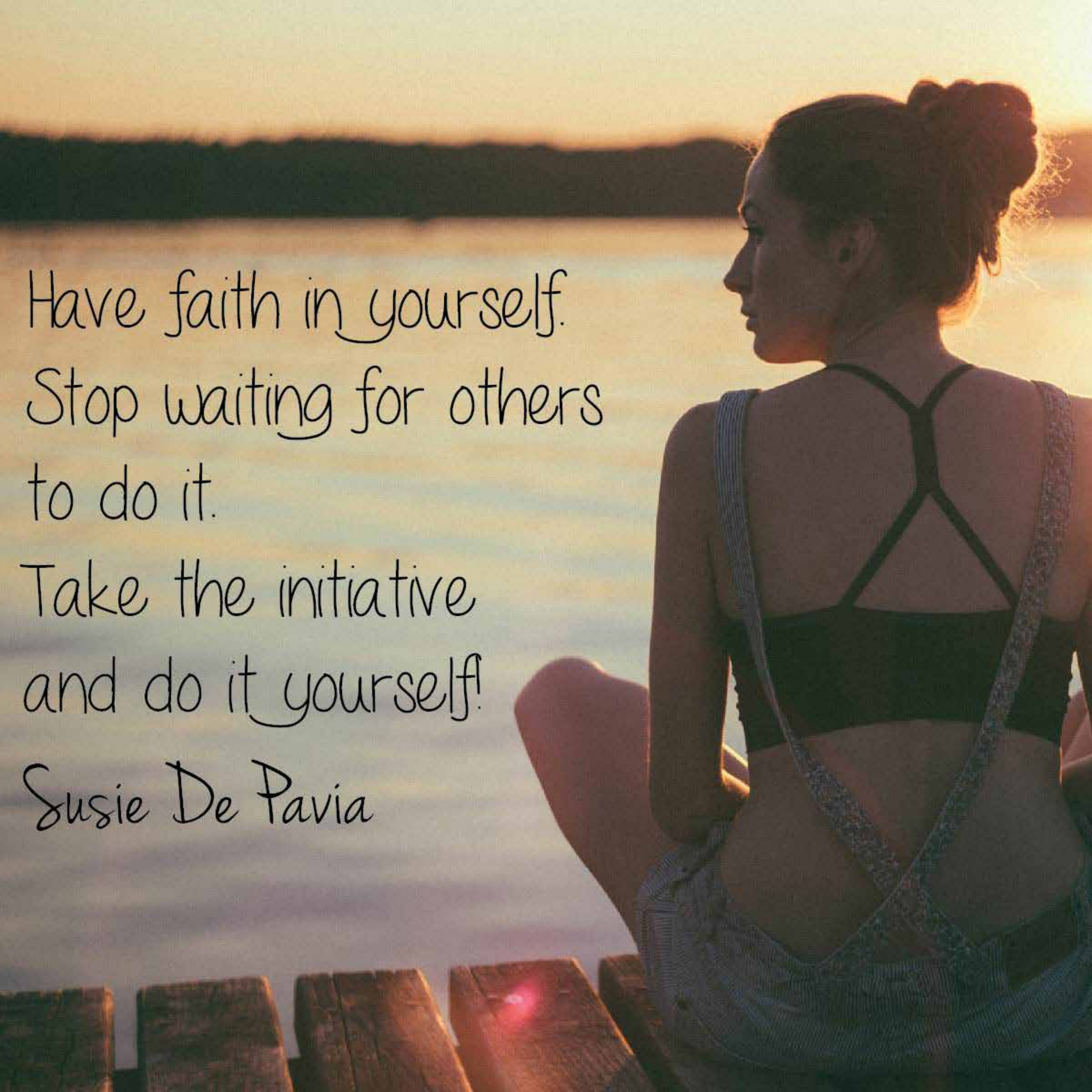
to your favor.

Susie De Pavia

To help change your world,
sincerely praise others.

When you praise someone
you make them feel good,
important, and ready
to help you.

Susie De Pavia



Have faith in yourself.

Stop waiting for others
to do it.

Take the initiative
and do it yourself!

Susie De Pavia

PUT GOOD ENERGY
INTO EVERYTHING YOU DO.
THE ENERGY AROUND YOU
WILL CHANGE AND IT WILL BE
MUCH MORE PLEASANT TO DO
WHAT YOU ARE DOING.

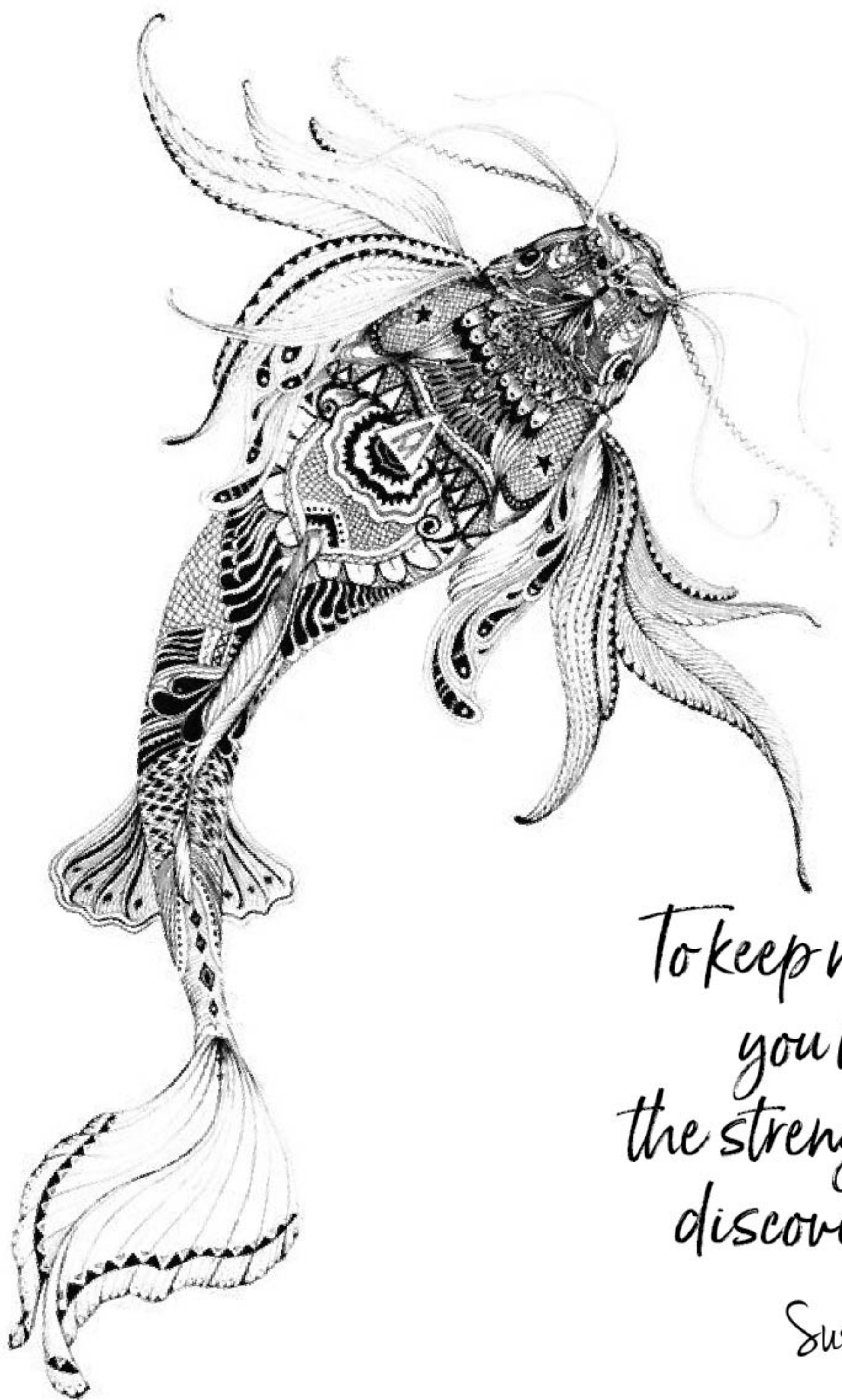
Susie De Pavia



Trust that whatever happens
is for your good
and everything will be better
than you can imagine.

Susie De Pavia





To keep moving forward
you have to find
the strength within you;
discover it and use it.

Susie De Pavia



*Taking the risk of
doing nothing is bigger
than taking the risk of
acting on something.*

Susie De Pavia

*Our life is
like a piece of art
where we are the artists
that paints each experience
we create.*

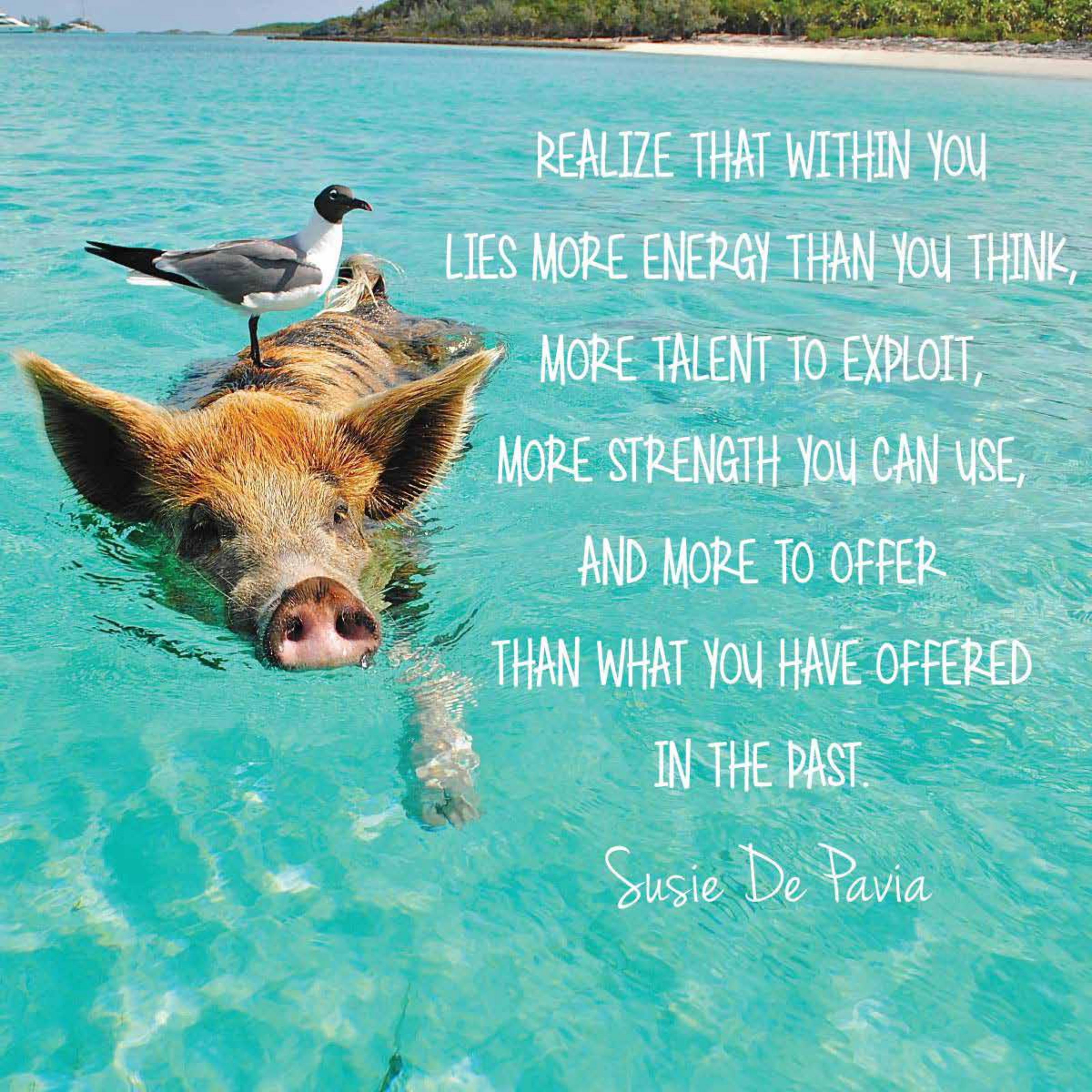
Susie De Pavia



A person stands in a flooded field at sunset, holding a transparent umbrella. The scene is silhouetted against a vibrant orange and purple sky. Bare trees and a structure in the distance are also visible.


*You have
the capacity to choose,
so let everything you choose
be as authentic as you!*

Susie De Pavia



REALIZE THAT WITHIN YOU
LIES MORE ENERGY THAN YOU THINK,
MORE TALENT TO EXPLOIT,
MORE STRENGTH YOU CAN USE,
AND MORE TO OFFER
THAN WHAT YOU HAVE OFFERED
IN THE PAST.

Susie De Pavia




*We can't control
how people react,
but we can decide
how we react
to the situation.*

Susie De Pavia

Make your day better
by helping someone else
have a better day.

Susie De Pavia

Susie De Pavia

A person wearing a red hoodie is seen from behind, looking out over a cityscape at sunset. The sky is a warm, golden-orange color, and the city buildings are visible in the background, slightly blurred. The person's hair is dark and styled. The overall mood is contemplative and serene.

Be present
in everything you do.

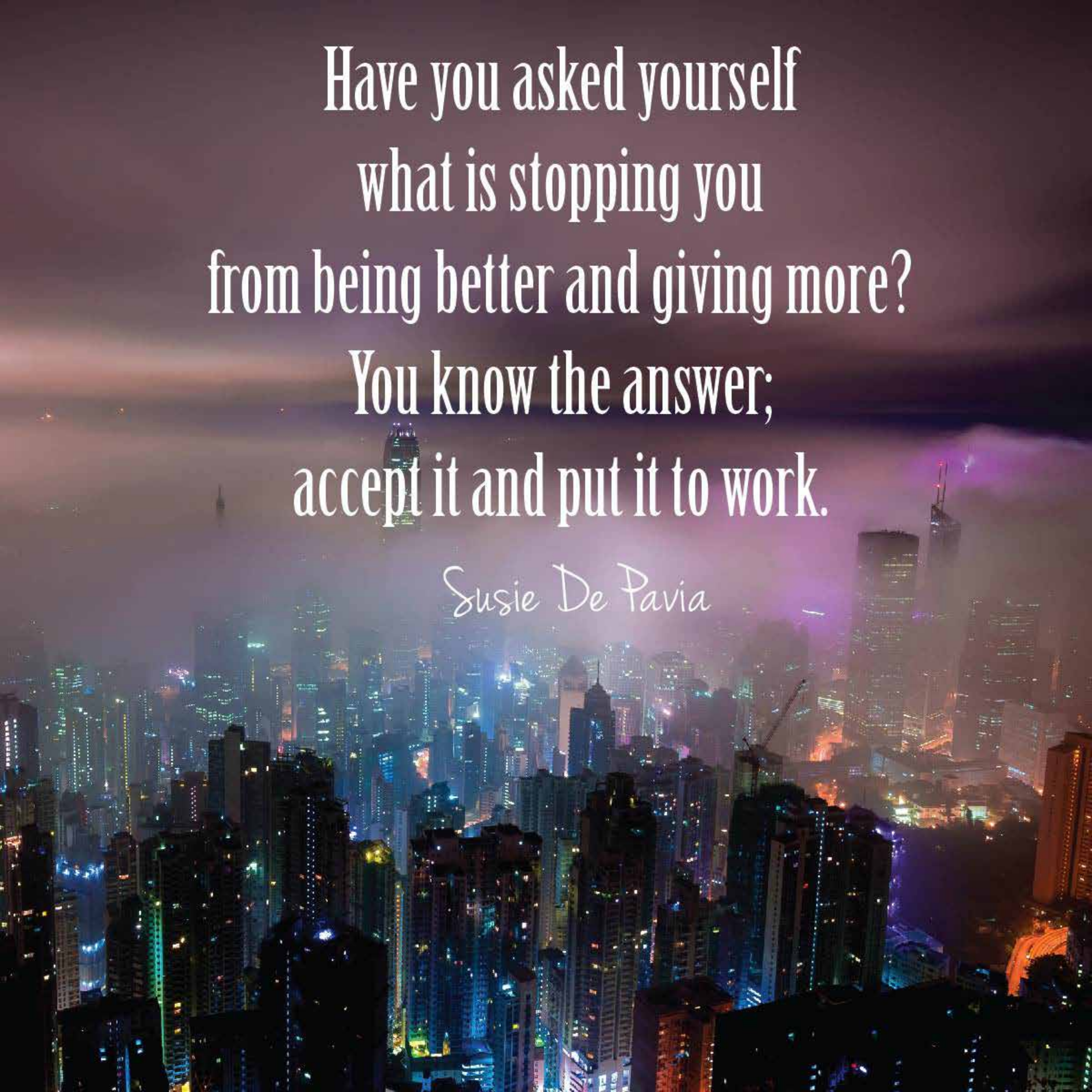
Let the other feel
they are important to you
and that what they do
is important.

Susie De Pavia

Susie De Pavia

NO MATTER WHAT YOU ARE GOING THROUGH,
DECIDE TO LIVE EACH DAY FULLY
WITH THE BEST ATTITUDE YOU CAN HAVE
BECAUSE THAT CHANGES EVERYTHING.

Susie De Pavia

An aerial night view of a city skyline, likely Hong Kong, with numerous skyscrapers illuminated with various colors of lights (blue, green, orange, purple). The sky is dark with some light clouds. The text is overlaid on the upper half of the image.

Have you asked yourself
what is stopping you
from being better and giving more?
You know the answer;
accept it and put it to work.

Susie De Pavia



Complaining does nothing for you.

*Look for solutions that
can better your situation instead.*


Susie De Pavia

NEVER STOP LEARNING AND GROWING,
IT'S THE ONLY WAY TO REACH
YOUR TRUE POTENTIAL.

Susie De Pavia



Susie De Pavia

A person is sitting on a swing set, with their hands holding the chains and their feet visible. The background is a sunset sky with warm orange and yellow tones. The text is overlaid on the image.

**REALIZE THAT THIS MOMENT
IS FULL OF POSSIBILITIES, OPPORTUNITIES,
AND EVERYTHING YOU NEED TO SATISFY
WHAT YOU ARE LOOKING FOR.**

Susie De Pavia



All growth begins with thoughts.
Everything you experience
has value.

Receive everything
that comes to your life
with courage.

Susie De Pavia



Freedom is

like a shining light that allows you
to see where to go with clarity.

Appreciate it and treasure it.

Susie De Pavia

*Love has the power
to transform and heal
everything inside you
and others.*

Susie De Pavia



Susie De Pavia



**EXISTENCE IS
A LONG LINK OF CHAINS.
EACH ONE IS AN EXPRESSION
OF WHAT YOU HAVE LIVED.
TAKE THE BEST, LEARN FROM IT,
AND TRY TO IMPROVE IT.**

Susie De Pavia